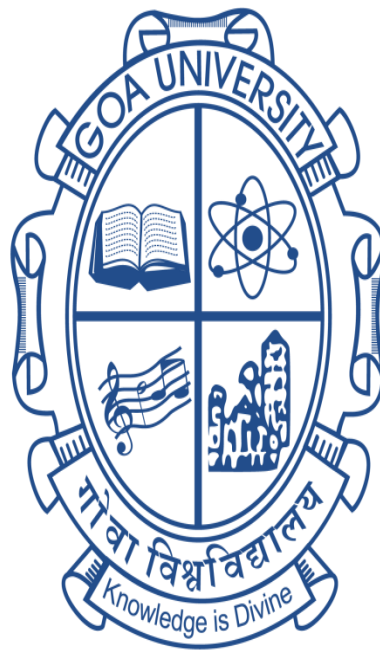


# GOA UNIVERSITY



## Sports Policy 2024

## Table of Contents

I. Sports Policy-Introduction.....	3
II. A Brief History of Sports Section.....	4
III. Constitution of University Sports Council.....	7
IV. Annual Meeting of C.D.P.E.S of Affiliated Colleges.....	7
V. Allocation of Sports Merit Marks.....	8
VI. Rules of Eligibility for Inter College and Inter University Participation .....	8
VII. Inter Collegiate Competitions Participation.....	8
VIII. Process of Selection of University Teams for Participation in The Inter University Competitions.....	14
IX. Sports Registration and Affiliation Fee.....	20
X. Award of Best College in Sports and Best Sportsman and Women of Goa University.....	21
XI. Certificates, Medals, Trophies and Award of Best Player at Inter College Championship.....	24
XII. Rules for the Conduct of Inter Collegiate Tournaments.....	25
1. Athletics (Men and Women).....	25
2. Badminton (Men and Women).....	26
3. Basketball (Men and Women).....	26
4. Chess (Open).....	27
5. Cricket (Men and Women).....	27
6. Cross Country (Men and Women).....	28
7. Cycling (Men).....	29
8. Football (Men and Women).....	30
9. Handball (Men and Women).....	30
10.Hockey (Men and Women).....	30
11.Judo (Men and Women).....	31
12.Kabaddi (Men and Women).....	31
13.Kho-Kho (Men and Women).....	31
14.Swimming (Men and Women).....	32
15.Table Tennis (Men and Women).....	32
16.Tennis (Men).....	33
17.Volleyball (Men and Women).....	33
18.Weightlifting (Men).....	34
19.Powerlifting (Men and Women).....	35
20.Best Physique (Men).....	36
21.Tennikoit (Men and Women).....	36
22.Taekwondo (Men and Women).....	37
23.Baseball (Men and Women).....	37

# SPORTS POLICY- INTRODUCTION

---

## **PREAMBLE:**

Goa University recognizes the importance of sports in the holistic development of its students and the promotion of a healthy lifestyle. As an institution committed to fostering excellence in academics and extracurricular activities, Goa University strives to create a conducive environment for the physical, mental, and emotional well-being of its student-athletes. The Sports Policy of Goa University is designed to promote sportsmanship, teamwork, discipline, and leadership among its students, while also providing opportunities for athletes to excel at various levels of competition. Through this policy, Goa University aims to instill a culture of sports participation, support, and recognition within the university community, thereby creating a thriving sports ecosystem that upholds the values of excellence, integrity, and fair play.

# A BRIEF HISTORY OF SPORTS SECTION

---

The Goa University was established in 1985. Ever since its inception, this institution has made spectacular progress and earned a name for itself as a temple of higher education. It stands today as an abode of higher learning with an appreciable record of educational service and academic excellence and sports.

Sports occupy a vital position in the human life as these build the mind and body of our youth. It helps in the development of sportsman spirit and in establishing healthy inter-personal relationship. Participating in different games and sports play a pivotal role in the all-round development of the students.

Goa University began its sports activities with the formal notification on 24<sup>th</sup> July 1986. Prof. A. V. Afonso, the then Head of the Department of Philosophy, Goa University was given an additional charge of sports and colleges affiliated to Goa University conducted inter-collegiate tournament.

The full-fledged sports section began in the year 1987-88 with the appointment of Miss Susana D'Souza, as Sports Director. At the initial stage all the Inter-Collegiate tournaments were centralized so as to organized them neutrally, systematically and in decent and discipline manner. Rules and regulations were framed for participation in Inter-Collegiate and Inter-University tournament. Appropriate proformas for submission of eligibility of participating players were also prepared and issued to the colleges.

The sports section of Goa University prepares programs and schemes for the promotion of University level sports and on the approval of the Sports Council, implement them very systematically and successfully.

The Sports Section, Goa University caters to the sports needs of students from On-campus Schools and all the affiliated colleges.

The Sports activities organized by the Sports Section, Goa University are based on the guidelines set by the Association of Indian Universities (A.I.U) and other authorized Sports Agencies. However, there is need for a clearly defined Sports Policy to ensure the smooth conduct of Student Sports activities, and is also essential from an administrative perspective. Thus, the Sports Section, Goa University has identified the necessity to establish a Sports Policy that will offer guidance for the efficient operation of Sports Sections thereby helping to achieve its goals.

## **OBJECTIVES:**

- To encourage student's participation in sports and raise awareness about the benefits of Physical Education & Sports to instill a Sports Culture among the Students.
- To identify Sports Talent at the College/University level and nurture such students to become better athletes.
- To showcase the University's potential by hosting National level tournaments.
- To provide Incentives and recognize the achievements of Sportspersons to enhance student's interest in participation and performance.
- To engage alumni & other sports agencies promoting sports in fund-raising for the advancement of sports infrastructure.
- To enhance the quality of sports infrastructure facilities such as Playing Fields, Gymnasium, Track & Field, and acquire top-notch equipment and so on.
- To establish a structured coaching programme involving qualified & skilled personnel to train University teams & sports talent effectively.
- To initiate measures to evolve Group/Individual Accident Insurance Scheme for Sportspersons taking part in the Inter University Championships.

## *INTER-COLLEGIATE TOURNAMENT*

On establishment of a full-fledged University Sports Section in the year 1987-88, Inter-Collegiate tournaments were conducted in different 16 sports disciplines for men and women separately.

1. Football 2. Table Tennis 3. Volleyball 4. Kabaddi 5. Badminton 6. Basketball 7. Kho-Kho 8. Hockey 9. Athletic 10. Cricket 11. Judo 12. Chess 13. Power lifting 14. Weight lifting 15. Best Physique 16. Tennikoit.

In the year 1989-90, two more events, i. e. Cross Country Race and Swimming were introduced in the Inter-Collegiate tournaments followed by Handball in the year 1991-92. Tennis and Cycling events were introduced in the year 1993-94. Baseball and Taekwondo were introduced in the year 2012-13. Powerlifting Women championship was added in the year 2023-24.

