



Goa University

Directorate of Visiting Research Professor Programme

Report on Lecture Series

1. Title of the Event/Activity/program	Public lecture by Prof. Kaveri Gill on Topic: 1. Topic at GU: “The Middle Way View and Universal Ethics: Cognitive Transformation for a Good Life”. 2. Topic at ICG Goa: “Mastering the Mind for Human Flourishing: What the Nalanda Tradition Can Offer The Modern world ”.
2. Date and Time	20 th January to 24 th January 2025 At Goa University: 3:00 pm to 4:30 pm At ICG Goa: 6:00 pm to 7:30 pm
3. Mode of conduct (Physical/Online)	Physical
4. School/ Directorate/ Section	Directorate of Visiting Research Professor Dalai Lama Chair in Nalanda Studies, Goa University and Foundation for Universal Responsibility of HH The Dalai Lama.
6. Detail of the Resource Person (Brief biodata)	Enclosed
7. Number of Faculty attended/participated	04
8. Number of Student attended / participated	05
9. No. of external students/faculty/other participants	28

10. The objectives of the Program/activity/event	The primary objective of the lecture series, "The Middle Way view and Secular Ethics" was to bring about a cognitive change in the audience, to maximize happiness and reduce suffering in daily life. Though based on the teachings of the ancient Nalanda University, it was taught in the context of modern times.
11. Description of the Program/activity/event	<p>The program was inaugurated by Dr. Prakash Parienkar, who welcomed Prof Gill and she was introduced by Dr Anita Dudhane, the coordinator of the lecture series.</p> <p>Then Prof. Gill began her lecture series looking at the very nature of wo/man - whether he/she was programed to be selfish or altruistic. She looked at this issue minutely, by quoting various scholars from the fields of Economics, neuroscience and philosophy. She also looked at various studies Illuminating this very interesting topic.</p> <p>There were very good questions from the audience, which she answered.</p>
12. Benefit/Key outcomes of the Program/activity/event	Benefits of this lecture series - the participants were left understanding the nature of their minds, and seeing how their perception changed whether they perceived an incident as happiness or suffering. They were given tools to influence the outcome by changing their discriminatory faculties. Overall, the participants were very happy to be able to put this to work, in their daily lives. People mentioned their own experience, and how it benefited them, in the days of the classes.
13. Enclosures with report	Photos, Attendance of participants, Bio Data of resource person.

Bio Data

Prof. Kaveri Gill

Ven. Professor Kaveri Gill is Non-Resident Senior Fellow, Centre for Excellence in Himalayan Studies, Shiv Nadar University Institute of Eminence, Delhi-NCR, where she continues to teach. She completed her second BA, MPhil, doctoral studies and post-doctoral fellowships, during which she taught development economics and political economy, at the University of Cambridge, United Kingdom. Back in India, Kaveri worked in the government, multilateral organisations, and international development consultancies, before rejoining academia in 2017. She has published widely, including a field-building monograph on waste, *Of Poverty and Plastic: Scavenging and Scrap Trading Entrepreneurs in India's Urban Informal Economy* (Oxford University Press 2010). Kaveri completed the 6-year Nalanda Masters Course in Buddhist Philosophy in 2022 from Tibet House, New Delhi. By invitation, she served as the Principal of the Dalai Lama Institute for Higher Education, Bengaluru from 2021-22.

Poster

Directorate of Visiting Research Professors Programme
DALAI LAMA CHAIR IN NALANDA STUDIES, GOA UNIVERSITY
AND
FOUNDATION FOR UNIVERSAL RESPONSIBILITY
OF HH THE DALAI LAMA
BY

DR. KAVERI GILL

**VISITING RESEARCH PROFESSOR
UNDER**

DALAI LAMA CHAIR IN NALANDA STUDIES, GOA UNIVERSITY



FROM 20TH JANUARY TO 25TH JANUARY 2025

TOPIC: The Middle Way View and Universal Ethics: Cognitive
Transformation for a Good Life



🕒 3:00 PM TO 4.30 PM



D-VRPP Seminar Hall, Directorate Block, Goa
University

Participants: Any Student at the Goa
University is welcome to register. Lecture
Series is open and free for students &
general public, but registration is
compulsory.

Participation Certificate will be issued to all
those who maintain minimum 75%
attendance for the lecture series.

