



Goa University

Discipline of Philosophy, School of Sanskrit, Philosophy and Indic Studies

Report on Soul & Soup Saturdays

1. Title of the Event/Activity/program	Soul & Soup Saturdays
2. Date and Time	11 th April 2026; 04:30 pm - 05:30 pm
3. Mode of conduct (Physical/Online)	Physical
4. School/ Directorate/ Section	School of Sanskrit Philosophy and Indic Studies (SSPIS)
5. Number of Participants	26
5. The objectives of the Program/activity/event	The objectives of this activity were: I) to bring people together to share soup and engage in meaningful dialogue on soul-searching themes rooted in warmth, reflection, and collective inquiry as a monthly community outreach and engagement activity. Ii) To create a welcoming space for thoughtful conversations - conversations that spark curiosity, deepen understanding, and nurture our shared pursuit of human flourishing.
6. Outcome of the Program/activity/ event	The activity brought community members together to share thoughts and ideas on the monthly theme of discussion which was "Humour & Sarcasm."
7. Description of the Program/Activity/Event	The School of Sanskrit, Philosophy & Indic Studies, Goa University in association with Philosophical Association, Goa organized Soul & Soup Saturdays, a monthly community outreach and engagement activity on 11 th April 2026 at Bambolim Beach Resort Goa from 04:30 to 05:30 PM.

	<p>The community outreach activity aimed to bring people together to share soup and engage in meaningful dialogue.</p> <p>Dr. Walter Menezes, Project Investigator, Soulful Journeys, SSPIS, Goa University, inaugurated the event and explained the purpose of the event and gave an outline of how the meeting would be conducted.</p> <p>Participants were allotted a reading text by Anthony D. Smith on Humour & Sarcasm to contemplate on by deep reading for 20 minutes followed by group discussions on the theme "Humour & Sarcasm." while being served soup.</p> <p>Five minutes of reflection were provided after which participants were requested to share one key learning from their discussions. Some of the points shared were met with dialogical discussions.</p> <p>Concluding thoughts included a summary of thoughts by the participants.</p>
7. Enclosures with report	Geotagged photos.

Signature:

Walter Menezes

Name of coordinator: Walter Menezes

Designation:

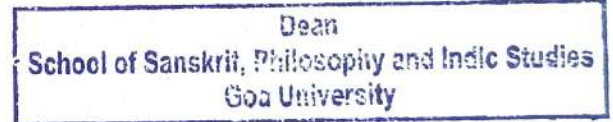
Date: 11/04/2026

S. S. Vernekar
Signature

Dean/Director/Head

15/4/2026

Seal of the School/Directorate/University





Yomorebi Hospitality
April 11, 2026 16:37



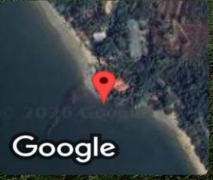
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Siridao, Goa, India 🇮🇳
Cvw3+xp, Aldeia De Goa, Siridao, Goa 403108,
India
Lat 15.446672° Long 73.853828°
Saturday, 11/04/2026 05:40 PM GMT +05:30

GPS Map Camera



GOA UNIVERSITY
School of Sanskrit Philosophy and Indic Studies

ATTENDANCE SHEET

Event: Soul & Soup Saturdays

Date & Time: 11/04/2026; 04:30 - 05:30 PM

Theme No. 4: Humour & Sarcasm

Venue: Bambolim Beach Resort Goa

S. No	Name	Mobile No.	Signature
1	Savio Dias	09822104509	
2	Belinda Sequeira	8970294284	Belinda Sequeira
3	Yvette Quadros	9923748968	Yvette Quadros
4	Paloma Quadros	9923748968	Paloma Quadros
5	Jonathan Sequeira	8970294284	Jonathan Sequeira
6	Vanessa Quadros	8805660961	Vanessa Quadros
7	Sailae Sawant	9970126455	
8	Dr. Roshida Rodrigues	9921448961	Dr. Roshida Rodrigues
9	Sagar Yadav	8585930919	Sagar Yadav
10	Les Menezes	9850456036	Les Menezes
11	Joseph Mario Francisco Carvalho	7083289530	Joseph Mario Francisco Carvalho
12	Walter Mascarenhas	9822911161	Walter Mascarenhas
13	Albertina Almeida	7588446728	Albertina Almeida
14	Joseph D' John	8108143473	Joseph D' John
15	Wilma D' John	8108143473	Wilma D' John
16	Sandra Fernando	9870079443	Sandra Fernando
17	Sanket Revankar	8310975247	Sanket Revankar
18	Yolanda F.N Rebello	83900 18372	Yolanda F.N Rebello
19	Yash Ganthe	9822475519	
20	Raj Richard Nunes	9049328048	Raj Richard Nunes
21	Soraya Rebello	9921878487	Soraya Rebello
22	Pavani Chittem	9441860618	Pavani Chittem
23	Akash Sadanand Naik Salgaonkar	9404759727	Akash Sadanand Naik Salgaonkar
24	Madhuri Dass Woudenberg	09350209494	Madhuri Dass Woudenberg
25	SANGITA MALHAN	9313361246	SANGITA MALHAN



26	WALTER M		
27	Nandini kediboya	9637813428	
28	Akshay Naik	9673106381	
29			
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