The Sports Section of Goa University is conducting all Inter-Collegiate tournaments. Goa University provides all required sports material for the same. University appoints officials to

officiate all these tournaments paying them honorarium and other benefits. At the end of every Inter-Collegiate tournament, a prize distribution function is organized in an auspicious manner to present Trophies, Medals and Certificates to the winners.

### *INTER-UNIVERSITY TOURNAMENTS*

Goa University deputed its team to participate in the Inter-University tournaments in different sports disciplines. Selection trials are conducted and teams are selected by duly nominated selection committee comprising of experts, eminent personalities, coaches, College Directors of Physical Education and Sports by following standards set by AIU. Pre –University coaching camps are organized by the Goa University. The duration of the camp shall depend on the time and funds at the disposal of the University. Free lodging and boarding facilities including all other expenditure of these coaching camps are borne by the University.

At the end of Pre-University coaching camp, the University team is selected and on the recommendation of the selection committee, the team is sent for Inter-University tournaments. All the expenditure towards participation including TA/DA, kit allowance, first aid and other such expenditure is borne by the University. Goa University also has been organizing zonal and inter-zonal tournament wherein other Universities come and participate.

# CONSTITUTION OF UNIVERSITY SPORTS COUNCIL

---

Functions of the Goa University Sports Council shall be governed by Statute SA-26 of Goa University.

## ANNUAL MEETING OF COLLEGE DIRECTOR OF PHYSICAL EDUCATION AND SPORTS OF AFFILIATED COLLEGES

---

College Director of Physical Education and Sports/ Authorized Representatives of affiliated colleges, shall be invited to attend the annual meeting of representatives. They shall meet once or if required twice a year normally before the start of first and second phase of Annual Sports/Games Championships respectively at the Goa University. The TA/DA of the representatives attending the meeting shall be borne by the concerned institutions. The meeting shall be chaired by the University Assistant Director of Physical Education and Sports, Goa University. The representatives attending the meeting shall be authorized by the institutions to accept the decisions taken during the meeting.

**The agenda for the Meeting of College Director of Physical Education and Sports of Affiliated Colleges/Representatives shall be as follows:**

- a. Inter College results of the preceding year.
- b. Discussion on change in the eligibility of participation at Inter College and Inter University, if any.
- c. Finalizing the Sports Calendar of the present year to be place before Sports Council meeting.
- d. Inter University results/performance of preceding year.
- e. Presentation of the expenditure for the previous academic year.
- f. Discussion on proposed list of University teams on priority for participation at Inter University Championships.
- g. To revise Sports Affiliation and Registration fees from time- to- time.
- h. Any other subject pertaining to Physical Education & Sports may be taken up for discussion & decision with the permission of the chair.

**Note:** If no exception is taken by any member who was present at the meeting to the correctness of the minutes within 10 days of the dispatch of the minutes, they shall be deemed to be correct.

# ALLOCATION OF SPORTS MERIT MARKS

---

Allocation of Sports merit marks shall be as per Goa University Ordinances O.A 5.16 and O.A. 26.

## RULES OF ELIGIBILITY FOR INTER COLLEGE AND INTER UNIVERSITY PARTICIPATION

---

The eligibility conditions for participation in the Inter-Collegiate and Inter University Championship shall be the same those prescribed, published, and amended by the Association of Indian Universities from time to time. Whenever there are amendments to these rules, the same shall be brought to the notice of the affiliated colleges of Goa University. The copy of the eligibility conditions can be obtained from the AIU Sports Website.

## INTER COLLEGIATE PARTICIPATION

---

### **A) DOCUMENTS AND PROCEDURE OF ENTRY SUBMISSION**

1. The colleges shall be required to send the team entry/detailed entry of individual events through Google form link/any other mode provided by Sports Section, Goa University, 8 days prior to the championship.
2. Soft Copy in Excel Sheet format eligibility proforma of the players in the prescribed format by the University, approved by the Principal/Vice-Principal, shall be emailed four days prior to the commencement of the respective tournament to the Sports Section, Goa University.
3. Hard copy may be submitted during the time of reporting at the championship and both hard copy and soft copy must be same.
4. Last date for colleges to send their Inter College Cycling and Athletics, Swimming, Cross Country, Weight lifting, Power lifting, Best physique, Judo, Taekwondo, detailed entry along with Eligibility shall be eight days before the championship.



5. In exceptional cases like medical condition, the names on the eligibility can be changed with proper supporting documents.
6. There shall be no withdrawal system. In case of teams failing to participate after submitting the initial entries, a disciplinary action will be initiated which may lead to debarring the college for that particular Sport/Game for a period of one year or as per the disciplinary action recommended by the Higher Authorities of Goa University.
7. Fixtures will be drawn by lots for the respective tournaments immediately after the last date of entries. The Sports Section of Goa University shall dispatch the particulars of draws, dates, venues and other relevant details to the participating colleges.
8. It shall be the responsibility of the concerned College to conduct a medical examination by a recognized medical practitioner of all the participating students before participation at the Inter College Championship. Goa University shall not be collecting medical certificates from the students and the University shall not be held responsible for any medical complications.

## **B) PROTEST**

Protest is normally discouraged. Protest on the decision of the officials shall not be entertained. However, on the point of law/rules or in connection with the tournament a protest, if any may be submitted to the organizer/ In-charge/ University Assistant Director of Physical Education and Sports of Goa University in writing and along with a protest fee of Rs. 2000/- within 10 minutes of conclusion of the match. A protest lodged by the team manager/ College Director of Physical Education shall be confirmed by a letter from their college Principal along with a copy to the Principal of opponent College before forenoon on the next day. A proof supporting the protest shall be submitted within 24 hours by the protesting college. The protest fee shall be forfeited if the protest is not sustained.

### **Protest will be resolved by the Jury of Appeal.**

#### Formation of Jury of Appeal

Jury of Appeal: The Jury of Appeal for each Inter Collegiate Tournaments should be Constituted with the following Members Only:

Chairman: Member nominated by the Vice-Chancellor, Goa University

Convener: University Assistant Director of Physical Education/ Organizing Secretary of the Tournament

Members: Asst. Sports Officer, Goa University/ In-charge Inter College Tournaments/Co-Ordinator, Two Senior College Director of Physical Education and Sports of Participating Teams, One Senior Technical Official of that particular Inter College Championship.

General Guideline for Jury of Appeal:

1. In case of any infringement of the playing rules by a team, if a team is found to have included a non-bonafide student as a player, after due verification, the team shall be disqualified from the tournament.
2. The results of the matches played earlier by the defaulted team stand unaltered. The team playing against the defaulted team will have the right to play in the next match.
3. The final placing of teams shall be suitably altered after the disqualification of a team or player.
4. In case the protest occurs during the medal/position match, the jury will be the final authority to decide on the medal/position order of the teams in the championships.
5. The jury may follow the state/national Sports federation rules laid down for the resolution of protests.
6. The decision of the jury of appeal will be final.