JOIN UFOR DETAIL AND ONLINE REGISTRATION:

www.unigoa.ac.in

LECTURE SERIES COORDINATOR: DR. ANITA DUDHANE



DR. PRAKASH S PARIENKAR
DIRECTOR, VRPP
(vrpp@unigoa.ac.in)



VRPP LECTURE

TOPIC

**Mastering the Mind for Human
Flourishing: What the Nalanda
Tradition Can Offer the Modern World**

BY



PROF. KAVERI GILL

**VISITING RESEARCH PROFESSOR
UNDER
DALAI LAMA CHAIR IN NALANDA
STUDIES, GOA UNIVERSITY**

CO-ORGANISED BY

**THE INTERNATIONAL CENTRE GOA
AND
VISITING RESEARCH PROFESSORS PROGRAMME (VRPP), GOA UNIVERSITY**

**Refreshment will be served at 5.30 p.m.
Free & Open to all**

CO CHAIRS

**SHRI. YATIN KAKODKAR
PRESIDENT-ICG**

**DR. PRAKASH S. PARIENKAR
DIRECTOR, VRPP**

 **FRIDAY 24th JANUARY 2025 | 6.00 P.M. - 7.30 P.M.**

 **MANDOVI HALL || INTERNATIONAL CENTRE GOA || DOANA PAULA**



SCAN QR CODE FOR VENUE

Attendance Sheet

ATTENDANCE SHEET					
Attendance Sheet for Public Lecture					
Event : Public Lecture on topic : The Middle Way View and Universal Ethics; Cognitive Transformation for a Good Life					
Speaker : Dr. Kaveri Gill					
Date : 20.1.2025					
Time : 3.00 A.M. -4.30 P.M.					
Venue : D-VRPP Seminar Hall , Directorate Block, Goa University					
Sr.No	Name of	Student/General Public	Institution/Organization	Email/Contact No.	Signature
1	Minal Shirodkar	Faculty	Goa University	9922494519	
2	Maria Anta Fernandes	General Public		9579385899	
3	Sharika Jemdes	General Public	Panjim	9822128745	
4	R.M. DSOUZA	G.P.	PRIVATE	9421246600	
5	Genevieve Souza	GP	Private	9404403223	
6	Dr. Dinesh Veena	General Public	Dumfries	7042809368	
7	Dr. Keering Datta	General Public	private	7051182479	
8	Dr. Neema Tashi	//	//	9596843716	
9	Shilpa S. Sagarak	Public	Private	9420686809	
10	Vanora V. Vohra	G.P.	Private	8554966022	
11	Ashok Muladivan	gp.	Private	9819472350	
12	Divya Mahesh	-	-	9821032074	
13	C.P. Vijayadharan	G.P.	-	9496171735	
14	Chander Shekhar	GP	Private	931028004	
15	Anurvi	Ph.D Philosophy	SSPIS, GU	9952573016	
16	Rindia Vaz	G.P.	-	9620514246	
17	Sumankharokar	Student	-	7350822115	
18	ASHA MARY KOSHY	public	public	9359133412	
19	Pudha Vijaya Charam	public	public	9961412673	
20	Pravara P. Kamble	LLM-I	manohar parrikar school of law	9607814243	
21	Nirmala Velip	LLM-I	MPS - Law	9168901579	
22	Anita Duthar	Dr.	Panjim	989047122	
23	Barkash Parient	Roulpar/teach	GU	8390303540	
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ATTENDANCE SHEET					
Attendance Sheet for Public Lecture					
Event : Public Lecture on topic : The Middle Way View and Universal Ethics; Cognitive Transformation for a Good Life					
Speaker : Dr. Kaveri Gill					
