

## **Goa University**

### **Education Outreach Committee (SES-REC)**

### Report on 'Health for All' – An Education Outreach Initiative for the Well-being of the Kathkari Community

1. Title of the Event	Health for All – An Education Outreach Initiative for the Well-being of the Kathkari Community
2. Date and Time	15th March 2025   10:00 AM – 5:30 PM
<b>3. Mode of Conduct</b>	Physical
4. School / Directorate/ Section	Education Outreach Sub Committee – Unnat Bharat Abhiyan
5. Collaborating Agency	<ol> <li>Unnat Bharat Abhiyaan &amp; Swachh Bharat Student Internship (SBSI), SEC-REC - Provided technical and logistical support for the initiative, ensuring effective coordination and community outreach under its mandate of rural development and university-community engagement.</li> <li>Directorate of Health Services (PHC Shiroda) - Led the health screening and medical consultation component, offering general check- ups, maternal and child health consultations, immunization services, and free medicine distribution to beneficiaries.</li> <li>Human Touch Foundation - Provided nutritional support by arranging lunch for residents and volunteers, while also contributing to community welfare initiatives aligned with public health and</li> </ol>

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	social work interventions.
4.	Social Work, Women's Studies, Sociology Programme, Goa University & National Forensic Science University (NFSU), Goa Campus, Ponda - The Social Work, Women's Studies, Sociology Programmes of Goa University, and the National Forensic Science University (NFSU), Goa Campus, Ponda, played an integral role in the Mega Health Camp cum Health Awareness Programme through community engagement, mobilization, and awareness sessions.
	Faculty and student volunteers from these programmes conducted <b>sessions on hygiene</b> , <b>sanitation, nutrition, women's health, and</b> <b>preventive healthcare</b> , ensuring that the Kathkari community received <b>essential health information</b> <b>and services</b> . Additionally, they facilitated <b>interactive discussions, outreach activities, and</b> <b>logistical support</b> , contributing to the smooth execution of the camp.
	Their collective efforts helped bridge gaps in healthcare access and awareness, reinforcing the importance of education-driven community interventions in promoting health and well- being.
5.	Help and Help Charitable Trust & Grand Hyatt Goa – Sponsored hygiene kits, ensuring that community members received essential sanitation and personal care items to promote hygiene awareness.
6.	<b>Travel &amp; Tourism Association of Goa (TTAG)</b> <b>&amp; Anil Salgaocar Foundation</b> – Provided <b>additional refreshments and lunch</b> , ensuring <b>nutritional support</b> for all beneficiaries and volunteers at the camp.

6. Detail of the Resource Person (Brief biodata)	Dr. Siddhant Shet is a medical professional from Primary Health Centre (PHC) Shiroda, Directorate of Health Services (DHS), Goa. He has extensive experience in community healthcare initiatives, focusing on maternal and child health, non- communicable diseases, and preventive healthcare. Dr. Shet has actively led public health awareness campaigns, ensuring accessible healthcare services for rural and marginalized communities in Goa.
7. Number of Faculty attended/participated	4
8. Number of Student Attended / Participated	12 MSW Part I students, 2 Students from Women's Studies, Two Doctoral Students from Sociology
9. No. of external students/faculty/other participants	15 students & 2 Faculty (NFSU, Goa Campus, Ponda) Over 100 beneficiaries from the Kathkari community
10. Objectives of the Event	<ol> <li>To provide free healthcare services, including general check-ups, maternal and child health consultations, and immunizations.</li> <li>To raise awareness on hygiene, sanitation, nutrition, and women's health.</li> <li>To strengthen linkages between the community and government health services.</li> <li>To engage students in hands-on community health outreach and awareness programs.</li> </ol>
11. Description of the Event	The 'Health for All' – An Education Outreach Initiative for the Well-being of the Kathkari Community was successfully conducted in Nirankhal, bringing vital healthcare services to the marginalized Kathkari community. The initiative was led by Unnat Bharat Abhiyan and the Education Outreach Sub- Committee, in collaboration with Goa University, DHS (PHC Shiroda), Human Touch Foundation, and NFSU Goa Campus.
	The event commenced with a welcome address by Peter F. Borges, Member and Faculty Coordinator of the Education Outreach Sub-Committee, followed by an

