

SYLLABUS FOR B.A. PSYCHOLOGY (GENERAL & HONOURS) UNDER CBCS w.e.f 2017-18 of SEM-I & II**A: Course Structure for B.A (General) Psychology Degree Programme**

Semester	Code	Paper No.	Course Title	Credit
I	DSC	PSY 1A	Fundamentals of Psychology -I	3+1= 4
	GE	PSY 1A	Child Psychology	4
II	DSC	PSY 3B	Fundamentals of Psychology-II	3+1=4
	GE	PSY 2B	Psychology of Adolescence	4
III	DSC	PSY 5C	Social Psychology I	3+1=4
	GE	PSY 3C	Psychology of Gender and Identity	4
	SEC	PSY 1C	Stress Management	4
IV	DSC	PSY 7D	Social Psychology II	3+1=4
	GE	PSY 4D	Psychology of Inter-Group Relations	4
	SEC	PSY 2D	Psychology and Media	4
V	DSC	PSY 9E	Psychological Disorders-I	4
	DSE	PSY 1E	Health Psychology	4
	DSE	PSY 2E	Statistics for Psychology	4
VI	DSC	PSY 12F	Psychological Disorders II	4
	DSE	PSY 4F	Organizational Behaviour	4
	DSE	PSY 5F	Developmental Psychology/ Project	4

B: Course Structure for B.A (Honours) Psychology Degree Programme

Semester	Code	Paper No.	Course Title	Credits
I	DSC	PSY 1A	Fundamentals of Psychology -I	3+1= 4
	DSC	PSY 2A	Psychology of Individual Differences	4
	GE	PSY 1A	Child Psychology	4
II	DSC	PSY 3B	Fundamentals of Psychology -II	3+1=4
	DSC	PSY 4B	Community Psychology	4
	GE	PSY 2B	Psychology of Adolescence	4
III	DSC	PSY 5C	Social Psychology I	3+1=4
	DSC	PSY 6C	Psychology of Adjustment	4
	GE	PSY 3C	Psychology of Gender and Identity	4
	SEC	PSY 1C	Stress Management	4
IV	DSC	PSY 7D	Social Psychology II	3+1=4
	DSC	PSY 8D	Human Resource Management	4
	GE	PSY 4D	Psychology Inter-group Relations	4
	SEC	PSY 2D	Psychology of Media	4
V	DSC	PSY 9E	Psychological Disorders-I	4
	DSC	PSY 10E	Psychological Testing	3+1=4
	DSC	PSY 11E	Positive Psychology	4
	DSE	PSY 1E	Health Psychology	4
	DSE	PSY 2E	Statistics for Psychology	4
	DSE	PSY 3E	Educational Psychology	4
VI	DSC	PSY 12F	Psychological Disorders-II	4
	DSC	PSY 13F	Research in Psychology	3+1=4
	DSC	PSY 14F	Counseling Psychology	4
	DSE	PSY 4F	Organizational Behaviour	4
	DSE	PSY 5F	Developmental Psychology	4
	DSE	PSY 6F	Project	4

SEMESTER I :

COURSE PAPERS

- DSC PSY1A -FUNDAMENTALS OF PSYCHOLOGY I
- DSC PSY2A –PSYCHOLOGY OF INDIVIDUAL DIFFERENCES
- GE PSY 1A- CHILD PSYCHOLOGY

B.A General/Honours

SEMESTER I

PSYCHOLOGY

Paper Code: DSC PSY 1 A

FUNDAMENTALS OF PSYCHOLOGY I

Objectives

- *To develop knowledge of major concepts, theoretical perspectives, empirical findings and historical trends in psychology.*
 - *To understand research methods in psychology and conduct basic experiments in psychology.*
 - *To understand and apply psychological principles to different areas of life.*

Total no. of credits: 03 (Theory) + 1 (Practicum)

Each Lecture is of 01 hour duration

Each Practicum is of 02 hours duration

Total no. of lectures per Semester: 45

No. of lectures per week: 3

Total no. of practicum classes per semester: 15

Total no. of practicum hours per semester: 30

Marking System

Total marks: 100

ISA: 15

SEE: 60

Practicum: 25

I) Nature of Psychology

(12 lectures)