Date : 21.1.2025					
Time : 3.00 P.M. - 4.30 P.M.					
Venue : D-VRPP Seminar Hall , Directorate Block, Goa University					
Sr.No	Name of	Student/General Public	Institution/Organization	Email/Contact No.	Signature
1	Anita Dudhane	Gen Public	De.	ardudhane@gmail.com	<i>[Signature]</i>
2	Dinesh Verma	Gen Public	Dinesh Verma	dinesh.verma@gmail.com	<i>[Signature]</i>
3	Sharika Senand	General Public	Clinical psychologist	sharikaf@gmail.com	<i>[Signature]</i>
4	Anita Senand	General Public		anita.senand@gmail.com	<i>[Signature]</i>
5	Genevieve Souza	"	"	dsouza.gm@gmail.com	<i>[Signature]</i>
6	R.M. DSOUZA	"	"	gmail.com	<i>[Signature]</i>
7	Minal Shirodke	Faculty	Goa University	9923494179	<i>[Signature]</i>
8	Rajavi Nair	Faculty	Goa University	rajavi@unigoa.ac.in	<i>[Signature]</i>
9	Sneha B. Ghadi	Faculty	Goa Uni	sneha.ghadi@unigoa.ac.in	<i>[Signature]</i>
10	Shilpa S. Sayarak	Private		shsagt7@gmail.com	<i>[Signature]</i>
11	Vanora V. Chob	Private	Counselling Psychologist	8554966022	<i>[Signature]</i>
12	Anuxi	Ph.D in philosophy	SSPTS, GV	9952573016	<i>[Signature]</i>
13	Dipanki Senik	Ph.D in philosophy	BSPIIS, GVU	9886032083	<i>[Signature]</i>
14	Tranha Loph	Faculty	GV	86985200	<i>[Signature]</i>
15	Norma May	Faculty	Pg. U.	9309531736	<i>[Signature]</i>
16	Sudha Vijayadharma	General Public		9961412673	<i>[Signature]</i>
17	ASHA MARY KOSHY	" "	Public	9359133412	<i>[Signature]</i>
18	Suman, Kharolik	"	"	7350821115	<i>[Signature]</i>
19	C.P. Vijayadharan	General Public	"	9496171735	<i>[Signature]</i>
20	CHANDER SHEKHAR	Gen. Public	G P	9310280042	<i>[Signature]</i>
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ATTENDANCE SHEET					
Attendance Sheet for Public Lecture					
Event : Public Lecture on topic : The Middle Way View and Universal Ethics; Cognitive Transformation for a Good Life					
Speaker : Dr. Kaveri Gill					
Date : 22.1.2025					
Time : 3.00 P.M. - 4.30 P.M.					
Venue : D-VRPP Seminar Hall , Directorate Block, Goa University					
Sr.No	Name of	Student/General Public	Institution/Organization	Email/Contact No.	Signature
1	Amita Surlane	gen public	DR.	ardudho@gmail.com	Amita
2	Sharika Fernandez	general public	clinical psychologist	sharikafp@gmail.com	Sharika
3	Amita Fernandez	general public		amita.fernandes@gmail.com	Amita
4	Genieve Dsouza	n		dsouza.gm@gmail.com	Genieve
5	R.M. JSOUZA			9421246600	R.M. JSOUZA
6	CHANDER SHEKHAR			79310280042	CHANDER SHEKHAR
7				9496171735	
8	C.P. Vijayachandran	g. p.		9168201579	C.P. Vijayachandran
9	Nimisha Velup			9923494519	Nimisha Velup
10	Minel Shirakar	faculty	Goa University	9923494519	Minel Shirakar
