



Goa University

Directorate of Extra-Mural Studies and Extension Services (DEMS&ES)

Report on Theatre Workshop conducted by Ms Prashanti Talpankar

1. Title of the Event/Activity/program	Theatre Workshop conducted by Ms Prashanti Talpankar
2. Date and Time	01 st November 2025 2.30 pm to 5.30 pm
3. Mode of conduct (Physical/Online)	Physical
4. School/ Directorate/ Section	Directorate of Extra-Mural Studies and Extension Services (DEMS&ES)
5. Collaborating Agency/School/Directorate	Heritage First Goa
6. Detail of the Resource Person (Brief biodata)	Prashanti Talpankar is an actor, a TV and Radio artist, human rights activist and an advocate for children's rights. Ms. Talpankar has also been a distinguished academician, having retired as Associate Professor and HOD of Department Commerce, Dnyanprassarak Mandal's College and Research Centre, Assagao. She is also the recipient of The Sahitya Akademi Award for her Konkani translation of Shashi Deshpande's English book 'That Long Silence' in 2017. Ms. Talpankar has won the Best Supporting Actress Award (State Film Festival) in 2004 and again in 2015. She is also the recipient of the Mitra Bir Award (Woman of the Year, 1990) and the Saudamini Sanmaan Award in

	<p>2017. Ms. Talpankar has been proactive in both theatre and film and has been recognised for her scriptwriting skills with a National Award for a Story for Neo-literates by MHRD in 2002. She is a member of several prestigious bodies associated with mental health, writing and acting skills and has dedicated her entire working life to the development of these skill sets in others. Ms Talpankar is a cancer survivor and hopes to inspire fellow warriors with her courage and her fighting spirit.</p>
7. Number of Faculty attended/participated	4
8. Number of Student attended / participated	7
9. No. of external students/faculty/other participants	13
10. The objectives of the Program/activity/event	<ul style="list-style-type: none"> • To introduce participants to key elements of theatre. • To promote confidence, empathy, and self-awareness among the participants using reflective and experiential exercises. • To strengthen understanding of storytelling and narrative expression within a performative framework.
11. Description of the Program/activity/event	<p>The Directorate of Extra-Mural Studies and Extension Services (DEMS&ES), Goa University, organised a Theatre Workshop in collaboration with Heritage First Goa, curated by Ms. Prashanti Talpankar, on 1 November 2025 at the Seminar Hall, Faculty Block B, Goa University. The workshop provided an immersive and intellectually stimulating platform for the participants, offering practical exposure to the creative and performative dimensions of theatre. The session effectively integrated artistic practice with reflective learning, enabling participants to engage with core elements such as voice modulation, movement, characterization, and communication. Through structured interactive activities, including role-play,</p>

	<p>improvisation, and collaborative exercises, participants explored their creative capacities while fostering confidence, empathy, and self-awareness, thereby enhancing both personal growth and expressive competence.</p>
<p>12. Benefit/Key outcomes of the Program/activity/event</p>	<ul style="list-style-type: none"> • Participants gained the knowledge about the different elements of theatre. • Participants learned to use gestures, posture, and movement more effectively as tools for communication and performance. • The improvisational activities encouraged imaginative thinking and spontaneity.
<p>13. Enclosures with report</p>	<p>Flyer, Geo-tag photos, Attendance of the participants, Bio Data of resource person</p>

Signature:



Name of coordinator: Ms. Runa Menezes

Ms. Shaina Dhulapkar

Designation: Assistant Professors

Signature:



Dean/Director/Head

Seal of the School/Directorate/University

Director

Directorate of Extra Mural Studies
& Extension Services

DIRECTORATE OF EXTRA-MURAL STUDIES
AND EXTENSION SERVICES, GOA UNIVERSITY
in collaboration with
HERITAGE FIRST GOA
presents



workshop with **ICONS**

PRASHANTI TALPANKAR



2:30 PM - 5:30 PM

4 PM - SNACKS

SATURDAY

1 NOVEMBER '25

**SEMINAR HALL, BLOCK B
GOA UNIVERSITY,
TALEIGAO**

**END OF SEASON
COMPLIMENTARY WORKSHOP FOR ALL**

**FOR SIGN UP & MORE DETAILS
WHATSAPP +91 9021 662 237
LIMITED SPOTS**



ICONS

**PROF. ANURADHA WAGLE
DIRECTOR**

**ASST.PROF. RUNA MENEZES
CONVENOR**

**ASST.PROF. SHAINA DHULAPKAR
CO-CONVENOR**

Photos of the Theater Workshop



Ms. Prashanti in conversation with the participants—sharing her journey in theatre and the stories that shaped her craft.



Participants actively engaging in the exercise, exploring ideas through participation.



Distribution of the participation certificates





The group pictures

Directorate of Extra-Mural Studies and Extension Services
Goa University

In collaboration with **Heritage First Goa**

THEATRE WORKSHOP

ATTENDANCE SHEET

Sr. No.	Name	Contact	Signature
1	Nolan Ramos	8669290702	Ram
2	Scarlt Ava Fernandes	9623342540	Scarlt
3	Dr. Sulochana Pednekar	9850478215	Sulochana
4	Jude Fernandes	9763417170	Jude
5	Alivin Kvale	9811076988	Alivin
6	Skitter Faia	9823350629	Skitter
7	Asha Mary Koshy	9359133412	Asha
8	Swabhi	9818843782	Swabhi
9	Prasad	97796475372	Prasad
10	Tyrone Fernandes	9145342903	Tyrone
11	Ivan Corde	9765068186	Ivan
12	Kajal Naik	9765632644	K.Naik
13	Kimberly Noronha	9421516685	Kimberly
14	Gulnaz M.A Tahasildar	8080870558	Gulnaz
15	Rageshree Das	9404403097	Rageshree
16	Mangvirish Patil	9423319229	Mangvirish
17	Maya Naik	8390317824	Maya
18	Mahima Naik	8390317824	Mahima
19	Leonardo Deva	9356615458	Leonardo
20	Kristen Alfonso	9167065694	Kristen

21

Kanita Mirchandani

9820869459 Twink

22

Helen Pendit

9822128022 Helen Pendit

23

Shaina Dhulapkar

8975216130 S.

24

Reema Menezes

7427484408 8H

25

26

Bio Data of the Resource Person

Icon Prashanti Talpankar is an actor, a TV and Radio artist, human rights activist and an advocate for children's rights. Ms. Talpankar has won the Best Supporting Actress Award (State Film Festival) in 2004 and again in 2015. She is also the recipient of the Mitra Bir Award (Woman of the Year, 1990) and the Saudamini Sanmaan Award in 2017.

Ms. Talpankar has been proactive in both theatre and film and has been recognised for her scriptwriting skills with a National Award for a Story for Neo-literates by MHRD in 2002. She is a member of several prestigious bodies associated with mental health, writing and acting skills and has dedicated her entire working life to the development of these skill sets in others. Ms Talpankar is a cancer survivor and hopes to inspire fellow warriors with her courage and her fighting spirit.