### **C) POSTPONEMENT**

1. Under no circumstances shall the tournament/ match be postponed, except under valid and unavoidable circumstances such as bad weather, failure of light, heavy rains or any other similar reason, where in the matches shall be replayed disregarding the previous score.
2. A match abandoned owing to deliberate disruption such as invasion of the ground by crowd, indiscipline on the part of the participating player or a team and the like, shall resume from the point it had to be abandoned, the old score remaining intact.
3. No team shall claim WALK OVER as a matter of right. In the event of a team failing to report for the match in time, the organizer/ In-charge/ Asst. Director of Physical Education and Sports, Goa University shall be empowered to decide on the merit of the case and accordingly instruct the officials to award a walk over to the opponent team.
4. No request for postponement of matches/competitions shall be entertained.

## **D) ACCREDITED REPRESENTATIVES**

1. The College Director of Physical Education and Sports will accompany their college team during Inter-Collegiate tournament organized by Goa University. In absence of College Director of Physical Education and Sports, College Instructor in Physical Education or person of Assistant Professor level as authorized by the College Principal is allowed to accompany the College/Institution team to participate in the Inter-Collegiate tournament.
2. It is compulsory to have a women representative authorized by the college Principal along with College Director of Physical Education and Sports where Women's Inter-College tournament is played.
3. Under no circumstances shall a team be allowed to participate in a tournament unless accompanied by an accredited representative from the college.

## **E) COLOURS:**

All college team shall be allowed to participate in the intercollegiate tournaments with sport uniforms/ jerseys having colors chosen by them. In case of clash of color between two college teams, the matter shall be decided by the spin of coin as to which team will wear the playing uniform other than of its own colour to be supplied by the organizers. For this purpose, the University will keep one set of extra playing shirts/bibs in reserve.

## **F) GENERAL CONDITIONS:**

- i. It shall be the duty of College Director of Physical Education to see that the student who is eligible in accordance with the eligibility rules framed by the Goa University is selected to represent his college team in the Inter-Collegiate tournaments.
- ii. A student shall not compete on behalf of more than one college/ Institution in any single academic year.
- iii. A graduate student shall be eligible to represent his college/ Institution only if he joins a Post Graduate program in a college wherein an admission is allowed only after graduation subject to his satisfying all other conditions of eligibility rules.
- iv. Only bona fide student of the College/Institution shall be allowed to participate in Inter-Collegiate tournaments.

- v. No student who changes his/her college shall be permitted to participate in the Inter-collegiate tournaments till such time as he/she produces a no objection certificate and other details of his/her eligibility from the previous college to his new college.
- vi. College Director of Physical Education / Instructor in Physical Education /Managers along with his team shall report to the Asst. Sports Officer, Goa University/ In-charge Inter College Tournaments/Co-Ordinator of the respective Games at least 30 Minutes before the Scheduled Time failing which the Teams may be liable to be disqualified.
- vii. College Director of Physical Education / Instructor in Physical Education /Managers of college teams shall ensure that the players are equipped with proper playing kit as per the rules of the game and jerseys are properly numbered wherever necessary.
- viii. Students participating in the Inter-Collegiate tournaments shall carry with them their college identity card and produce them wherever demanded by the University official or other person officiating on behalf of the University.
- ix. The On-Campus students of the Goa University shall be treated as one single unit for participating in the Inter-Collegiate tournaments under the team name 'P.G. Goa University'.
- x. Changes in the scheduled Tournament Matches (Preponed or Postponed) if any, with respect to dates, timings and venues necessitated by circumstances beyond the control of the organizers, and for timely and smooth conduct of tournament, will be notified by the officer concerned. The teams shall oblige the change of schedule.
- xi. There shall be no objection from any participating college against the officials appointed by the Goa University for officiating the Inter-Collegiate tournaments at the time of commencement of the match.
- xii. The Inter College Championships shall be conducted on a knockout basis unless otherwise specified and only one team in each activity from a college will be allowed to participate.
- xiii. All the participating Colleges/Institutions shall compulsorily carry their College flag for taking part in the March Past during inaugural and closing ceremony of Inter Collegiate Annual Athletic Meet.
- xiv. The games tournament matches will be played as per the fixtures drawn and according to dates and timings fixed by the tournament Asst. Sports Officer, Goa University/In-charge Inter College Tournaments/Co-Ordinator/ University Assistant Director of Physical

Education and Sports, Goa University at the venues mentioned in the fixture. Normally, a team may be asked to play a maximum of two matches in a day. In extraordinary situations and for smooth conduct of the championship a team may be asked to play more than two matches per day.

- xv. It shall be the duty of College Director of Physical Education to see that only authorized team members are allowed on stage during the prize distribution and the athletes be in proper sports or ceremony attire for the group photo during the award of team championship.
- xvi. College Director of Physical Education and Sports to have strict control over the athletes to ensure that everyone maintains discipline. Strict disciplinary action will be taken against teams that create nuisance or fail to maintain discipline. In such cases, the decision of the University Assistant Director of Physical Education and Sports at Goa University, or any instructions issued by him/her for maintenance of discipline, shall be final and binding.
- xvii. Spectators shall maintain discipline, failing which strict disciplinary action will be taken on supporters/spectators who are creating issues or not maintaining the disciplines. The decision of the University Assistant Director of Physical Education and Sports, Goa University or the instructions issued by him/her for maintenance of discipline shall be final and binding in such cases.
- xviii. Littering of the stadiums and ground during Inter-Collegiate tournaments is not allowed.
- xix. Only coach with proper authority from the college principal will be allowed with team to only guide and give coaching. Authority letter has to be compulsory submitted to the organizers.
- xx. The decision of the Referee/Umpires pertaining to the facts during the course of the game is Final.
- xxi. The programme of matches in various games is drawn only to suit the general conveniences of all the participating colleges.

#### **G) SAVING CLAUSE:**

Any issue/matter, not directly covered by these rules shall be decided by the Organizers/ the University Assistant Director of Physical Education and Sports, Goa University on the basis of the rules most closely applicable and in accordance with the general tenor and spirit of the overall rules and the decision taken will be ratified in the Sports Council Meeting.

# PROCESS OF SELECTION OF UNIVERSITY TEAMS FOR PARTICIPATION IN THE INTER UNIVERSITY COMPETITIONS

---

The Vice-Chancellor/Registrar shall constitute a selection committee consisting from the panel of College Director of Physical Education and Sports/Coaching professionals/SAI/SAG Coaches/ other Personnel recommended by the University Assistant Director of Physical Education and Sports, Goa University as the need arises. Asst. Sports Officer, Goa University/In charge for Inter University participation will be the member secretary of the selection committee.

The University teams will be fielded for participation in the Inter-University competitions in the Games/Sports for Men & Women based on the priority list approved by the Sports Council of Goa University.

