



Goa University
Career Counselling Cell at
Directorate of Student Placement and Alumni Relations,
Goa University.
Report on UPSC Coaching Orientation at Sai Nursing Institute,
Sanquelim

1. Title of the Event/Activity/program	UPSC Coaching Orientation
2. Date and Time	Date: 10 th April 2025 Time: 11:30 AM – 12.30 Noon
3. Mode of conduct (Physical/Online)	Physical
4. School/ Directorate/ Section	Career Counselling Cell at Directorate of Student Placement and Alumni Relations, Goa University
5. Collaborating Agency/School/Directorate	---
6. Detail of the Resource Person (Brief biodata)	Dr. Rupesh E. Patre Dr. Arvind N. Haldankar Dr. Mridini Mahadev Gawas
7. Number of Faculty attended/participated	
8. Number of Student attended / participated	--
9. No. of external students/faculty/other participants	
10. The objectives of the Program/activity/event	1. Provide Comprehensive Understanding of UPSC Exam Structure: To familiarize

	<p>participants with the various stages, eligibility criteria, and pattern of the UPSC Civil Services Examination, helping them understand the nuances and scope of the exam.</p> <p>2. Introduce Effective Preparation Strategies: To guide students on how to develop a well-structured study plan, including time management techniques, choosing the right study materials, and understanding the importance of current affairs in the exam preparation.</p> <p>3. Enhance Awareness of Available Coaching Resources: To introduce students to the various coaching resources and platforms available, both online and offline, that can aid in their preparation for the UPSC exam.</p> <p>4. Motivate and Inspire Aspiring Candidates: To instill confidence and motivation in aspiring candidates by sharing success stories, tips, and insights from previous UPSC exam toppers, thereby encouraging them to pursue their goals with determination</p>
11. Description of the Program/activity/event	<p>On 10th April 2025, at 10:00 AM, the Career Counselling Cell at the Directorate of Student Placement and Alumni Relations, Goa University, organized an insightful and informative orientation program at Sai Nursing Institute, Sanquelim. The session aimed to introduce students to the upcoming "UPSC Coaching Program" to be conducted at Goa University, offering a comprehensive roadmap for those aspiring to pursue the prestigious Union Public Service Commission (UPSC) examination.</p> <p>The orientation was led by esteemed faculty members, including Dr. Rupesh E. Patre, Dr. Arvind N. Haldankar, and Dr. Mridini Mahadev Gawas, each bringing their expertise and experience in the field of UPSC preparation. During the session, the faculty members elaborated on the structure and stages of the UPSC exam, shedding light on effective strategies, resources, and study plans that are crucial for successful preparation. They provided practical insights into time management, resource selection, and staying updated with current affairs, which are vital for candidates aiming to succeed in this highly</p>

	<p>competitive examination.</p> <p>This orientation also focused on motivating students, empowering them with the knowledge and tools needed to navigate the challenges of UPSC preparation. With their expert guidance, the session served as an excellent opportunity for aspiring candidates to understand the importance of dedication, discipline, and a structured approach to their preparation journey.</p> <p>The event marked the beginning of an exciting opportunity for students at Goa University, offering them a clear pathway and robust support system for their UPSC coaching and exam preparation.</p>
12. Benefit/Key outcomes of the Program/activity/event	<p>1. Clarity on UPSC Exam Structure and Requirements: Students gained a clear understanding of the UPSC exam pattern, eligibility criteria, and the different stages of the selection process. This clarity helps them better prepare for the challenges ahead and plan their studies accordingly.</p> <p>2. Guidance on Effective Preparation Strategies: The orientation provided students with expert advice on how to develop a structured study plan, prioritize subjects, and manage time efficiently. These strategies are essential for students to begin their UPSC preparation with a clear direction and focus.</p> <p>3. Introduction to Available Resources and Support Systems: Participants were introduced to various coaching resources, study materials, and online platforms that can aid in their preparation. Moreover, they learned about the coaching program at Goa University, providing them with direct access to expert faculty and guidance.</p> <p>4. Increased Motivation and Confidence: The session motivated aspiring candidates by sharing success stories and providing inspiration from experienced mentors. This increased their confidence and encouraged them to pursue the UPSC exam with determination and perseverance.</p>
13. Enclosures with report	<p>Brochure, Notice, Geo-tag photos, Attendance of students/faculty/external participants, Bio</p>