1. Psychology as a Science: Beginnings of psychology as a science, Scientific way of thinking, Scientific method.
2. Types of Psychological Research: Descriptive, Correlational & Experimental Research
3. Contemporary Approaches to Psychology: Behavioural, Psychodynamic, Cognitive, Sociocultural Approaches; Behavioural Neuroscience, Evolutionary Psychology, Humanistic Movement and Positive Psychology

II) Biological Foundations of Behaviour

(11 lectures)

1. Divisions of the Nervous System
2. Neurons: Specialized Cell Structure, Neural Impulse, Synaptic Transmission.

3. Structures and functions of the Brain: Levels of Organization in the Brain, The Cerebral Cortex, Lobes, Somatosensory and Motor Cortex.
4. Endocrine System
5. Chromosomes, Genes and DNA

III) Learning and Conditioning

(11 lectures)

1. Nature of Learning
2. Classical Conditioning
3. Operant Conditioning
4. Cognitive Learning
5. Observational Learning
(Experiments, principles and applications for each Learning Theory)

IV) Memory

(11 lectures)

1. Stages of Memory: Encoding, Storage, Retrieval
2. Methods of Retention: Recall, Recognition, Relearning
3. Models of Memory: Levels of processing, Parallel Distributed Processing, Information Processing Model.
4. Forgetting: Forgetting Curve, Decay theory, Interference Theory

Books for Reference:

1. Santrock, J. W. (2006). *Psychology : Essentials 2*. New Delhi: Tata McGraw-Hill Publishing Company Limited.
2. Ciccarelli, S.K., & Meyer, G.E. (2015). *Psychology*. India: Pearson India. 4th Edition.

Suggested Readings:

1. Nolen – Hoeksema, Fredrickson, Loftus, Wagenaar. (2014). *Atkinson and Hilgard's: Psychology an introduction*. New Delhi: Cengage Learning India Private Limited.
2. Baron, R.A. (2012). *Psychology*. (5th Ed.). New Delhi, India: Pearson Prentice Hall.
3. Wade, C., & Tavis, C. (2007). *Psychology* (8th Ed.). New Delhi: Pearson Prentice Hall.
4. Lahey, B. (2008). *Psychology an introduction*. (10th Ed.). Tata Mc Graw Hill Higher Education.
5. Rathus, S. A. (2002). *Psychology in the new millenium*. (8th Ed.).USA : Harcourt College Publishers.

Suggested topics for assignments:

- Careers for psychologists in India
- The difference between male and female brains
- Behaviour modification techniques for dealing with difficult behaviours in children (temper tantrum, acting out, hitting)
- Mnemonics

SEMESTER I

PSYCHOLOGY PRACTICUM

No of Credits: 01

No. of hours: 30

No of Experiments: 05

No of Tests: 3

No of students per batch: 15 students

Total marks: 25

Experiments

1. Memory for pleasant and unpleasant words
2. Stroop Effect (Cog Lab/ Cards)
3. Serial position effect in verbal learning
4. Learning efficacy of meaningful and meaningless verbal material.
5. Comparative study of recall and recognition as tests of retention.
6. Comparative study of free recall and serial recall.
7. False Memory (Cog Lab / Cards)
8. Conduct a survey on a sample size of 10. Suggested topics: Vocational Interests, Values, Attitudes and Opinions.

Recommended book for reference:

- Hussain, Akbar (2014). *Experiment in Psychology*. Publishers: PHI learning Pvt. Ltd.
- Mohanty. G. (2010). *Experiments in Psychology*. New Delhi: Kalyani Publishers.
- Dandekar. W.N(1999). *Experimental Psychology*. Pune: Proficient publishing house
- CogLab on a CD – any version may be used.
- Free online versions of few experiments available at the following websites.
<http://psych.hanover.edu/>
www.psychologytoday.com
<http://psychology.about.com>
<http://opl.apa.org/>
<http://www.ipsyhexpts.com>

Psychological Tests

1. Differential Aptitude Test (Language Usage Part 1 & 2)
2. Emotional Quotient/Emotional Intelligence Test
3. Palsane Sharma Study Habits Inventory (PSSHI)
4. Mobile Phone Addiction Scale (Velayudhan)

**B.A Honours
SEMESTER I
PSYCHOLOGY
Paper Code: DSC PSY 2A
PSYCHOLOGY OF INDIVIDUAL DIFFERENCES**

Objectives: -

1. *To develop an understanding of the concept of individual differences*
2. *To promote self-reflection, understanding of self and others.*

