



# **GOA UNIVERSITY**

**Sports Section**

**Taleigao Plateau Goa 403 206**

**37<sup>th</sup> INTER-COLLEGIATE**

**ATHLETIC MEN & WOMEN CHAMPIONSHIP  
2024- 2025**

**From**

**27<sup>th</sup> February to 01<sup>st</sup> March, 2025**

**at**

**Athletics Stadium, Bambolim**

## **ORGANISING COMMITTEE**

<b>Chairman</b>	Prof. Harilal B. Menon, Vice Chancellor
<b>President</b>	Prof. Sunder N. Dhuri, Registrar
<b>Organizing Secretary</b>	Mr. Balachandra B. Jadar, Asst. Director of Physical Education & Sports
<b>Members</b>	College Directors of Physical Education of all Colleges, affiliated to Goa University
<b>Managers of the Championship</b>	Mr. Avidh A. Morajkar Mr. Krishna S. Parsenkar
<b>Technical Managers</b>	Mr. Shripad Kundaikar (Start) Mr. P.D. Shashikumar (Track) Mrs. Devi Gaonkar (Throws) Mr. Digambar Narvekar (Jumps)

# **A SPORTSPERSON'S PRAYER**

Dear Lord,

In the battle that runs through life,

I ask but a field that is fair.

A chance which is equal to all the strife,

the courage to do and dare.

If, I should win, let me be not proud,

If, I should loose, let me stand in the crowd and cheer

as the winners go by.

God, teach me to conquer, if, conquer I can

having shown my worth in fray.

If, I should loose, let me loose like a Good Person

and not like a coward, I pray.

Let me say here, they ride who kept code

they were better than I.

Let me stand with a smile by the side of the road

and cheer as the winners go by.

## **OATH**

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We Promise that

We All Will Take Part

In Goa University's

37<sup>th</sup> Inter-Collegiate Athletic Championship 2024-2025

In Loyal Competition

Respecting & abiding by the Rules & Regulations

And in the spirit of fair play.

We all commit ourselves to Sport without Doping & Cheating

And

Desirous of Participating In Them

In The True Spirit of Sportsmanship

For The Honour of Our College

And for The Glory Of Sports

**Goa University**  
**Records in Inter-Collegiate Athletic**  
**Championships**  
From 1987-1988 to 2023-2024

YEAR	MEN	EVENTS	WOMEN	YEAR
22-23	14.50.95	5000 M Run	21:13.63	96-97
19-20	12.79	Shot Put	11.18	95-96
19-20	10.7	100 M Run	12.1	18-19
16-17	22.3	200 M Run	26.00	18-19
16-17	48.73	400 M Run	1:01.27	93-94
18-19	1:58.30	800 M Run	2:32.78	92-93
18-19	4:12.5	1500 M Run	5:16.87	92-93
-----	-----	3000 M Run	11:42.66	96-97
		5000 M Run		
19-20	32:53.2	10000 M Run	-----	-----
-----	-----	100 M Hurdles	16.20	93-94
18-19	16.30	110 M Hurdles	-----	-----
94-95	57.91	400 M Hurdles	1:13.6	19-20
19-20	44.9	4 x 100 M Relay	54.46	09-10
17-18	3:35.1	4 x 400 M Relay	4:33.34	<b>23-24</b>
18-19	1Hrs52:10	20 Km Walk	-----	-----
93-94	3.07	Pole Vault	-----	-----
97-98	36.96	Discus Throw	35.69	94-95
19-20	49.56	Javelin Throw	33.68	95-96
<b>23-24</b>	34.23	Hammer Throw	-----	-----
19-20	6.99	Long Jump	5.48	17-18
07-08	1.90	High Jump	1.50	00-01
17-18	13.70	Triple jump	10.56	19-20
19-20	5075	Decathlon	-----	-----
-----	-----	Heptathlon	2543	<b>23-24</b>