The participation of University teams will depend on the standard of the players/teams and availability of funds.

**(Amended on 14<sup>th</sup> July, 2025)**

## **I. The selection criteria for University team for events on priority basis approved by the Sports Council will be as follows:**

- a. Only the bonafied student of Goa University shall be allowed to represent Goa University team at the Inter University tournaments.
- b. In the individual events like Athletics, Swimming, Weight lifting, Powerlifting and other similar events, performance of the players at 8th Position in the previous Inter University Championship held during the previous years of championship shall be considered for the selection of the University team. In cases where the 8th position performance from the previous year is not available due to changes in event categories or other similar modifications, the qualification mark shall be as approved by the Sports Council
- c. Events like Judo, Taekwondo, and other similar events, only the first-place winner at the Inter-Collegiate Championship of the current year shall be considered for selection. If the first-place winner is not willing to participate, the second-place winner will be considered for selection.
- d. For the events which are not organized by university, a player shall be a current State finalist in the events organized by the recognized State association and he/she shall be also

having a record of good performance for previous two years to be considered for the selection.

- e. In case of sportspersons who are representing Goa State, participating in National championships, International championships, attending National level camps and who are unable to attend or participate in the selection trials may be considered for selection to represent University at the discretion of the selection committee, given the fact that same have been informed by the College to the Sports Section, Goa University before the selections of the team.
- f. The selection committee will select the players and reserves of the University teams, based on their performance during the trials/ competitions. If performance standard of any team / player is not satisfactory, on the recommendations of the committee such team/player may not be sent for participation in Inter-University tournaments.
- g. Attending University team coaching is compulsory and in case any team player(s) is/are absent for camp, reserves will be called for the camp by Assistant Director of Physical Education and Sports, Goa University. Absence from the camp on ground of sportsperson(s) who is/are participating in the Inter-Collegiate, National or Inter-National competitions during the University team's coaching camp may be exempted at the discretion of the Assistant Director of Physical Education and Sports, Goa University on case to case basis.
- h. If any University player misbehaves during the coaching/ Inter-University competitions, or withdraws his/her participation from the Inter University Championship at the last moment without proper justification, a disciplinary action will be initiated by the University Assistant Director of Physical Education and Sports, based on the report submitted by the team manager/coach, by way of barring the player from participating in the University Inter-Collegiate Tournaments/Inter-University tournaments for a period of one to three years depending on the gravity of misconduct.
- i. The University Assistant Director of Physical Education and Sports will recommend the nomination of University team managers and coaches to the Vice-Chancellor /Registrar. These recommendations will be based on the experience, knowledge, ability, and proficiency. The nominees can be from University-affiliated colleges, College Directors of Physical Education and Sports, University staff, SAI & SAG coaches, private coaches, and eminent personalities in sports.

- j. The Principals of affiliated colleges of Goa University shall be requested to relieve immediately the College Director of Physical Education and Sports who are nominated as managers/coaches to accompany the University teams. If any Principal is unable to comply with this request, a valid reason be conveyed to the University Assistant Director of Physical Education and Sports. In case of unresolved matters, same may be referred to the Higher Authorities of the University for final decision.

**(Amended on 14<sup>th</sup> July, 2025)**

## **II. Participation at Inter University Championship**

- a. The University players will be provided with Track Suits/Sportswear with University Logo and Jersey and Shorts of the colour combination registered with the Association of Indian Universities. Team officials will be provided with Track Suits and Formal T-shirts with Goa University Logo.
- b. The University players have to produce medical certificate and give an undertaking before going to participate in the Inter-University tournaments as per the format issued by the Sports Section, Goa University.
- c. Goa University teams shall travel together from headquarters to competition venue and return back. The teams shall travel by Indian Railways in the AC III tier from Headquarters to the competition venue. In case, travel mode is other than Indian Railways AC III tier, ticket price amount equivalent to AC III tier fare or whichever is less will be reimbursed. If additional cost incurred, the same may be shared among the athletes. To reserve the seats best possible way of general/ tatkal railway booking facility of Indian Railway will be utilized.
- d. Any change in the mode of transportation of onward and return journey, shall be reported to the Assistant Director of Physical Education and Sports at Goa University for approval before any changes can be made.
- e. Goa University teams have to stay together in the accommodation provided by the host university. However, if the provided accommodation lacks basic amenities or is found to be unsatisfactory, the team manager, with the prior approval of the Assistant Director of Physical Education and Sports, Goa University, may arrange for alternative accommodation nearby. In such cases, reimbursement will be made up to an amount



equivalent to the bedding charges prescribed by the host university or the actual expenditure incurred, whichever is lower.

- f. All allowances entitled for the players/team officials will be done by mode of Electronic payment, after the completion of championship.
- g. The players may obtain attendance certificates for the Period of attending coaching camp and Inter-University Tournaments for regularizing their attendance in their colleges, as per the University Norms.
- h. Officials accompanying the University teams for Inter-University competitions will be issued attendance certificate on completion of assignment.
- i. The TA/DA of University team Players/Managers/Coaches and other accompanying officials will be borne by the University as per the provisions made by the University from time to time. Money earmarked for various teams as per budget allocation will be advanced to the team manager & in turn they shall maintain proper accounts and submit the same at the office of the University Assistant Director of Physical Education on completion of team's engagement (preferably not later than 4 days on arrival back to Headquarters).
- j. Players must collect participation certificate from the Sports Section, Goa University, upon their successful participation at the Inter University Championship.

### **III. Duties of Managers and Coaches Accompanying the University Teams:**

- a. The University Assistant Director of Physical Education and Sports will recommend the nomination of University team managers and coaches to the Vice-Chancellor /Registrar. These recommendations will be based on the experience, knowledge, ability, and proficiency. The nominees can be from University-affiliated colleges, College Directors of Physical Education and Sports, University staff, SAI & SAG coaches, private coaches, and eminent personalities in sports
- b. The budget allocated by the University shall be drawn by the University Assistant Director of Physical Education and Sports and advanced to team manager. The team managers shall maintain the accounts as per the guidelines provided by the office of the Sports Section, Goa University.

- c. The team managers shall arrange practice matches in consultation with the coaches after getting prior permission from the University Assistant Director of Physical Education and Sports.
- d. The team managers shall collect all the relevant documents pertaining to the tournament from the Sports Section office immediately after reporting for duty.
- e. The team managers shall arrange for onward and return journey of team members in consultation with the coach and University Assistant Director of Physical Education and Sports following the instructions of the organizing University.
- f. The team managers shall keep the University Assistant Director of Physical Education and Sports, Goa University Informed about the day to day proceedings of the matches/events of the Inter-University Tournaments/ Competitions.
- g. The team managers shall produce all the required documents to the organizing secretary of the Inter-University Tournaments, immediately after reaching the venue.
- h. The team managers have to submit the detailed accounts immediately after returning from the Inter-University tournaments along with the statement of expenditure to the office of the Sports Section, Goa University after getting the concurrence of the University Assistant Director of Physical Education and Sports, Goa University.
- i. The team coaches shall maintain the attendance of team players from the date of reporting to the coaching camp till the completion of the Inter-University Tournaments/Competition programme.
- j. The team coaches shall inform the University Assistant Director of Physical Education and Sports, immediately about non reporting of any player/s for the coaching camp without a valid reason, so that the University Assistant Director of Physical Education and Sports can drop such player/s from the team and the reserves may be called for the camp as per the merit and requirement of the team.
- k. The team coaches shall maintain team/individual player's training schedule of the coaching camp after discussing with the University Assistant Director of Physical Education and Sports and the coaches shall suitably chalk out the training schedule of sportspersons

participating in individual events taking into consideration their previous training schedule in the interest of their performance.

