गोंय विद्यापीठ		Goa University
ताळगांव पठार,		Taleigao Plateau, Goa-403 206
गोंय – ४०३ २०६		Tel : +91-8669609048
फोन : +९१– ८६६९६०९०४८		Email : registrar@unigoa.ac.in
	(Accredited by NAAC)	Website : www.unigoa.ac.in

SPORTS SECTION

Tel: 8669609018/8669609075   Email: sports@unigoa.ac.in

PRESS NOTE

VVM'S SHREE DAMODAR COLLEGE OF COMMERCE & ECONOMICS, MARGAO WINS GOA UNIVERSITY'S INTER COLLEGIATE WEIGHT LIFTING MEN CHAMPIONSHIP 2025-26.

Goa University Inter-Collegiate Weightlifting championship for men was held on 9th & 10th September 2025 at, Jubilee Hall, Goa University, Taleigao Plateau in which VVM's Shree Damodar College of Commerce & Economics Margao has won the 1st place in championship, while P.G. Goa University secured the Runners-Up position, and V. M. Salgaocar College of Law achieved a third place.

Gorakshnath Waifalkar of P.G. Goa University who participated in the Up to & Including 110 Kg Category won '**Goa University Iron Man Title** with a performance of total 272 Kgs with Snatch-126 kgs and Clean & Jerk-146 kgs, having body weight of 94.9 kgs.

The Chief guest for the Prize Distribution ceremony, Asst. Prof. Dr. Sandesh Bugde, School of Chemical Sciences, Goa University and Guest of Honour Dr. Manoj Hede, College Director of Physical Education & Sports, Govind Kare College of Law & Mr. Jayesh Naik, National Category 1 referee along with Mr. Balachandra B. Jadar, Asst. Director of Physical Education and Sports, Goa University graced the occasion and presented trophies and Medals to the winners.

The results of the Inter Collegiate Weightlifting Championship 2025-26 are as Under: -

OVERALL CHAMPIONSHIP RESULT

Winner's: VVM's Shree Damodar College of Commerce & Economics, Margao

Runner's-Up: P.G. Goa University

Third Place: V.M. Salgaocar College of Law.

EVENT WISE RESULTS

Up to & Including 60 Kgs.
1st: Sumukh Mahale [148kg (66kg+82kg)] Don Bosco College, Panjim
2nd: Ryan Baretto [132kg (60kg+72kg)] Shree Damodar College, Margao

3rd: Vikram Ram [127kg (54kg73kg)], Shree Damodar College, Margao.

Up to & Including 65 Kgs.
1st: Omprakash Ram, [173kg (80kg+93kg)] Shree Damodar College, Margao
2nd: Riyaz Kambali, [155kg (70kg+85kg)] S.S.A Govt. College, Pernem.
3rd: Priyanshu Chodankar [142kg (62kg+80kg)] Agnel Institute Assagao..

Up to & Including 71 Kgs.
1st: Rohan Gaonkar [161kg (71kg+90kg)] Shree Damodar College, Margao
2nd: Badal Naik [158kg (70kg+88kg)] Shree Damodar College, Margao .
3rd: Shantanu Gadekar [158kg (72kg+86kg)] Ganpat Parsekar College,Pernem.

Up to & Including 79 Kgs.
1st: Sanjeev Revodkar [192kg (82kg+110kg)] P.G Goa University.
2nd: Atharva Bandhakar [142kg (64kg+78kg)] D M's College Assagao.
3rd: Sairaj Mhamal [142kg (60kg+78kg)] P.G Goa University.

Up to & Including 88 Kgs.
1st: Amogh Tengse [185kg (80kg+105kg)] Vidya Prabodhini college.
2nd: Chandrashekar Gaonkar [173kg (73kg+100kg)] St. Xavier's College, Mapusa;
3rd: Swayam Naik [152kg (65kg+87kg)] V.M. Salgaocar College of Law.

Up to & Including 94 Kgs
1st: Manjish otavanekar [174kg (76kg+98kg)] V.M. Salgaocr College of Law;
2nd: Sanket Madgaonkar [173kg (78kg+95kg)] P. G Goa University.
3rd: Samesh Parsekar [172kg (75kg+97kg)] DM's College, Assagao.

Up to & Including 110 Kgs.
1st: Gorakshanath Waifalkar [272kg (126kg+146kg)] P.G. Goa University.
2nd: Rudrash Kole [165kg (75kg+90kg)] DM's College, Assagao
3rd: Advait Kumar [156kg (65kg+91kg)] V.M Salgaocar college of Law.

Above 110 Kgs
1st: Niyaz Sheikh [158kg (75kg+83kg)] Shree Damodar College, Margao;
2nd: Pralesh Chopdekar [139kg (57kg+82kg)] DM's College, Assagao;
3rd: Shubhankar Desai [132kg (62kg+70kg)]Agnel Institute, Assagao.

(Mr. Balachandra B. Jadar)

Date:11/09/2025   **Asst. Director of Phy. Edn. & Sports,**

Goa University