

## **Goa University**

### D.D. Kosambi School of Social Sciences and Behavioral Studies

### **Social Work Programme**

### Report on Learn, Grow, Lead: Building Life Skills for Success

1. Title of the Event	Learn, Grow, Lead: Building Life Skills for Success
2. Date and Time	18 <sup>th</sup> February 2025   9:30 AM – 12:00 PM
3. Mode of Conduct	Physical
4. School / Directorate/ Section	D. D. Kosambi School of Social Sciences and Behavioural Studies (DDKSSSBS), Goa University
5. Collaborating Agency	Shree Mallikarjun & Shri. Chetan Manju Desai College, Canacona
6. Detail of the Resource Person (Brief biodata)	Dr. Tanvi Kamat Bambolkar is an Assistant Professor of English at Government College, Quepem, and earned her PhD in English from Goa University. Specializing in folk theatre in Goa, she has built a diverse career that spans roles as a casual news reader and translator at All India Radio, Panjim, as well as conducting theatre classes and workshops for children. A prolific writer, her notable publications include <i>Paavli</i> , <i>Shots</i> , <i>Logout</i> , and <i>Anwani</i> . In addition, she has translated several children's books for Konkani Bhasha Mandal and Pratham Book Story Weaver. Her outstanding contributions to literature and

	theatre have been recognized with awards such as the Yuva Sahitya Academy Award 2023 for <i>Shots</i> , a first prize for <i>Logout</i> at the Kala Academy's play competition, and a second prize for <i>Hidimba</i> .	
7. Number of Faculty attended/participated	5	
8. Number of Student Attended / Participated	77	
9. No. of external students/faculty/other participants	1	
10. Objectives of the Event	<ul> <li>To develop essential life skills for personal growth and leadership among students.</li> <li>To enhance communication, decision-making, and problem-solving abilities through interactive learning.</li> <li>To foster self-awareness, confidence, and emotional intelligence as key aspects of social work practice.</li> </ul>	
11. Description of the Event	As part of Rural Camp 2025, an expert-led life skills workshop was conducted at Shree Mallikarjun & Shri. Chetan Manju Desai College, Canacona, aimed at equipping students with practical skills for success in personal and professional life. The session was facilitated by Dr. Tanvi Kamat Bambolkar, Assistant Professor of English, Govt. College Quepem, who engaged participants in interactive discussions, handson activities, and self-reflective exercises.	
	<ul> <li>Key Focus Areas:</li> <li>Effective Communication – Understanding verbal and non-verbal cues, improving public speaking, and fostering active listening.</li> </ul>	
	• Decision-Making & Problem-Solving – Strategies to analyze situations, think critically, and make informed choices.	

	<ul> <li>Leadership &amp; Teamwork - Encouraging collaborative problem-solving and emotional intelligence for professional and social settings.</li> <li>Building Confidence &amp; Self-Awareness - Tools to develop self-motivation, resilience, and adaptability in challenging environments.</li> <li>Dr. Bambolkar emphasized that life skills are fundamental for success in any field, especially social work, where engagement with diverse communities requires adaptability, empathy, and strong interpersonal skills. Students participated actively in role-playing, group discussions, and reflection activities, making the session dynamic and engaging.</li> </ul>
12. Benefit/Key Outcomes of the Event	<ul> <li>Enhanced Self-Awareness – Students gained insights into their strengths, weaknesses, and personal growth areas.</li> <li>Improved Communication &amp; Leadership Skills – Encouraged effective dialogue, collaboration, and public engagement.</li> <li>Practical Application of Life Skills – Provided real-life strategies for tackling social and professional challenges.</li> </ul>
13. Enclosures with report	<ul> <li>Copy of Event Poster</li> <li>Photos</li> <li>Attendance Sheet</li> </ul>

Mr. Keval Naik

Assistant Professor (Social Work)

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D.D. Kosambi School of Social Sciences

and Behavioural Studies

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D. D. Kosambi School of Social Sciences

& Behavioural Studies

Seal of the School/Directorate/University

Goa - 403206

Date 25th February 2025



#### **RURAL CAMP 2025**

From Classroom to Community: Empowering Change Together

## Learn, Grow, Lead: Building Life Skills for Success!

Expert-led workshop to develop essential life skills for personal growth, leadership, and impactful social work practice.

Partner:

Shree Mallikarjun

&

Shri. Chetan Manju Desai College, Canacona



Dr. Tanvi Kamat Bambolkar Asst. Professor, English, Govt. College Quepem



18th February 2025 | 10.00 am - 12.00 pm



College Auditorium, Canacona } Target Audience: College Students

Prof. Ganesha Somayaji Dean, DDKSSSBS Ms. Prachi Prabhu PD, SWP Ms. Alisha Dias
Event Coordinator









# मल्लिकार्जुन महाविद्यालयात कार्यशाळा

काणकोण (न. प्र.)

देळे काणकोण येथील ज्ञान प्रबोधिनी मंडळाचे श्री. चेतन मंजू देसाई श्री. मिल्लकार्जुन महाविद्यालय आणि गोवा विद्यापीठाच्या संयुक्त विद्यमाने शिका, पुढे चला आणि स्वतःच्या उद्धारासाठी कौशल्य शिक्षणाच्या मागे चला त्याचबरोबर सामाजिक कार्य या विषयावर एक दिवसीय कार्यशाळा नुकतीच पार पडली.

या कार्यशाळेच्या संयोजिका आणि इतिहास विभागाच्या प्रमुख डॉमिटल डिसोझा यांच्या मार्गदर्शनाखाली आयोजित केलेल्या या कार्यशाळेत प्राध्यापिका शिवानी पागी, मंजिमा चौधरी, केवल नाईक यांनी या कार्यशाळेला सहकार्य केले.

या कार्यशाळेला तज्ज्ञ मार्गदर्शक म्हणून डॉ. तन्वी कामत बांबोळकर उपस्थित होत्या. कार्यशाळेच्या व्यासपीठावर डॉमिटल



तन्वी कामत बांबोळकर यांचा सत्कार करताना डॉमिटल डिसोझा.

(छाया : अनुजित)

डिसोझा, डॉ. प्राची प्रभू उपस्थित होत्या. डॉ. तन्वी कामत बांबोळकर यांनी विषयी माहिती दिली. सहा. प्रा. संध्या खरात यांनी शेवटी आभार मानले.

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30	Bhumeku Vukude	5-Y-BA	Onunika
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34	Saniya Naik Gravnkar	S-Y-BA	Chaurkas
35	Supriga Velib	SYBA	Alex
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50	Simian dehavi MAM	T. Y. B.A	Gilleri
40	Sakshi velip Teman	SY-BA	
41	Retika Velip	SY.BA	
42	Krulika Velip	SYBA	Catho
43	Alisha Gaenkar	SYBA	atala
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56	Valak Rivankar	TYBA	Lealak
57	Marsi Haik	SYBA	M. NaiR
58	Saniya pagi	SYBA	Esping
59	Prathamesh pevidas	FYBA	Demos
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61	Vaibhavi R. Pagi	Fy BA	& Pagi
62	Taisha Naik	FYBA	Naik
63	Sanika Pagi	FYBA	Show)
64	Omkas Pawar	TYBA	Due
65	Ms. Shibani Pagi	Asst. Prof, History	( )
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68	Ms. Snehal Gaunkon		\$47
69	Ms. Sandhya Kharat	Asst. Prof. Sociology	Att
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