- l. The team coaches shall maintain the performance appraisal report of all the team players of all the matches/events and submit the same to the University Assistant Director of Physical Education and Sports
- m. The managers and coaches shall be responsible for maintaining team discipline, safety and security of the team members starting from the coaching camp period till the players come back to the headquarters after completing the proceedings of the Inter-University Tournaments/Competitions.
- n. The managers and coaches shall submit a report about the players conduct and the Tournament/Competition results along with the attendance certificate obtained from the organizing University to the University Assistant Director of Physical Education and Sports, Goa University

## SPORTS REGISTRATION AND AFFILIATION FEE

---

All affiliate colleges/ Institutions shall remit the Sports registration and affiliation fee to the Goa University for the student registered in the respective College/ Institution as on the last date of admission for the said academic year, payable to University by latest by 31<sup>st</sup> December of the respective year, irrespective of the fact as to whether the college/ Institution participates in the Inter-Collegiate tournament organized by Goa University or whether its students admitted under aided or self-financed programmes.

Sports Registration and Sports Affiliation fees shall be notified by the University from time to time.

# AWARD OF BEST COLLEGE IN SPORTS AND BEST SPORTSMAN AND WOMAN OF GOA UNIVERSITY

---

The Vice-Chancellor shall constitute a committee consisting of the Sports Council members of Goa University, based on the recommendations of the University Assistant Director of Physical Education and Sports. This committee shall recommend the awards for the Best College in Sports and the Best Sportsman and Sportswoman of Goa University. The following criteria shall be followed by the committee while making these recommendations

## **a. AWARD OF BEST COLLEGE IN SPORTS MEN AND WOMEN**

Best College in Sports Men and Best College in Sports Women Awards shall be decided on the basis of Gold/Winners First method in the Inter College Sports/Games Championship awarded in that particular year.

**(Amended on 14<sup>th</sup> July, 2025)**

## **b. BEST SPORTSMAN AND WOMEN OF GOA UNIVERSITY**

- i. Colleges shall recommend one name of a Best Sportsman and a Best Sportswoman of their college for their performance in sports during the current academic year only.
- ii. Both the award of Best Sportsman and Sportswomen will be awarded on the basis of highest level of achievements of the athlete in the field of sports. Due weightage will be given to performances in events that are being promoted by Goa University.
- iii. Selection procedure for the Best Sportsman & Sportswoman of Goa University shall be as follow;
- iv.

Sr. No.	Name of the tournament	Maximum Points			
		1 <sup>st</sup> Position	2 <sup>nd</sup> Position	3 <sup>rd</sup> Position	Participation
1	Olympic Games/Paralympics Games	1000	800	600	500
2	World Cups/Championships (4 year Cycle) ( 2 year Cycle)	800	650	450	400

3	World Grand Prix/ Leagues (World level Multiple events Annually for qualification to Major Championship )	200	150	100	50
4	Asian Games	700	500	300	250
5	Asian Cup/Asian Championship (4 year cycle)	500	300	200	150
6	Commonwealth Games	700	500	300	250
7	Commonwealth Championships (4 year Cycle)	300	200	150	100
8	World University Games (Every two years)	500	300	200	150
9	World University Championship	300	200	150	100
10	National Games/Khelo India University Games	100	80	70	60
11	Inter Zonal University Championships	80	70	60	50
12	Zonal University Championship	50	40	20	10

Note: 1. Athletes representing International events in the above mentioned competitions shall be recognized by the Ministry of Youth Affairs and Sports, Government of India/Association of Indian Universities

2. Athletes participating in National Games shall be recognized by Ministry of Youth Affairs and Sports, Government of India.

3. In the case of athletes performing in more than one category/sport, only the highest points allotted in any one category/sport will be considered.

**4. Following will be the Tie-Breaking Procedure for Breaking a Tie in the Award of Best Sportsman and Sportswoman**

**i.Higher Level of Participation and Achievement**

In case of a tie, preference will be given to the sportsperson who has participated in and achieved the highest level of performance in Inter-University Championships.

**ii.Number of Inter-University Championships Participated**

If the tie persists, the total number of Inter-University Championships in which the sportsperson has participated will be considered. The sportsperson with the higher number of participations will be given preference.

**iii.Number of Participation at Inter College Championship organized by Goa University**

If the tie persists, the total number of Inter-Collegiate Championships in which the sportsperson has participated will be considered. The sportsperson with the higher number of participations will be given preference.

**iv.Consistency of Performance**

If the tie is still unresolved, the consistency of the sportsperson's performance across various tournaments listed in the points system will be evaluated. The sportsperson with more consistent high-level achievements will be preferred.

**v.Quality of Competition**

The quality and competitiveness of the tournaments in which the sportsperson participated will be assessed. Preference will be given to those who performed well in more competitive and prestigious events.

**vi.Additional Achievements and Contributions**

If the tie remains, additional achievements and contributions to sports, such as sportsmanship awards and leadership roles will be considered.

**vii.Decision by a Selection Committee**

If the tie is still not resolved after the above criteria, a decision will be made by a selection committee. The committee will review all aspects of the candidates' performances and make a final decision.

Trophy and certificate will be awarded to the Best College in Sports and Best Sportsman and Woman of Goa University.

# CERTIFICATES, MEDALS, TROPHIES AND AWARD OF BEST PLAYER AT INTER COLLEGE CHAMPIONSHIP

---

## **1) Merit certificates:**

Merit Certificates shall be awarded to the First Three Position holders in the Inter-Collegiate Tournaments/Competitions duly Signed by the Assistant Director of Physical Education and Sports & after affixing the facsimile signature of the Hon'ble Vice-Chancellor's on the Merit Certificates.

## **2) Medals:**

The First, Second and Third place Winners in the Inter-Collegiate Tournaments/ Competitions shall be awarded Gold, Silver, Bronze Medals respectively.

## **3) Trophies:**

The First, Second and Third place Winners in the Inter-Collegiate Tournaments/ Competitions will be Awarded Trophies.