Number of credits: 04

Total no. of lectures per Semester: 60

No. of lectures per week: 4

Duration of a lecture: 01hour

Marking System

Total Marks: 100

SEE: 80 marks

ISA: 20 marks

I: Personality

(15 lectures)

1. Nature of Personality
2. The Biology Of Personality : Current Findings
3. Greet Hofstede's Four Dimension Of Cultural Personality
4. Theories of Personality: Julian Rotter: Locus of Control, Marvin Zuckerman: Sensation seeking, Trait Theory: The Big Five

II: Intelligence

(15 Lectures)

1. Concept and Measurement of Intelligence
2. Practical and Emotional Intelligence
3. Variations in Intellectual Ability
4. Group differences in Intelligence
5. Nature, Nurture Controversy regarding Intelligence

III: Indians: Portrait of a People

(15 Lectures)

1. The Hierarchical Man: The Web of Family Life, Indian Culture and Authority
2. Indian Experience of Caste: Dirt and discrimination
3. Discrimination and the Maiden

IV: Enhancing Individual Potential

(15 Lectures)

1. Psychological Motives: The Need for Achievement Affiliation and Power
2. Enhancing Cognitive Potential: Relationship between Language and Thought
3. Mental and Physical Exercise combine for Better Cognitive Health
4. Well-being and Happiness
5. Fostering Creativity

Books For Reference:

1. Ciccarelli, S.K., & Noland White, J. (2017). *Psychology*. (4th Ed). Global Edition ,New Delhi: Pearson Education
2. Feldman, R.S. (2009). *Essentials of understanding psychology* (7th Ed) New Delhi: Tata Mc Graw –Hill Edition
3. Kakar,S., & Kakar, K. (2007). *The Indian: Portraits of a people*. New Delhi: Penguins Viking.
4. Schultz, D., & Schultz, S. (2001). *Theories of personality*. (7th Ed.). USA: Wadsworth Thomson Learning. ISBN 0-534-55107-6.

Assignments topics:

1. Understanding Personality Assessment Through Personality Test
2. Film Analysis of Famous Autobiographies
3. From Rags to Riches: What Inspires these Individuals?
4. Features of Caste and Discrimination on personality development
5. SWOC Analysis
6. Case Study of a Famous Personality
7. Literature Reviews of Indian Identity by Sudhir Kakar
8. Artificial Intelligence
9. Review how technology affects motivation/ thinking/ emotions, personality
10. Exploring the Creative Mind
11. Exercise to explore Critical Thinking. For example: Value Conflicts Etc.(Human Dependency on Technology)

**B.A. General/Honours
SEMESTER I
PSYCHOLOGY
Paper Code: GE- PSY 1A
CHILD PSYCHOLOGY**

Objectives

- *To understand the role of heredity and environment on development of children.*
- *To understand the biological, social and cognitive influences on the development of children*
- *To acquaint students with common disorders of childhood.*
- *To sensitize students to the needs of children with disabilities.*

No. of Credits: 04

Total no. of lectures per Semester: 60

No. of lectures per week:04

Duration of a lecture: 01 hour

Marking Scheme

Total Marks:100

S.E.E: 80 marks

I.S.A: 20 marks

1 : Introduction and Early Beginning of life (15 Lectures)

1. Heredity and environment
2. Genotype and phenotype
3. Prenatal development and stages and factors affecting prenatal development
4. The birth process, methods of child birth, birth complications

2 : Infancy and Toddlerhood (15 Lectures)

1. Physical development: Brain development, Sensory and motor skills
2. Nutrition and malnutrition.
3. Cognitive development: Sensory motor development, language development
4. Psychosocial development: Emotional development, Stranger wariness, Separation anxiety, Self-awareness, Self-recognition, Role of parent in psychosocial development, Attachment

3: Early and Middle Childhood (15 Lectures)

1. Physical Development: Growth patterns, Physical and motor development, Brain development, Gross and fine motor skills, Changes in size and shape, Injuries and Abuse
2. Cognitive Development: Developmental theories of Piaget and Vygotsky
3. Psychosocial Development: Emotional development and Aggression, Prosocial behaviour, Self-esteem, Social acceptance, Gender differences, Peer group and friendships, Children's moral codes and values, Bullies and victims.