11	Rajani Naik	Faculty	Philosophy, Goa University	9923494519	Rajani Naik
12	Shirpa S. Sanyal	Public		9426686809	Shirpa S. Sanyal
13	Vandana V. Hobo	Public		8554966022	Vandana V. Hobo
14	Bhavana Singh	Student (Research)	Philosophy, GU	9368348331	Bhavana Singh
15	Diksha Rati	Researcher	SSPIS GU	8318868261	Diksha Rati
16	Anuvi	Ph.D Philosophy	SSPIS GU	9952573016	Anuvi
17	Dipanki Sankar	Ph.D Philosophy	SSPIS GU	9886032089	Dipanki Sankar
18	Bindu Vaz	GP		9620514246	Bindu Vaz
19	Simran Chavakker			7850822115	Simran Chavakker
20	Sudha Vijayachandran	g. public		996142673	Sudha Vijayachandran
21	ASHA MARY KOSHY	"		9359133412	ASHA MARY KOSHY
22	Norma Illyes	Ep. University	SSPIS	9309531736	Norma Illyes
23	Dinesh Verma	Gen Public	Dumfries Vira	2042809360	Dinesh Verma
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ATTENDANCE SHEET					
Attendance Sheet for Public Lecture					
Event : Public Lecture on topic : The Middle Way View and Universal Ethics; Cognitive Transformation for a Good Life					
Speaker : Dr. Kaveri Gill					
Date : 23.1.2025					
Time : 3.00 P.M. - 4.30 P.M.					
Venue : D-VRPP Seminar Hall , Directorate Block, Goa University					
Sr.No	Name of	Student/General Public	Institution/Organization	Email/Contact No.	Signature
1	Amila Pereira	General public		amilafernandes72@gmail.com	Amila
2	Shreika Joshi	General public	psychologist	shreika.joshi@gmail.com	Shreika
3	R.M. DSOUZA	—		dsouza.rm@gmail.com	R.M. DSOUZA
4					
5					
6	Genevieve Dsouza	GP	—	dsouza.gm@gmail.com	Genevieve
7					
8	Ganika Sonagi	Faculty	DDKSSBS	ganika@ddkssbs.ac.in	Ganika
9	Chander Shekhar	GP	GP	CSSHARMA19@gmail.com	Chander
10	C.P. VIJAYASHARAN	GP	GP	CPV1971235@gmail.com	C.P. VIJAYASHARAN
11	Shilpa S. Sanyal	Public		shsanyal77@gmail.com	Shilpa
12	Minal Shiradkar	Faculty	Goa University	9923494519	Minal
13	Vedha Shiradkar	Student	ID Institute		Vedha
14	Vanora V. Lobo	Public	—	8554966022	Vanora
15	Dipanki Seukia	Research scholar	SSPIS	9984032009	Dipanki
16	Dinesh Verma	Gen. Public	Dumfries Vismata	7042809368	Dinesh
17	Bindu Vaz	Gen. Public	—	9620514246	Bindu
18	Sumantharavalli	—	—	735822115	Sumantharavalli
19	Sudha Vijayacharan	General Public	—	9961412673	Sudha
20	ASHA MARY KOSTY	"	—	9359133412	Asha
21	Johanna / 216			849665505	Johanna
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ATTENDANCE SHEET					
Attendance Sheet for Public Lecture					
Event : Public Lecture on topic : The Middle Way View and Universal Ethics; Cognitive Transformation for a Good Life					
Speaker : Dr. Kaveri Gill					
Date : 24.1.2025					
Time : 3.00 P.M. - 4.30 P.M.					
