

गोंय विद्यापीठ

ताळगांव पठार,

गोंय - ४०३ २०६

फोन : + ९१ - ८६६९६०९०४८



Goa University

Taleigao Plateau, Goa - 403 206

Tel : +91-8669609048

Email : registrar@unigoa.ac.in

Website : www.unigoa.ac.in

(Accredited by NAAC with Grade A+)

SPORTS SECTION

Tel: 8669609018/8669609075

Email: sports@unigoa.ac.in

PRESS NOTE

Goa University Powerlifting (Men and Women) team Final selection for Inter University Championship 2025-26

Goa University will conduct final selection trials to form its **Powerlifting (Men and Women)** team on **29th April, 2026 at 9.30 a.m.** Students-Athlete interested in attending the trials may report sharp at 9:00 a.m. at Silver Jubilee Hall, Goa University along with college identity card, Aadhar Card, Birth Certificate and playing kit.

Minimum qualifying standard enclosed at Annexure - I.

All India Inter University Powerlifting (Men and Women) Championship 2025-26 will be held at Hindustan University, Chennai from 3rd to 8th June, 2026.

Colleges are also requested to inform the Sports Section via email at sports@unigoa.ac.in if any of their student-athlete are unavailable during the above-mentioned date for selection, providing a reason for their absence, to be considered for the selection.

Date: 08/04/2026

A handwritten signature in blue ink, appearing to be 'B. Jadar'.

(Mr. Balachandra B. Jadar)

Member Secretary-Sports Council,
University Asst. Director of Phy. Edn. & Sports,
Goa University

Annexure - I

Minimum Qualification standard for Powerlifting team for the year 2025-26

I. MEN

Sr. No.	Weight Category	Minimum Qualification Standard
1	59 Kgs.	512.5 Kgs.
2	66 Kgs.	580 Kgs.
3	74 Kgs.	677.5 Kgs.
4	83 Kgs.	630 Kgs.
5	93 Kgs.	717.5 Kgs.
6	105 Kgs.	620 Kgs.
7	120 Kgs.	575 Kgs.
8	Above 120 Kgs.	525 Kgs.

II. WOMEN

Sr. No.	Weight Category	Minimum Qualification Standard
1	47 Kgs	240 Kgs.
2	52 Kgs	285 Kgs.
3	57 Kgs	240 Kgs.
4	63 Kgs	370 Kgs.
5	69 Kgs	280 Kgs.
6	76 Kgs	285 Kgs.
7	84 Kgs	387.5 Kgs.
8	Above 84 Kgs	180 Kgs.