4: Children with Special Needs

(15 Lectures)

1. Autism Spectrum Disorders
2. Learning Disabilities
3. ADHD
4. The Intellectually Challenged
5. Speech Disorders, Pica, Tics Disorder, Behaviour Problems.

Books for study:

1. Berk, L. E. (2014). *Child Development*. New Delhi: Pearson Education Dorling Kindersley India pvt ltd.
2. Papalia, D. E., Olds, S. W., & Feldman, R. (2012). *Human Development*. (12thEd). McGraw Hill, International Edition 2.
3. Santrock, J.W.(2013).*Child Development* (13th Edition).New Delhi: Tata McGraw Hill

Books for reference:

1. Berk, L. E. (2004). *Development through the lifespan*. (3rd Ed). New Delhi: Pearson Education Dorling Kindersley India.
2. Cook, J. L., & Cook, G. (2009). *Child development: principles and perspectives*. Boston: Pearson Education
3. Crandell, T. L., Crandell, C. H., & Zanden, J. W. V. (2009). *Human Development*. (9th Ed). New York: McGraw Hill.
4. Dacey, J. S. & Travers, J. F. (2004). *Human Development across the lifespan*. (5th Ed). McGraw Hill .
5. Feldman, R. S. (2014). *Development across the life span*. (7th Ed). New Jersey: Pearson Education

Suggested Assignments:

Surveys/Studies using a variety of techniques (Observation /Interviews /Questionnaires/ any other) on the following topics:

1. Care taken during pregnancy
2. Misconceptions regarding factors affecting prenatal development
3. Physical milestones during various stages of childhood
4. Nutrition and diet of children
5. Children's language development
6. Family environment and its influence on children's academic / personality development
7. Peer groups and friendship
8. Bullying and victimization
9. Interventions for children with special needs

SEMESTER II :

COURSE PAPERS

- DSC PSY3B -FUNDAMENTALS OF PSYCHOLOGY II
- DSC PSY4B – COMMUNITY PSYCHOLOGY
- GE PSY 2B- PSYCHOLOGY OF ADOLESCENCE

**B.A General/Honours
SEMESTER II
PSYCHOLOGY
Paper Code: DSC PSY 3 B
FUNDAMENTALS OF PSYCHOLOGY II**

Objectives

- *To develop knowledge of major concepts, theoretical perspectives, empirical findings and historical trends in psychology.*
- *To understand research methods in psychology and conduct basic experiments in psychology.*
- *To understand and apply psychological principles to different areas of life.*

Total no. of credits: 03 (Theory) + 1 (Practicum)

Each Lecture is of 01 hour duration

Each Practicum is of 02 hours duration

Total no. of lectures per Semester: 45

No. of lectures per week: 3

Total no. of practicum classes per semester: 15

Total no. of practicum hours per semester: 30

Marking System

Total marks: 100

ISA: 15

SEE: 60

Practicum: 25

I) Sensation and Perception

(12 lectures)

1. Nature of Sensation and Perception:
2. Visual System; Structure and function of the Eye, Dimensions of Perception: Depth & Motion Perception, Perceptual Constancy
3. Auditory System: Nature of Sound, Structure and Function of the Ear
4. Skin Senses, Chemical Senses, Kinaesthetic and Vestibular Senses

II) Thinking, Problem Solving, and Reasoning

(11 lectures)

1. Mental Imagery
2. Concepts: Nature, types, prototypes
3. Problem Solving: Trial and error, algorithms, heuristics
4. Reasoning: Deductive and Inductive reasoning
5. Creativity

III) Motivation and Emotion

(11 lectures)

1. Nature of motivation
2. Approaches to understanding motivation: Instinct, Drive reduction, Arousal, Incentive, Homeostasis
3. Biological Motives: Thirst & Hunger
4. Nature of Emotion: Theories of Emotion: James Lange, Cannon Bard, Cognitive Arousal, Facial Feedback Hypothesis

IV) Personality

(11 lectures)

1. Nature of personality
2. Theories of Personality: Psychoanalysis, Humanistic view, Trait theories
3. Assessment of personality

Books for Reference:

1. Santrock, J. W. (2006). *Psychology : Essentials 2*. New Delhi: Tata McGraw-Hill Publishing Company Limited.
2. Ciccarelli, S.K., & Meyer, G.E. (2015). *Psychology*. India: Pearson India. 4th Edition.