	Data of resource person (if applicable), Any other information. Attached
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Signature: 
Chairperson, Career Counselling Cell

Signature 
Director, DSPAR
Seal of the School/Directorate/University





UPSC Orientation at Sai Nursing Institute and Goa College of Physiotherapy, Naturopathy and Yogic Science conducted by

Career Counselling Cell of Directorate of Student
Placement & Alumni Relations (DSPAR), Goa University

Our Mission

"To nurture and refine the potential of young individuals aspiring to become civil servants, instilling value-driven education that fosters responsible citizenship"

Why UPSC?

- Diverse Career Opportunities
- Job Security and Financial Stability
- Contribute to Nation Building
- Personal Growth and Development
- Inspiration and Role Model Status

Who can register?

- Existing final year students
- Any graduate students/Alumni from the state of Goa



Date:
10/04/2025

Resource Persons

Dr. Rupesh E. Patre
(Director, DSPAR)

Dr. Mridini M. Gawas
(Coordinator)

Dr. Sangeeta Dessai
(Co-Coordinator)

Patron

Prof. Harilal B. Menon
Vice-Chancellor



Venue: Goa University



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Sanquelim, Goa, India

Housing Board Colony, 1-2, Near Mahalaxmi
Temple, Harvalem, Sanquelim, Goa 403505, India
Lat 15.558722° Long 74.025527°
10/04/2025 12:23 PM GMT +05:30

Sai Nursing Institute and. Goa College of Physiotherapy.

ATTENDANCE SHEET FOR UPSC TRAINING AND COACHING PROGRAM

Sr. No.	Name of the student	Course/Year	Signature
01.	Nameeta Parab	FYBNYS	<i>Nameeta</i>
02.	Saloni Salgaonkar	FYBNYS	<i>Saloni</i>
03.	Decya Narvekar	FYBNYS	<i>Narvekar</i>
04.	Rashmi Bhandari	FYBNYS	<i>Bhandari</i>
05.	Samruya Salgaonkar	FYBNYS	<i>Salgaonkar</i>
06.	Aayushi Sangalkar	FYBNYS	<i>Sangalkar</i>
07.	Shruti Sawant	FYBNYS	<i>Sawant</i>
08.	Shantashree Naik	FYBNYS	<i>Naik</i>
09.	Preeti Jaidiya	FYBNYS	<i>Jaidiya</i>
10.	Bhumi P. Kewalikar	FYBNYS	<i>Kewalikar</i>
11.	Smriti S. Achurekar	FYBNYS	<i>Achurekar</i>
12.	Utkarsha D. Parab	FYBNYS	<i>Parab</i>
13.	Sanvi Bhowar	FYBNYS	<i>Bhowar</i>
14.	Garima Komarpant	FYBNYS	<i>Komarpant</i>
15.	Vaishnavi Mangelkar	FYBNYS	<i>Mangelkar</i>
16.	Nati Pavane.	TY BSc Nursing.	<i>Pavane</i>
17.	Divya Gaud.	TY BSc Nursing	<i>Gaud</i>
18.	Sanjana Gaonkar	TY BSc Nursing	<i>Gaonkar</i>
19.	Ashmita Ait Gaonkar	TY BSc Nursing	<i>Gaonkar</i>
20.	Sanika Sandesh Naik.	TY BSc Nursing.	<i>Naik</i>
21.	Tanisha Voltrikar.	TY BSc Nursing.	<i>Voltrikar</i>
22.	Siddhesh Sawant.	TY BSc Nursing	<i>Sawant</i>
23.	Rutvik Sineri	TY BSc Nursing	<i>Sineri</i>
24.	Shruti K. Banavalikar	TY BSc Nursing	<i>Banavalikar</i>
25.	Samiksha Majile	TY BSc Nursing	<i>Majile</i>
26.	Samiksha Gaud	TY BSc Nursing	<i>Gaud</i>
27.	Gauri Naik	TY BSc Nursing	<i>Naik</i>
28.	Darshna Naik	TY BSc Nursing	<i>Naik</i>
29.	Diya Naik	TY BSc Nursing	<i>Naik</i>
30.	Samiksha S. Gaud	TY BSc Nursing	<i>Gaud</i>
31.	Tanishaa S. Naik	TY BSc Nursing	<i>Naik</i>
32.	Pragati S. Naik	TY BSc Nursing	<i>Naik</i>
33.	Shankar Junjwadkar	TY BSc Nursing	<i>Junjwadkar</i>