	opening session led by Dr. Siddhant Shet and his team from PHC Shiroda, who conducted general health screenings, maternal and child health consultations, immunization services, and free medicine distribution. 15 student volunteers and two faculty members from NFSU Goa Campus played a crucial role in delivering awareness sessions on hygiene, sanitation, nutrition, and women's health, emphasizing the importance of preventive healthcare. MSW students from Goa University actively assisted in community mobilization, logistical coordination, and health education sessions. As part of the initiative, hygiene kits, sponsored by Grand Hyatt Goa and Help and Help Charitable Trust, were distributed to community members. The Travel and Tourism Association of Goa and the Anil Salgaocar Foundation generously provided snacks and refreshments, ensuring that all attendees were well taken care of throughout the event.
	In his address, Peter F. Borges stated: "This initiative truly embodies the spirit of the Education Outreach Sub-Committee and Unnat Bharat Abhiyan— bridging healthcare gaps and empowering marginalized communities. The collective effort of academic institutions, government agencies, and civil society organizations reinforces the impact we can achieve together. We are grateful to all partners and volunteers who made this event a success." The event concluded with an interactive community
	<b>session</b> , where beneficiaries shared their experiences and provided feedback, reinforcing the <b>importance of continued healthcare outreach efforts</b> .
12. Benefit/Key Outcomes of the Event	1. Healthcare Access: Over 100 community members received free medical consultations and services.
	2. Awareness & Sensitization: The community gained insights into hygiene, sanitation, nutrition, and maternal health.

	3. Student Engagement: MSW and NFSU students gained practical exposure in community health initiatives.
	4. Strengthened Partnerships: The initiative enhanced collaboration between academia, healthcare institutions, and NGOs.
13. Enclosures with report	<ul> <li>Copy of Event Poster</li> <li>Photos</li> <li>Attendance</li> <li>Newspaper Coverage Clipping</li> </ul>

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Peter Floriano Borges Member, Education Outreach Sub Committee

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Dr. Bidhan A. Shinkre Convenor, SEC-REC

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**Dr. Reshma Raut Dessai** Chairperson Education Outreach Sub Committee

**Dr. Jyoti Pawar** Director Directorate of Unnat Bharat Abhiyaan

Seal of the Directorate

Date: 15th March 2025





#### SOCIAL WORK PROGRAMME

D. D. Kosambi School of Social Sciences and Behavioural Studies Goa University

### **Health for All**

An Education Outreach Initiative for Well-being of Kathkari Community Because Good Health is a Right, Not a Privilege!

Join us in a mission to empower the **Kathkari community at Nirankhal**, with free healthcare services, awareness sessions, and essential support to build a healthier future!

Health Check-ups – BP, Diabetes, Anemia & More

- Maternal & Child Health Consultations
- **Dental Check-ups** & Oral Hygiene Awareness
- Immunization & Free Medicines
- **Hygiene Kits** Distribution
- **Expert Talks** on Health & Well-being

#### **Peter Floriano Borges**

Member/Faculty Coordinator Education Outreach Sub Committee Dr. Reshma Raut Dessai Chairperson Education Outreach Sub Committee

Dr. Bidhan A. Shinkre Convenor, SEC-REC

#### **Prof. Jyoti Pawar** Director, Unnat Bharat Abhiyaan



#### **Partners & Supporters**























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# 'Health for All' Education Outreach Initiative Brings Vital Healthcare Services to the Kathkari Community in Nirankhal

Team Goemkarponn

NIRANKHAL: A Mega Health Camp cum Health Awareness Programme, titled 'Health for All – An Education Outreach Initiative for the Wellbeing of the Kathkari Community,' was successfully conducted in Nirankhal on 15th March 2025, ensuring vital healthcare access to over 100 residents of the Kathkari community. The initiative was



led by the Education Outreach Sub-Committee under Unnat Bharat Abhiyan, Goa University, in collaboration with Directorate of Health Services (PHC Shiroda), Human Touch Foundation, and National Forensic Science University (NFSU), Goa Campus, Ponda. The camp aimed to bridge healthcare gaps by providing free medical consultations, awareness sessions, and essential support to build a healthier future for the community.

Medical professionals from PHC Shiroda, led by Dr. Siddhant Shet, conducted general health screenings, maternal and child health consultations, immunization services, and free medicine distribution, ensuring essential healthcare support for the community.