



## Goa University

### D. D. Kosambi School of Social Sciences and Behavioural Studies

#### Social Work Programme

### Report on Strengthening Community Hygiene Practices: A Guided Exploration into Hygiene Behaviours and Public Health Awareness

<b>1. Title of the Event</b>	<b>Strengthening Community Hygiene Practices: A Guided Exploration into Hygiene Behaviours and Public Health Awareness</b>
<b>2. Date and Time</b>	9th December 2025   9:30 AM – 11:30 AM
<b>3. Mode of Conduct</b>	Physical
<b>4. School / Directorate/ Section</b>	D. D. Kosambi School of Social Sciences and Behavioural Studies (DDKSSSBS), Goa University
<b>5. Collaborating Agency</b>	Shree Navadurga Higher Secondary School of Arts and Commerce, Madkai & Directorate of Unnat Bharat Abhiyan (DUBA)
<b>6. Detail of the Resource Person (Brief biodata)</b>	Dr. Sulochana Pednekar is Assistant Professor and Programme Director of Women's Studies at the D. D. Kosambi School of Social Sciences and Behavioural Studies, Goa University. She holds academic qualifications including a BA from St. Xavier's College, MA in Economics from Goa University, MA in Population Studies from the International Institute for Population Sciences (Mumbai), and a PhD in Women's Studies from Goa University.

	<p>With over fifteen years of research experience, she has worked with institutions such as Sangath, NSSO, TERI, AIIMS, and UNICEF. Since 2011, she has served as a Community Correspondent for Video Volunteers, producing advocacy videos on health, environment, and human rights. A WAVE Fellow supported by the MacArthur Foundation, she has presented her work internationally in countries including Uganda, Philippines, Mexico, Myanmar, and Australia. She has authored sixteen publications in Scopus-indexed journals and led research projects supported by the Goa State Commission for Women and the Goa State Research Foundation. She has also served as a consultant for the University of Lancashire (UK) and contributed to interdisciplinary projects such as <i>Goa Water Stories</i>.</p> <p>Dr. Pednekar is an ECO-femme Brand Ambassador for menstrual hygiene awareness and has guided dissertations across Women’s Studies, Social Work, and Environmental Studies, including supervision of a Fulbright scholar. Her recognitions include the Zilla Mahila Samman Award (Government of India, 2014) and the JCI Award of Excellence (2017). Her work has been featured in national media platforms, documentaries, and academic publications.</p>
<b>7. Number of Faculty attended/participated</b>	3
<b>8. Number of Students Attended / Participated</b>	76
<b>9. No. of external students/faculty/other participants</b>	7

<p><b>10. Objectives of the Event</b></p>	<ul style="list-style-type: none"> <li>• To improve quality of life through sanitation awareness and community motivation.</li> <li>• To promote hygiene education, healthy habits, and environmentally responsible practices among students and rural communities.</li> <li>• To identify harmful practices and encourage positive behaviours such as handwashing, safe water usage, and proper waste disposal.</li> </ul>
<p><b>11. Description of the Event</b></p>	<p>The session on <i>Strengthening Community Hygiene Practices</i> was conducted as an interactive awareness programme designed to promote sanitation, health consciousness, and preventive public health behaviour among students. The session was facilitated by Dr. Sulochana Pednekar, who adopted participatory and activity-based methods to ensure engagement, understanding, and retention of key hygiene concepts.</p> <p>The programme commenced with an interactive icebreaker in which participants introduced themselves while sharing one positive personal habit. Each subsequent participant recalled the names and habits of previous participants, creating an energizing and collaborative learning environment. This activity encouraged interaction, strengthened memory recall, and fostered group cohesion. Following this, the facilitator conducted a series of true-or-false questions related to hygiene and public health. Participants who answered correctly were rewarded with small incentives, reinforcing motivation and active participation.</p> <p>The highlight of the session was a structured group activity focusing on the five pillars of community hygiene. Through guided discussion and collaborative exercises, participants explored hygiene behaviours, sanitation practices, and public</p>

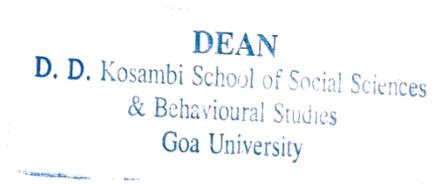
	health awareness strategies. The activity emphasized practical application, encouraging students to reflect on real-life scenarios and community-level interventions.
<b>12. Benefit/Key Outcomes of the Event</b>	<ol style="list-style-type: none"> <li>1) Participants developed practical skills for conducting hygiene awareness sessions and community-based interventions.</li> <li>2) Increased confidence in communication, group facilitation, and idea sharing.</li> <li>3) Enhanced awareness regarding sanitation, health rights, and preventive health practices.</li> <li>4) Strengthened motivation among participants to advocate for clean and healthy community environments.</li> </ol>
<b>13. Enclosures with report</b>	<ul style="list-style-type: none"> <li>● Copy of the Event Poster</li> <li>● Photos</li> <li>● Attendance sheet</li> </ul>



Mr. Keval Naik  
Assistant Professor (Social Work)  
Rural Camp Coordinator



Prof. Nagendra Rao  
Dean  
D. D. Kosambi School of Social  
Sciences and Behavioural Studies