## **4) Best Player at Inter College Championship**

Best player in each Inter Collegiate Championship will be awarded in both Men and Women Championship with a trophy. Decision of award of best player will be based on the point system set by respective International Federation. Where point system by National/International Federation is not available, the award of Best player will be decided based on point system finalized by a committee under the chairmanship of Assistant Director of Physical Education and Sports and chair the committee from among the panel of the Technical official of the said championship and Asst. Sports Officer, Goa University/In-charge Inter College organization.



# RULES FOR THE CONDUCT OF INTER-COLLEGIATE TOURNAMENTS

---

## **1. *ATHLETICS (MEN AND WOMEN)* (Amended on 14<sup>th</sup> July, 2025)**

- i. The competition shall be conducted under the rules of the Athletic Federation of India / Goa Athletic Association, unless otherwise modified in these rules
- ii. The following events shall be included in the Inter-Collegiate Athletic meet.
  - MEN:** 100m run, 200m run, 400m run, 800m run, 1,500m run, 5,000m run, 10,000m run, 20 kms walk, 110m hurdles, 400m hurdles, Long Jump, High Jump, Triple Jump, Shot Put, Discuss Throw, Javelin Throw, Hammer throw, Pole Vault, 4x 400 m Relay, 4x 100 m Relay, Decathlon.
  - WOMEN:** 100m run, 200m run, 400m run, 800m run, 1,500m run, 3,000m run, 5,000m run, 100m hurdles, 400m hurdles, Long Jump, High Jump, Triple Jump, Shot Put, Discuss Throw, Javelin Throw, 4x 400m Relay, 4x 100m Relay, Heptathlon.
  - Mixed Relay:** 4x400m
- iii. Once the detailed entry is received, no changes shall be permitted.
- iv. One participant can participate in maximum two individual events and two relays.
- v. In one event a college can enter only two participants.
- vi. There shall be three participants of two different colleges to conduct an event.
- vii. Only in Relay team one reserve player is allowed.
- viii. Mixed relay will not be considered for medal tally.
- ix. Team championship will be decided by using Gold First Method (First on the number of Gold medals won, then Silver and Bronze). If further tie exists, then both the tied colleges will be joint winners.
- x. Merit certificate shall be awarded up to first three positions in each event. In relay races merit certificates shall be awarded to all four participants of the team winning first three positions.

## ***2. BADMINTON (MEN AND WOMEN)***

- i. The competition will be conducted under the rules adopted by the Badminton Association of India/ Goa Badminton Association, unless otherwise, modified in these rules.
- ii. The tournament for men and women section shall be conducted according to the following patterns:  
MEN: 3 singles and 2 doubles  
WOMEN: 2 singles and 1 double.
- iii. A tie for men section shall be decided by the combined results of 3 singles and 2 doubles whereas for women section shall be decided by combined results of 2 singles 1 doubles. The result of tie, however can be declared when either of the competing team wins 3 matches for men section and 2 matches for women section.
- iv. The order of events shall be as under:  
MEN: First single  
Second single  
First doubles  
Third single  
Second doubles  
WOMEN: First single  
Second single  
Doubles
- v. The number of players representing a college in a shall not be less than 4 and more than 7 for men and not less than 2 and more than 4 for women.

## ***3) BASKETBALL (MEN AND WOMEN)***

- i. The tournament shall be conducted according to the rules of the Basketball Federation of India/ Goa Basketball Association, unless and otherwise modified in these rules.
- ii. If there is a tie in a match on knock out basis, extra time of five minutes shall continue to be given till the tie is decided.
- iii. The number of players representing a college shall not be more than 12.

#### **4) CHESS (Mix)**

- i. Rules of the Chess Federation of India/Goa Chess Association shall apply to the Inter-collegiate Chess tournament, unless or otherwise modified in these rules.
- ii. A team may consist of five players (including 1 reserve) but only 4 players shall be allowed to participate, each playing against the other of same status in order of ranking. There shall be no restriction to include women players in a chess team.
- iii. Each team shall clearly state the ranking order of its team while submitting entry. The reserve shall be ranked at the bottom.
- iv. In the event of inability of the player member to participate, the ranking order shall be changed in such a way that only player following him in the ladder takes his place and so on. No player shall be replacing during the course of the tournament.
- v. Each team is required to play throughout the entire tournament. However, if a team is forced by circumstances beyond its control to withdraw from the tournament, the Chief Arbiter and the organizer shall settle the treatment of any unplayed matches, for the purpose of scoring.
- vi. The tournament will be played under the Swiss league system; the pairing program will be FIDE approved Swiss manager. And number of rounds will be depending upon the participants.
- vii. Every participating college must bring two chessboards and two Chess clocks

#### **5) CRICKET (MEN AND WOMEN)**

- i. The matches shall be played according to the rules adapted from the time to time, by the Board of Control for the Cricket in India/Goa Cricket Association, unless otherwise modified in these rules.
- ii. The matches Men for the will be of 20 overs.
- iii. The matches for women will be of 10 overs up to quarter-finals, 15 overs in semi-final and 20 overs in finals.
- iv. The tournament will be played on knockout basis.
- v. A team shall not consist more than the 16 players for both the section.

## 6) *CROSS COUNTRY (MEN AND WOMEN)*

- i. The championship shall be conducted according to the rules as adopted by the Athletic Federation of India/ Goa Athletic Association, unless, otherwise, modified in these rules.
- ii. The distance shall be 10 Kms
- iii. A maximum of 6 entries shall be allowed and all of them shall be permitted to run.
- iv. For calculating the team championship, however, only first 4 places shall be counted/considered.
- v. Individual entries shall be permitted.
- vi. Team entries shall be counted only if a minimum of 6 for men and a minimum of 4 for women begins the race even though it is not necessary that all the 6 for men and 4 for women shall complete the race for counting championship.
- vii. The organizers shall show the route to the athlete at least a day before.
- viii. Competitors may compete bare foot or with footwear on one or both feet. The purpose of shoes for competition is to give protection and stability to the feet and a firm grip on the ground. Such shoes however must not be constructed so as to give the competitor any additional assistance, and no spring or device of any kind may be incorporated in the shoes. A shoe strap over the instep is permitted.
- ix. For deciding the team championship, points shall be awarded to the competitors up to 6<sup>th</sup> position for men and up to 4<sup>th</sup> position for the women section in the following order;  

1 <sup>st</sup> position -----	one point
2 <sup>nd</sup> position -----	two points
3 <sup>rd</sup> position -----	three points
And so on -----	

  - a) The college winning the minimum number of points shall be declared as champion.
  - b) In case of the tie the college whose last runner is closer to the first runner shall be declared as champion.
- x. Medical certificate must be produced on demand of the organizers.