## OFFICIALS FOR THE MEET

Technical Delegate	Mrs. Vrunda Vernekar	
Referee for the Track	Mr. Shripad Kundaikar / Mr. P.D Shashikumar	
Referee for Throws	Mrs. Devi B. Gaonkar	
Referee for Jumps	Mr. Digambaer Narvekar / Mrs. Karishma Narvekar	
Judges at Finish	Mr. Saish Goltekar Mr. Audumber Tamse Mr. Teddy Cardozo	Dr. Elroy Pinto Mr. Vincy Fernandes
Time Keepers	Mr. Sagar Palconda Mrs. Snehal More Mr. Digamber Narvekar	Mr. Aaron Pereira Ms. Desiree Pereira
Track umpires	Mr. Akash Parab Mr. Shubham Shetgaonkar	Mr. Prathamesh Salgaocar
Discus & Javelin Throw	Mr. Adarsh Gaonkar Mr. Nandesh Gaonkar	Mrs. Jonita Fernandes Mr. Sachin Persekar
Hammer & Shot Put	Dr. Manoj Hede Mr. Sagar Naik Mr. Suraj bhaidkar	Mr. Bala Naik Mr. Saurabh Raikar
Long Jump & Triple Jump	Dr. Savio Fernandes Mr. Joston Cardoz Mrs. Sonali Shetyekar	Mr. Gauresh Kamat Mr. Sachin Naik
High Jump & Pole Vault	Mr. Sanket Jotkar Mr. Rohit Naik Mr. Kunal Shirodkar	Dr. Satyavan Harmalkar Ms. Prissie Fernandes
Starters	Mr. Ashish Naik Mr. Shripad Kundaikar Mr. Shadab Shaikh	Mr. Ryan Pereira Mr. Linus Dias
Call Room officials	Mrs. Betty D'Silva Mrs. Joslyn D'souza	Ms. Synora Picardo Mr. Roger Fernandes
Announcers (Opening & Closing)	Cap.Dr. Sam Braganza Mrs. Melinda Pereira	Dr. Michael Dias
Records/Ceremonies/Equipments/ Refreshment	Mr. Avidh Morajkar Dr. S. R. Gaonkar Mrs. Clency Pereira	Mr. Krishna Parsenkar Dr. Ajith Gopi Mrs. Ayesha Alvares
Combined Events and Equipment Coordinator	Mrs. Sarika Rathod	Mr. Dewaraj Hirekurabar
Volunteer Coordinator	Ms. Jessica D'Abreo	Ms. Nehal Mandrekar
Officials Coordinator	Dr. Savio Leitao	Mr. Pandurang Naik

**37th INTER-COLLEGIATE  
ATHLETIC MEN AND WOMEN CHAMPIONSHIP  
2024- 2025  
Order of Events  
DAY- 1 - 27-02-2025**

EVENT NO.	TIMING	EVENT NAME	ROUND
	09:00 AM	<b>OPENING CEREMONY</b>	
4	10:00 AM	800 M RUN-MEN	HEATS
31	10:00 AM	SHOT PUT-WOMEN	FINAL
12	10:00 AM	DISCUSS THROW-MEN	FINAL
25	10:10 AM	800 M RUN-WOMEN	HEATS
1	11:00 AM	100 M RUN-MEN	HEATS
15	11:00 AM	HIGH JUMP-MEN	FINAL
22	11:30 AM	100 M RUN-WOMEN	HEATS
33	11:30 AM	JAVELIN THROW-WOMEN	FINAL
21	12:10 PM	4X400M RELAY-MEN	HEATS
39	12:40 PM	4X400M RELAY-WOMEN	HEATS
<b>LUNCH</b>			
14	02:30 PM	JAVELIN THROW-MEN	FINAL
1	02:30 PM	100 M RUN-MEN	SEMI-FINAL
22	02:45 PM	100 M RUN-WOMEN	SEMI-FINAL
4	03:00 PM	800 M RUN-MEN	FINAL
36	03:00 PM	TRIPLE JUMP-WOMEN	FINAL
18	03:00 PM	POLE VAULT-MEN	FINAL
25	03:10 PM	800 M RUN-WOMEN	FINAL
21	03:20 PM	4X400M RELAY-MEN	FINAL
39	03:30 PM	4X400M RELAY-WOMEN	FINAL
1	03:40 PM	100 M RUN-MEN	FINAL
22	03:50 PM	100 M RUN-WOMEN	FINAL
6	04:15 PM	10000 M RUN-MEN	FINAL
28	04:50 PM	5000 M RUN-WOMEN	FINAL

***Note: Schedule is subject to alterations as per requirements for successful conduct of the event.***

**37th INTER-COLLEGIATE**  
**ATHLETIC MEN AND WOMEN CHAMPIONSHIP**  
**2024- 2025**  
**Order of Events**  
**DAY- 2 - 28-02-2025**