Venue : D-VRPP Seminar Hall , Directorate Block, Goa University					
Sr.No	Name of	Student/General Public	Institution/Organization	Email/Contact No.	Signature
1	Anta Andlana	GP	Physica	andad6@gmail.com	AK
2	Quita fernandes			quita.fernandes72@gmail.com	Pravara
3	Sheika fernandes	general public	clinical psychol	sheika.fernandes@gmail.com	Sheika
4	R.M. D'SOUZA			dsoouza.rm@gmail.com	R.M. D'SOUZA
5	Genevieve D'Souza	"		dsoouza.gm@gmail.com	Genevieve D'Souza
6	CHANDER SHEKHAR SHARMA	IL		CSHARMA19@gmail.com	Chander
7	C.P.VIJAYAHARAN	General Public		9496171735	C.P.VIJAYAHARAN
8	Akruvi	Ph.D in Philosophy	CSPIG, GU	9952573016	Akruvi
9	Shilpa S. Sengupta	Republic		9420686801	Shilpa S. Sengupta
10	Varsha V. Lobo	Public		8554966022	Varsha V. Lobo
11	Dipanki Seikha	Research scholar	CSPIG, GU	9886032059	Dipanki Seikha
12	Dinesh Verna	Gen Public (Dr)	Bunfair Vignarati	7642609365	Dinesh Verna
13	Snadha Vijayakumar	G. Public		9961412673	Snadha Vijayakumar
14	ASHA MARY KOSHY	Gen Public		9359133412	Asha Mary Koshy
15	Sumeet Chavhan			7350922115	Sumeet Chavhan
16	Bhishu Vaz			9620514246	Bhishu Vaz
17	Vedha	Students	T.D. Institute		Vedha
18	Minal Shirodkar	Faculty	Goa University	9922494514	Minal Shirodkar
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ATTENDANCE SHEET					
Attendance Sheet for Public Lecture					
Event : Public Lecture on topic : MASTERING THE MIND FOR HUMAN FLOURISHING: WHAT THE NALANDA TRADITION					
Speaker : Dr. Kaveri Gill					
Date : 24.1.2025					
Time : 6.00 P.M. - 7.30 P.M.					
Venue : Zuari Hall, ICG, Dona Paula Goa.					
Sr.No	Name of	Student/General Public	Institution/Organization	Email/Contact No.	Signature
1	Suyet Donaze	Scientist CCE	Centre for Env. Ed.	donaze.suyet@gmail.com	Suyet
2	Ravi Dudhni	General Public	—	—	Mun
3	Sonal Lahiri	G. Public	—	bibayrdp@gmail.com	SAL
4	Kay Lakshma	G. Public	—	kaylakshma60@gmail.com	KL
5	SUNITHA BASU	G. Public	—	saunb@hotmai.com	SBS
6	Perveen Anandkar	G. Public	—	pmalakkar@gmail.com	PA
7	Prasad Malik	—	—	prasad@univgoa.ac.in	PM
8	Pragatya Anand	Student	—	pn@univgoa.ac.in	PA
9	Dr. Parvati Parvati	G. Teacher	—	parvati@univgoa.ac.in	PP
10	Anita Dudhni	G. Public	—	anandudh@gmail.com	AD
11	Pavesh Chodankar	Goa University Staff	—	chodankar.pavesh@gmail.com	PC
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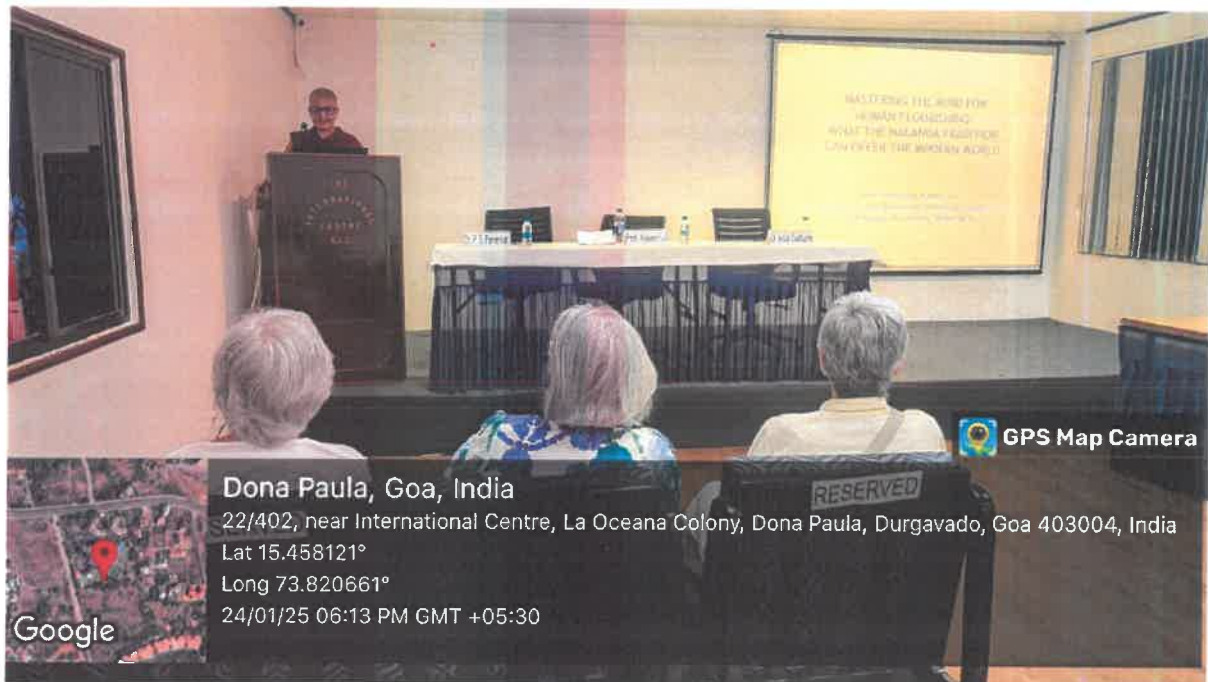
Photos











Signature:

Anita Dudhane

Name of coordinator: Dr. Anita Dudhane

Designation: Doctor

Date: 24th January, 2025



Signature

[Signature]
 21/1/25

Director, VRPP

**Director
 VISITING RESEARCH
 PROFESSORS PROGRAMME**