## 7) CYCLING

- i. The competition shall be conducted according to the rules of the Cycling Federation of India, unless, otherwise modified in these rules.
- ii. Use only the racing cycles of the following description shall be allowed in the competition.  
Free wheel, two independent breaks in full working order must be fitted. Coaster hubs, changed speed gears and wing nuts are permitted.
- iii. Competitors must consist of a sleeved jersey or vest, knickers reaching at least half way to knee corresponding to the college colours of the competitors. It shall be free from political sign or badges and trade advertisements.
- iv. Hand gloves are included in the rider's normal dress. Helmet is essential turban with proper fold is permitted in place of crash helmet.
- v. Medical certificate must be produced on demand of the organizers.
- vi. Team entries shall be counted only if a minimum of 6 entries and maximum 9 entries confirmed of a one college team and maximum of four completes the race.
- vii. Individual entries shall be permitted
- viii. The route will be of 35kms.
- ix. For deciding team championship, point shall be awarded to the competitor's up to 4<sup>th</sup> position in the following order.  
1<sup>st</sup> position ----- one point  
2<sup>nd</sup> position ----- two points  
3<sup>rd</sup> position ----- three points and so on -----
  - a) The college winning the minimum number of points shall be declared as champion.
  - b) In case winning the minimum numbers of points shall be declared as champion.

## **8) FOOTBALL (MEN AND WOMEN)**

- i. Matches shall be played according to the rules of the All India Football Federation/ Goa Football Association, unless, otherwise, modified in these rules.
- ii. After the normal period of play is over, each team, one each, shall take 5 penalties alternatively. The team scoring greater number of goals shall be declaring as winner. If the result is not declared yet, the 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> players and so on alternatively from each other side will take the kick till the result is decided provided that equal number of kicks shall have been awarded to each side. Which side will take the first kick shall be decided by the spin of coin. Before the penalty kick begins, each captain shall nominate 5 players to take penalty kick on behalf of his team. No substitution shall be allowed during the tie breaker rule.
- iii. No player shall be permitted to participate in the tournament without football shoes and shin guard.
- iv. Matches up to quarterfinal stage in the men section will be of 35-10-35 and thereafter 45-10-45 duration whereas the women section shall play 30-10-30.
- v. The number of players in the team shall be not more than 22 for men and women section.

## **9) HANDBALL (MEN AND WOMEN)**

- i. The tournament shall be conducted according to the rules adopted by the Amateur Handball Federation of India/ Goa Handball Association unless, otherwise, modified in these rules.
- ii. The tournament will be played for 2 halves of 30 minutes each with an interval of 10 minutes.
- iii. If a match ends in a draw after having been played for the normal period, an extra time of 5 minutes each way with no interval be given. After 5 minutes of extra time each way tie breaker shall be implemented.
- iv. Each team shall consist of not more than 16 players.

## **10) HOCKEY (MEN AND WOMEN)**

- i. The matches shall be played according to the rules as adopted by Indian Hockey Federation/ Goa Hockey Association, unless, otherwise, modified in these rules.
- ii. If any match played on knockout basis ends in a draw, penalty stroke rule shall be applied to decide the tie.
- iii. Each team shall consist of not more than 18 players.

## **11) JUDO (MEN AND WOMEN)**

- i. The tournament shall be played as per the rules as adopted by the Judo Federation of India/ Goa Judo Association, unless, otherwise, modified in these rules.
- ii. The competition shall be conducted in the following weight categories;

Sr.No	Men section	Women section
1	Upto and including 60Kg	Upto and including 48Kg
2	Over 60 Kg upto and including 66Kg	Over 48Kg upto and including 52Kg
3	Over 66 Kg upto and including 73Kg	Over 52Kg upto and including 57Kg
4	Over 73 Kg upto and including 81Kg	Over 57 Kg upto and including 63Kg
5	Over 81 Kg upto and including 90Kg	Over 63 Kg upto and including 70Kg
6	Over 90 Kg upto and including 100Kg	Over 70 Kg upto and including 78Kg
7	Above 100Kg	Above 78Kg

*\*Subject to change in accordance the latest AIU rules*

- iii. A college can enter only two competitors in each Weight category.
- iv. The contestant is not at his/her starting place after 3 calls, he/she shall forfeit the contest and shall not be allowed to participate.
- v. Team championship will be decided by using Gold First Method (First on the number of gold medals won, then silver and bronze). If further tie exists, then both the tied colleges will be joint winners.

## **12) KABADDI (MEN AND WOMEN)**

- i. The tournament will be run accordance with the rules of the Amateur Kabaddi Federation of India/ Goa Kabaddi Association, unless, otherwise, modified in these rules.
- ii. A team shall consist of a maximum of 12 players.

## **13) KHO-KHO (MEN AND WOMEN)**

- i. The rules as adopted by the Kho-Kho Federation of India/ Goa Kho-Kho Association shall apply for the tournament.
- ii. A team shall consist of a maximum of 15 players.

## **14) SWIMMING (MEN AND WOMEN)**

- i. The competitions shall be Conducted according to the rules of the Swimming Federation of India, unless otherwise modified in these rules.
- ii. The tournament shall be conducted in the following events,

Sr.No	Men section	Women section
1	Free style: 100m & 200m	Free style: 50m & 100m
2	Back stroke: 100m	Back stroke: 50m
3	Breast stroke: 100m	Breast stroke: 50m
4	Butterfly stroke: 100m	Butterfly stroke: 50m

- iii. Each college shall be permitted to enter maximum 2 swimmers for each individual event.
- iv. The Men and Women team shall not comprise less than four for men and three for women for team championship.
- v. Team championship will be decided by using Gold First Method (First on the number of gold medals won, then silver and bronze). If further tie exists, then both the tied colleges will be joint winners.

## **15) TABLE TENNIS (MEN AND WOMEN)**

- i. The rules of the Table Tennis Federation of India/ Goa Table Tennis Association shall apply to the tournament, unless, otherwise, modified in these rules.
- ii. The tournament shall be played in Swaythling Cup lines. The order of the play shall be as follows;

Where three players of one side are numbered A, B, C and the three players on the other side are numbered X, Y, Z

1<sup>st</sup> match --- A v/s X

2<sup>nd</sup> match ---- B v/s Y

3<sup>rd</sup> match ---- C v/s Z

4<sup>th</sup> match ---- A v/s Y

5<sup>th</sup> match --- B v/s X

- iii. The result of the match shall be declared when either team wins 3 matches.
- iv. The number of players representing a college shall not be less than 3 and more than 5.



## **16) TENNIS (MEN)**

- i. The rules of All India Tennis Association/ Goa Tennis Association shall apply to the tournament, unless, otherwise, modified in these rules.
- ii. The tournament shall be played on Modified Davis Cup lines. (Best of Three Matches among 2 singles match and Doubles match, which will be a decider if score of the colleges are tied after 2 singles match)
- iii. Where the two single players on the one side are numbered A,B and the single players on the other side are numbered X,Y the order of play in a tie shall be;  
1<sup>st</sup> single match ----- A v/s Y  
2<sup>nd</sup> single match ----- B v/s X  
Third match ----- Double match (Third match will be conducted only if score after 1<sup>st</sup> and 2<sup>nd</sup> Single is tied)  
A, B and X, Y shall be determined by draw of lots.
- iv. The number of players representing a college shall not be less than 2 and more than 5.