Suggested Readings:

1. Nolen – Hoeksema, Fredrickson, Loftus, Wagenaar. (2014). *Atkinson and Hilgard's: Psychology an introduction*. New Delhi: Cengage Learning India Private Limited.
2. Baron, R.A. (2012). *Psychology*. (5th Ed.). New Delhi, India: Pearson Prentice Hall.
3. Wade, C., & Tavris, C. (2007). *Psychology* (8th Ed.). New Delhi: Pearson Prentice Hall.
4. Lahey, B. (2008). *Psychology: An Introduction*. (10th Ed.). Tata Mc Graw Hill Higher Education.
5. Rathus, S. A. (2002). *Psychology in the New Millenium*. (8th Ed.).USA : Harcourt College Publishers.

Suggested topics for assignments:

- Extrasensory Perception: Reality or Illusion
- Developing creativity in children through art.
- Case study of any eating disorder.
- Personality testing on the internet

**SEMESTER II
PSYCHOLOGY PRACTICUM**

No of Credits: 01

No. of hours: 30

No of Experiments: 05

No of Tests: 3

No of students per batch: 15 students

Experiments

1. Identification of Emotions from Facial Expressions
2. Set in problem solving
3. Colour preference by the method of paired comparison
4. Prototypes: CogLab / Cards
5. Zeigarnik effect
6. Immediate Memory Span for letters and digits
7. Mental Imagery
8. Optical Illusion: Muller – Lyer.

Recommended book for reference:

- Hussain, Akbar (2014). *Experiments in Psychology*. Publishers: PHI learning Pvt. Ltd.
- Mohanty. G. (2010). *Experiments in Psychology*. New Delhi: Kalyani Publishers.
- Dandekar. W.N(1999). *Experimental Psychology*. Pune: Proficient publishing house
- CogLab on a CD – any version may be used.
- Free online versions of few experiments are available at the following websites:
<http://psych.hanover.edu/>
www.psychologytoday.com
<http://psychology.about.com>
<http://opl.apa.org/>
<http://www.ipsyhexpts.com>

Psychological Tests

1. Differential Aptitude Test (Verbal Reasoning)
2. Dimension of Friendship scales
3. Spiritual Quotient/Spiritual Intelligence Test
4. Self-Esteem Scale
5. NEO-PI - Personality Test.

**B.A. Honours
SEMESTER II
PSYCHOLOGY
Paper Code: DSC- PSY 4B
COMMUNITY PSYCHOLOGY**

**Total number of credits: 04
Total no. of lectures per Semester: 60 hrs
No. of lectures per week: 04
Marking Scheme
Total Marks:100
ISA 20 marks
SEE 80 marks**

Objective:

- To understand the concepts and theories of community life
- To understand the relationship between individuals and communities.
- To understand health promotion and interventions within a community setting.

I: Introduction

(15 lectures)

1. Definition of community psychology
2. Elements of the psychological sense of community
3. Types of communities.
4. Core values of community psychology
5. Ecological levels of analysis in community psychology

II: Models in Community Psychology

(15 lectures)

1. Conceptual models of ecological contexts: Four Ecological Principles Model, Social Climate Dimensions Model, Social Regularities Model, Environmental Psychology
2. Linking neighbourhood context with psychological outcomes: Neighbourhood Disorder Model, Environmental Stress Model, Strengthening Neighbourhoods and Families

III: Organizing/Building Communities

(15 lectures)

1. Organizing and Building Communities: Need for Organizing Communities, Assumptions for Organizing Communities, Methods for Organizing Communities
2. The Process of Organizing/Building Communities
3. Health Promotion Programming: Basic Understanding of Program Planning and Program Creation

IV: Community Development, Empowerment and Interventions

(15 lectures)

1. Citizen participation and its forms
2. Empowerment: Definition and Psychological Elements
3. Major community intervention programmes in the Indian context: Integrated child development programme, Integrated rural development programme, Swachh Bharat Mission, Sarva Shiksha Abhiyan

Books for Study:

- Fetterman, D.M., Kaftarian, S.J. & Wandersman, A. (Eds)(1996). *Empowerment evaluation*. New Delhi: Sage Publication.
- Kloos, B., Hill, J. Thomas, E., Wandersman, A., Elias M.J. & Dalton J.H. (2012). *Community Psychology: Linking individuals and communities*. Wadsworth Cengage Learning.
- McKenzie, J. F., Pinger, R. R. & Kotecki, J. E. (2005). *An introduction to community health*. United States: Jones and Bartlett Publishers.
- Misra, G. (Ed). (2010). *Psychology in india*. Indian Council of Social Science Research. Dorling Kindersley (India) Pvt Ltd. Pearson Education.
- Banerjee, A., Banerji, R., Duflo, E., Gleneske, R. & Khenani, S. (2006). Can Information Campaign start local participation and improve outcomes? A study of primary education in Uttar Pradesh, India, World Bank Policy Research, Working Paper No.3967
- Poland, B. D., Green, L.W. & Rootman, I.(2000). *Setting for health promotion: linking theory and practice*. New Delhi: Sage Publication

Assignment:

- Community psychology in the Indian context
- Approaches to community development
- Plan a programme for the local community using the Generalized Model for Programme Planning. The following themes maybe considered:
 - Reduce road accidents.
 - Help parents cope with their child's academic stress.
 - Help the community make healthy lifestyle choices.

B.A. General/Honours
SEMESTER – II
PSYCHOLOGY
Paper Code: GE- PSY 2B
PSYCHOLOGY OF ADOLESCENCE

Objectives

- *To develop knowledge of major concepts and trends in adolescent psychology.*
- *To understand and apply psychological principles to different areas of adolescent life.*
- *To identify the problems occurring in adolescence with a focus on prevention.*

No. of Credits: 04

Total no. of lectures per Semester:60

No. of lectures per week:4

Duration of Class: 01 hour

Marking System

Total Marks: 100

S.E.E: 80 marks

I.S.A: 20 marks

I) Nature of Adolescence.

(15 lectures)

1. The Historical Perspective: Hall's Storm and Stress View, Mead's Socio-cultural view of Adolescence.
2. The Nature of Development: Processes and Periods, Developmental Transitions
3. Puberty: Determinants of Puberty, Growth Spurt, Sexual Maturation, Psychological Dimensions of Puberty.
4. Adolescence Health: Nutrition, Exercise, Sports and Sleep

II) The Self, Personality and Achievement in Adolescence.

(15 lectures)

1. The Self: Self Understanding, Self- Esteem and Self Concept
2. Identity: Erickson's Ideas on Identity, Developmental Changes in Identity, Identity and Social Contexts, Identity and Social Intimacy
3. The Importance of Achievement in Adolescence: Achievement Motivation Process, Time Management, Mentoring, Motivational Obstacles to Achievement.

III) The Adolescent's Social World.

(15 lectures)

1. Family Processes: Reciprocal Socialization and the family as a system.
2. Adolescent's and Emerging Adult's Relationship with Parents: Parents as Managers, Parenting Styles, Gender, Parenting and Co-parenting, Parent- adolescent conflict
3. Sibling Relationships: Sibling Roles, Birth order.
4. The Changing Family in a changing society: Divorced Families, Stepfamilies, Working Parents

IV) Adolescent Sexuality and other Problems

(15 lectures)

1. The Sexual Culture and developing a Sexual Identity
2. Sexual Attitudes and Behaviour: Self –stimulation, Contraceptive Use, Adolescent Pregnancy, Sexually Transmitted Infections, Sources of Sex Information

3. Problems in Adolescence and Prevention: Drug Use, Juvenile Delinquency, Depression, Suicide and Self-harm, Problems related to Media and Technology.

Books for Reference:

- 1) Santrock, J.W. (2015). *Adolescence*. (16th Ed.). New York: Tata McGraw Hill.
- 2) Dolgin, K.G. (2010). *The Adolescent: Development, relationships, and culture* (13th Edition) 13th Edition.
- 3) Geldard, K. (2009). *Practical interventions for young people at risk*. New Delhi: Sage Publications Pvt. India Ltd.
- 4) Swanson, D.E., Edwards, M.C., Spencer, M.B. (2010). *Adolescence- Development during a global era*. (1st Edition) Academic Press.