Seal of the School/Directorate/University

Date: 18<sup>th</sup> February 2026



**SOCIAL WORK PROGRAMME**  
**D. D. Kosambi School**  
**of Social Sciences and Behavioural Studies**  
**Goa University**

## RURAL CAMP 2025

**From Classroom to Community:**  
**Empowering Change Together**

### Strengthening Community Hygiene Practices

#### A Guided Exploration Into Hygiene Behaviours and Public Health Awareness

*Practical immersion in health awareness methods, hygiene practices, and community-focused education to enhance preventive health insight.*



**Dr. Sulochana Pednekar**  
**Asst. Professor, Women's Studies, Goa University**



**Date:**  
December 9, 2025



**Time:**  
9:30 AM- 11:30 AM



**Venue:**  
Navadurga Higher Secondary School, Marciam



**Dr. Vasudha Sawaiker**  
Faculty Incharge



**Ms. Sakshi Revodkar**  
Student Incharge

**Prof. Nagendra Rao**  
Dean, DDKSSBS

**Dr. Prachi Prabhu**  
PD, SWP

**Mr. Keval Naik**  
Faculty Coordinator





Higher Secondary student		Attendance
1) Divyank	Gaude	<u>Gaude</u>
2) Pratik	Gaude	<u>Pratik</u>
3) Shrikanesh	Agastkar	<u>Agastkar</u>
4) Saishan	Naik	<u>Naik</u>
5) Raj Gaude	Gaude	<u>Gaude</u>
6) Prakasham	Raikar	<u>Raikar</u>
7) Sarthak	Gaude	<u>Gaude</u>
8) Vedhang	Gaude	<u>Gaude</u>
9) Haasid	Naik	<u>Naik</u>
10) Shashank	Gaude	<u>Shank</u>
11) Ganesh	Prasad	<u>Prasad</u>
12) Atharv	Naik	<u>Atharv</u>
13) Siddharth	Habankar	<u>Siddharth</u>
14) Mayank	Jaini	<u>Mayank</u>
15) Manman	Naik	<u>Manman</u>
16) Chirag	Naik	<u>Chirag</u>
17) Vishal	Joshi	<u>Vishal</u>
18) Vansh	Kunchapur	<u>Vansh</u>
19) Sejal	Gaude	<u>Gaude</u>
20) Saushthi	Naik	<u>Saushthi</u>

21) Urvashi	Gaude	<del>Gaude</del>
22) Siddhi	Gaude	<u>Gaude</u>
23) Nitisha	Gaude	<u>Gaude</u>
24) Grandisha	Gaude	<u>Gaude</u>
25) Yatika	Gaude	<u>Gaude</u>
26) Sanchita	Gaude	<u>Gaude</u>
27) payal	Gaude	<u>Podgaude</u>
28) Yashmita	Gaude	<del>Gaude</del>
29) Hashi	Gaude	<u>Gaude</u>
30) Harshita	Naik	<u>Naik</u>
31) Navita	Ingle.	<u>Naik</u>
32) Usha	Naik	<u>Naik</u>
33) Kanupriya	Naik	<u>Naik</u>
34) Prasidhi	Naik	<u>Naik</u>
35) Yashita	Naik.	<u>Naik</u>
36) Jiya	Gaude	<u>Gaude</u>
37) Siddhita	Gaude	<u>Buch</u>
38) Sadhana	Kuntalika	<u>Skhalika</u>

39) Afsana Adhikatti

40) Aishwarya Gad

41) Sakshi Revolkar

42) Sharaa Dias

43) Syden Fernandes

44) Maurya Charvi

45) Shanu Gawas

46) Sujit Shetkar

47) Diya Sawant

48) Vaidehi Zarepkar

49) Gandharv Gaude

50) Palash Gaude

51) Jason Siveria

52) Ansh Gaude

53) Siddhanth Gaunjam

54) Niteek Naik

55) Satyam Kumar Mahto

56) Gauraksh W Gaude

57) Aaryan A. Shinde

58) Anuj A. Gaude

59) Varad H. Tari

60) Samarth Gaude

61) Priyadarsh Gaude

62) Omkar Naik

63) Deep Gaude

64) KEYANSH Gaude

65) Gaurang Gaude

66) Varad Gaude

67) Saiyas Kunkarikar

68) Richa Gaude

69) Manvi Gaude

70) Anjali Gaunjam

71) Khushi Madkarkar

Afsana

B Gad

Revolkar

Dias

S Fernandes

Charvi

Gawas

Shetkar

Sawant

Zarepkar

Gaude

Gaude

Siveria

Ansh

Gaunjam

Naik

Mahto

Gaude

Shinde

Gaude

Tari

Gaude

Gaude

Naik

Gaude

Gaude

Gaude

Gaude

Kunkarikar

Gaude

Gaude

Gaunjam

Madkarkar

72) Saanvi Gaude

73) Prilisha Gaude

74) Divesh Gaude

75) Snehal Gaude

76) Naitik

~~Prilisha~~

~~Prilisha~~

~~Prilisha~~

~~Prilisha~~

## Higher Secondary Faculty

78) Seema Sawant

Sawant

79) Hemant Aiya

Aiya [CU Faculty]

80) Sushmita Dessai

Dessai

81) Devita Naik

Naik

82) Saniya Sawant

83) Durga Nabar

Nabar

84) Keral Naik

Naik

85) Dr. Sulochana Pednekar

86) Dr. Vandha Sawaker

87) Vidhita Naik