## **17) VOLLEYBALL (MEN AND WOMEN)**

- i. The rules as adopted by the Volleyball Federation of India/ Goa Volleyball Association shall be followed, unless, otherwise, modified in these rules.
- ii. Matches up to quarterfinal stage shall be played as the best of three sets and thereafter best of five sets.
- iii. A team shall consist of maximum of 12 players.

## 18) WEIGHT LIFTING (MEN)

- i. The competition shall be conducted as per the rules of India Weight Lifting Federation and Goa Weight Lifting Association, unless, otherwise, modified in these rules.
- ii. The competition shall be conducted in the following weight category;

Weight lifting

Sr.No	Weight Categories	Sr.No	Weight Categories
1	Up to & Including 55 Kgs	6	Up to & Including 89 Kgs
2	Up to & Including 61 Kgs	7	Up to & Including 96 Kgs
3	Up to & Including 67 Kgs	8	Up to & Including 102 Kgs
4	Up to & Including 73 Kgs	9	Up to & Including 109 Kgs
5	Up to & Including 81 Kgs	10	Above 109 Kgs

*\* Subject to change in accordance to the latest AIU rules*

- iii. A college shall be permitted to enter only two competitors for each weight category.
- iv. Team championship will be decided by using Gold First Method (First on the number of gold medals won, then silver and bronze). If further tie exists, then both the tied colleges will be joint winners.
- v. The competition in a weight category shall be held even if there is only one competitor but the competitor shall be awarded the first position only if his performance is at least equal to the third position performance of the previous year. If the competitor in such a situation earns position by virtue of his performance equal to the third position in the previous year, the medal due to him shall be awarded for the purpose of calculating the team championship.

## 19) POWER LIFTING (MEN AND WOMEN)

- i. The competition shall be conducted as per the rules of India Power lifting Federation/ Goa Power lifting Association, unless, otherwise, modified in these rules.
- ii. The competition shall be conducted as per the rules of India Weight Lifting Federation and Goa Weight Lifting Association, unless, otherwise, modified in these rules.
- iii. The competition shall be conducted in the following weight category;

Sr.No	Weight Categories - Men	Weight Categories -Women
1	Upto & Including 59 Kgs	Upto and including 47 Kgs
2	Upto & Including 66 Kgs	Upto and including 52 Kgs
3	Upto & Including 74 Kgs	Upto and including 57 Kgs
4	Upto & Including 83 Kgs	Upto and including 63 Kgs
5	Upto & Including 93 Kgs	Upto and including 69Kgs
6	Upto & Including 105 Kgs	Upto and including 76Kgs
7	Upto & Including 120 Kgs	Upto and including 84 Kgs
8	Above 120 Kgs	Above 84 Kgs

*\* Subject to change in accordance to the latest AIU rules*

- iv. A college shall be permitted to enter only two competitors for each weight category.
- v. Team championship will be decided by using Gold First Method (First on the number of gold medals won, then silver and bronze). If further tie exists, then both the tied colleges will be joint winners.
- vi. The competition in a weight category shall be held even if there is only one competitor but the competitor shall be awarded the first position only if his performance is at least equal to the third position performance of the previous year. If the competitor in such a situation earns position by virtue of his performance equal to the third position in the previous year, the medal due to him shall be awarded for the purpose of calculating the team championship.

## **20) BEST PHYSIQUE (MEN)**

- i. The competition shall be held in **six** weight categories given below;

<b>Sr.No</b>	<b>Weight Categories</b>
1	Up to & Including 60 Kgs
2	Up to & Including 65 Kgs
3	Up to & Including 70 Kgs
4	Up to & Including 75 Kgs
5	Up to & Including 85 Kgs
6	Above 85 Kgs

*\* Subject to change in accordance to the latest AIU rules*

- ii. A college shall be permitted to enter only two competitors with in each weight category.
- iii. Minimum number of competitors in each group shall be four at weighing time.
- iv. Any deformity found (covered backbone, stopping posture, bone legged, kyphosis, tosis and the like) will be considered as a disqualification.
- v. Allotment of marks for development of groups of muscles shall be made on judging them after the competition and after all the competitors are called upon together to demonstrate the development of that groups of muscles. Extra attempt is not allowed as per the present rules.
- vi. Team championship will be decided by using Gold First Method (First on the number of gold medals won, then silver and bronze). If further tie exists, then both the tied colleges will be joint winners.

## **21) TENNIKOIT (MEN AND WOMEN)**

- i. Competition will be conducted as per rules of Tennikoit Federation of India/ Goa Tennikoit Association.
- ii. Each match will be played on best of three ties. (i) first singles (ii) second singles (iii) Doubles.
- iii. The numbers of players in a team shall be minimum 2 and maximum 5 players.

## 22) TAEKWONDO (MEN AND WOMEN)

- i. Competition will be conducted as per rules of Taekwondo Federation of India/ Goa Taekwondo Association.
- ii. The use of approved protective equipment's like Groin Guard, Forearm Guard, Shin Guard, and Gum shield are compulsory.
- iii. It is mandatory for all participants to submit their Medical Certificate before weighing commences.
- iv. A college may field only two competitors in each of the weight category.
- v. The Competition shall be conducted in the following weight Categories;

Sr. No.	Weight Categories - Men	Weight Categories - Women
1	Not exceeding 54 Kgs	Not exceeding 46 Kgs
2	Over 54 & not exceeding 58 Kgs	Over 46 & not exceeding 49 Kgs
3	Over 58 & not exceeding 63 Kgs	Over 49 & not exceeding 53 Kgs
4	Over 63 & not exceeding 68Kgs	Over 53 & not exceeding 57Kgs
5	Over 68 & not exceeding 74 Kgs	Over 57 & not exceeding 62 Kgs
6	Over 74 & not exceeding 80Kgs	Over 62 & not exceeding 67Kgs
7	Over 80 & not exceeding 87Kgs	Over 67 & not exceeding 73Kgs
8	Over 87 Kgs	Over 73 Kgs

*\* Subject to change in accordance to the latest AIU rules*

- vi. Team championship will be decided by using Gold First Method (First on the number of gold medals won, then silver and bronze). If further tie exists, then both the tied colleges will be joint winners.

## 23) BASEBALL (MEN AND WOMEN)

- i. Competition will be conducted as per rules of Baseball Federation of India/ Goa Baseball Association.
- ii. Teams shall report in proper Baseball kit.
- iii. The maximum number of players in a team is 16.

**Note: While every effort has been made to make this compilation consistent with the records maintained in the Sports Section, Goa University, we are open minded to the possibility of an inadvertent error. We appeal to the reader to bring such errors to the notice of the Sports Section, Goa University (sports@unigoa.ac.in).**