Suggested Readings:

- 1) Thamarasseri, I.(2016). *Adolescence education*. New Delhi: Dominant Publishers & Distributors Pvt. Ltd.
- 2) Gardner, H., Davis, K. (2014).*The app generation: How today's youth navigate identity, intimacy, and imagination in a digital world*. U.S.A: Yale University Press.
- 3) Shaffer, D. R., & Kipp, K. (2008). *Developmental psychology: Childhood and adolescence*. (8th Edition).U.S.A: Thomson Learning Pvt. Limited.
- 4) Schab, L.M. (2013).*The self-esteem workbook for teens: Activities to help you build confidence and achieve your goals*. U.S.A: New Harbinger Publications, Inc.
- 5) Collins-Donnelly, K. (2012). *Starving the anger gremlin: A cognitive behavioural therapy workbook on anger management for young people*. U.S.A: Trafford Publishing.
- 6) Madeline, L. (2008).*The price of privilege: How parental pressure and material advantage are creating a generation of disconnected and unhappy kids*. New York: Harper Collins Publishers.
- 7) Serafini, T., Rye.B.J., Draydale, M. (2008).*Taking sides: Clashing views in adolescence* (3rd Edition) U.S.A: McGraw-Hill Higher Education.

A Practical Batch size for Psychology Practicum applicable to all the practical courses from semester I to VI is 15 students.

Psychology practicum is different from other practical courses, the batch size was discussed. Each student conducts the practicum on another student known as a participant. Hence, if 15 students are working in the laboratory, at a time, along with their subjects, there are 30 students in the laboratory. Keeping this unique nature of practicum in mind the batch size was finalized. This will help in implementing a standardized batch size across the state.

The following Batch Size will be followed:

Batch 1: 1 to 15

Batch 2: 16 to 30

Batch 3: 31 to 45

Batch 4: 46 to 60

Batch 5: 61 to 75

Batch 6 76 to 89

Thus the 16th student admitted for the course, will form batch number 2.

(The practical batch size of 15 was passed in the Academic Council held on 29th April 2016 as per the circular/ correspondence dated 10/6/2016, reference no. GU/Acad-PG/15/BoS-Psycho/2016/899)

The Question Paper Format for a course paper of 4 credits (only theory) is having SEE of 80 marks and for a course paper of 4 credits (theory + practicum) having SEE of 60 marks.

A. QUESTION PAPER FORMAT FOR SEE OF 80 MARKS:

Each chapter will carry equal weightage of 20 marks as specified below:

QUESTION NO.	QUESTION TYPE	MARKS ALLOTTED
Q.NO. I (Based on chapter one only)	A. Short notes on <u>any two</u> out of three given. i) ii) iii)	<u>10</u>
	B. Essay type: answer <u>any one</u> out of the two given. i) ii)	<u>10</u>
Q.NO. II (Based on chapter two only)	A. Short notes on <u>any two</u> out of three given. i) ii) iii)	<u>10</u>
	B. Essay type: answer <u>any one</u> out of the two given. i) ii)	<u>10</u>
Q.NO. III (Based on chapter three only)	A. Short notes on <u>any two</u> out of three given. i) ii) iii)	<u>10</u>
	B. Essay type: answer <u>any one</u> out of the two given. i) ii)	<u>10</u>
Q.NO. IV (Based on chapter four only)	A. Short notes on <u>any two</u> out of three given. i) ii) iii)	<u>10</u>
	B. Essay type: answer <u>any one</u> out of the two given. i) ii)	<u>10</u>
Total marks: 80		

B. QUESTION PAPER FORMAT FOR SEE OF 60 MARKS:

Each chapter will carry equal weightage of 15 marks as specified below:

QUESTION NO.	QUESTION TYPE	MARKS ALLOTTED
Q.NO. I (Based on chapter one only)	A. Short notes on any one out of two given. i) ii)	<u>5</u>
	B. Essay type: answer any one out of the two given. i) ii)	<u>10</u>
Q.NO. II (Based on chapter two only)	A. Short notes on any one out of two given. i) ii)	<u>5</u>
	B. Essay type: answer any one out of the two given. i) ii)	<u>10</u>
Q.NO. III (Based on chapter three only)	A. Short notes on any one out of two given. i) ii)	<u>5</u>
	B. Essay type: answer any one out of the two given. i) ii)	<u>10</u>
Q.NO. IV (Based on chapter four only)	A. Short notes on any one out of two given. i) ii)	<u>5</u>
	B. Essay type: answer any one out of the two given. i) ii)	<u>10</u>
Total Marks: 60		