34	Veda Chaudikar	TY BSc Nursing	<i>[Signature]</i>
35	Dinika P. Naik Desai	TY BSc Nursing	<i>[Signature]</i>
36	Neha N. Gokharankar	84 BPT	<i>[Signature]</i>
37	Somvada S. Salgoaker	84 BPT	<i>[Signature]</i>
38	Nidhi Naik	TY BSc Nursing	<i>[Signature]</i>
39	Subhodini Gaware	TY BSc Nursing	<i>[Signature]</i>
40	Sakshi Gaonkar	TY BSc Nursing	<i>[Signature]</i>
41	Pratisha Gaud	TY BSc Nursing	<i>[Signature]</i>
42	Saifi Pagi	TY BSc Nursing	<i>[Signature]</i>
43	Rachana Meti	TY BSc Nursing	<i>[Signature]</i>
44	Shravani Gaddi	TY BSc Nursing	<i>[Signature]</i>
45	Pranita Gurev	TY BSc Nursing	<i>[Signature]</i>
46	Sejal Gawde	TY BSc Nursing	<i>[Signature]</i>
47	Sanjana Bhandari	TY BSc Nursing	<i>[Signature]</i>
48	Samiksha Prabhugaonkar	TY BSc Nursing	<i>[Signature]</i>
49	Khushbu Kautankar	TY BSc Nursing	<i>[Signature]</i>
50	Priyanka Kerkar	TY BSc Nursing	<i>[Signature]</i>
51	Anushka Malvankar	TY BSc Nursing	<i>[Signature]</i>
52	Snehal Cardozo	TY BSc Nursing	<i>[Signature]</i>
53	Shubhangi Naik	TY BSc Nursing	<i>[Signature]</i>
54	Roma Colvankar	TY BSc Nursing	<i>[Signature]</i>
55	Shruti Bhiseji Ghadi	TY BSc Nursing	<i>[Signature]</i>
56	Girika Parab	TY BSc Nursing	<i>[Signature]</i>
57	Disha Tani	TY BSc Nursing	<i>[Signature]</i>
58	Geeta Mote	TY BSc Nursing	<i>[Signature]</i>
59	Kautika Patilkar	TY BSc Nursing	<i>[Signature]</i>
60	Mayurash Naik	TY BSc Nursing	<i>[Signature]</i>
61	Dhruvi Shirodkar	TY BSc Nursing	<i>[Signature]</i>
62	Fiza Shaikh	TY BSc Nursing	<i>[Signature]</i>
63	Ravina Mawlekar	TY BSc Nursing	<i>[Signature]</i>
64	Saloni Shirodkar	TY BSc Nursing	<i>[Signature]</i>
65	Seles Miranda	TY BSc Nursing	<i>[Signature]</i>
66	Dhanisha Ghadi	TY BSc Nursing	<i>[Signature]</i>
67	Vaishnavi G. Desai	TY BSc Nursing	<i>[Signature]</i>
68	Gangavi Naik	TY BSc Nursing	<i>[Signature]</i>

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