<b>EVENT NO.</b>	<b>TIMING</b>	<b>EVENT NAME</b>	<b>ROUND</b>
8	06:30 AM	20 KM RACE WALK-MEN	FINAL
5	09:30 AM	1500 M RUN-MEN	FINAL
26	09:30 AM	1500 M RUN-WOMEN	FINAL
11	09:30 AM	SHOT PUT-MEN	FINAL
16	09:30 AM	LONG JUMP-MEN	FINAL
29	10:15 AM	100 M HURDLES-WOMEN	T.T
37	10:30 AM	HEPTATHLON-WOMEN- 100 M HURD	T.T
9	10:45 AM	110 M HURDLES-MEN	T.T
19	10:50 AM	DECATHLON-MEN- 100 M	T.T
3	11:15 AM	400 M RUN-MEN	HEATS
19	11:45 PM	DECATHLON-MEN- LONG JUMP	FINAL
37	11:45 AM	HEPTATHLON-WOMEN- HIGH JUMP	FINAL
24	12:00 PM	400 M RUN-WOMEN	HEATS
38	12:30 PM	4X100 M RELAY-WOMEN	HEATS
20	12:40 PM	4X100 M RELAY-MEN	HEATS
<b>LUNCH</b>			
3	02:00 PM	400 M RUN-MEN	FINAL
19	02:00 PM	DECATHLON-MEN- SHOT PUT	FINAL
32	02:00 PM	DISCUSS THROW-WOMEN	FINAL
24	02:15 PM	400 M RUN-WOMEN	FINAL
35	02:30 PM	LONG JUMP-WOMEN	FINAL
37	02:30 PM	HEPTATHLON-WOMEN- SHOT PUT	FINAL
38	02:30 PM	4X100 M RELAY-WOMEN	FINAL
20	02:40 PM	4X100 M RELAY-MEN	FINAL
19	03:15 PM	DECATHLON-MEN- HIGH JUMP	FINAL
37	03:30 PM	HEPTATHLON-WOMEN- 200 M	T.T
19	03:50 PM	DECATHLON-MEN- 400 M	T.T

**Note: Schedule is subject to alterations as per requirements for successful conduct of the event.**

**37th INTER-COLLEGIATE  
ATHLETIC MEN AND WOMEN CHAMPIONSHIP  
2024- 2025**

**Order of Events**

**DAY- 3 - 01-03-2025**

EVENT NO.	TIMING	EVENT NAME	ROUND
7	09:00 AM	5000 M RUN-MEN	FINAL
27	09:00 AM	3000 M RUN-WOMEN	FINAL
37	09:30 AM	HEPTATHLON-WOMEN LONG JUMP	FINAL
13	09:30 AM	HAMMER THROW-MEN	FINAL (Venue: Goa University Ground)
2	09:45 AM	200 M RUN-MEN	HEATS
23	10:30 AM	200 M RUN-WOMEN	HEATS
19	11:15 AM	DECATHLON-MEN 110 M HURD	T.T
34	11:15 AM	HIGH JUMP-WOMEN	FINAL
37	11:30 AM	HEPTATHLON-WOMEN JAVELIN	FINAL
17	11:30 AM	TRIPLE JUMP-MEN	FINAL
40	11:30 PM	4X400 M MIXED RELAY	HEATS
2	12:00 PM	200 M RUN-MEN	SEMI-FINAL
23	12:15 PM	200 M RUN-WOMEN	SEMI-FINAL
19	12:15 PM	DECATHLON-MEN DISCUSS THROW	FINAL
<b>LUNCH</b>			
10	02:00 PM	400 M HURDLES-MEN	T.T
19	02:00 PM	DECATHLON-MEN POLE VAULT	FINAL
30	02:15 PM	400 M HURDLES-WOMEN	T.T
19	03:00 PM	DECATHLON-MEN JAVELIN THROW	FINAL
37	03:15 PM	HEPTATHLON-WOMEN 800 M	T.T
2	03:30 PM	200 M RUN-MEN	FINAL
23	03:35 PM	200 M RUN-WOMEN	FINAL
19	03:45 PM	DECATHLON-MEN 1500 M	FINAL
40	04:00 PM	4X400 M MIXED RELAY	FINAL
	04:30 PM	<b>CLOSING CEREMONY</b>	

**Note: Schedule is subject to alterations as per requirements for successful conduct of the event.**