

## Goa University

### Discipline of Philosophy, School of Sanskrit, Philosophy and Indic Studies

# Report on "Navigating Moral Dilemmas in Digital Motherhood"

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1. Title of the Event/Activity/program	Online guest lecture on "Navigating Moral Dilemmas in Digital Motherhood"
2. Date and Time	28 June ( 2024   from 3:00 PM to 5:00 PM IST
3. Mode of conduct (Physical/Online)	Physical
4. School/ Directorate/ Section	School of Sanskrit, Philosophy and Indic Studies
5. Detail of the Resource Person (Brief biodata)	Dr. Suyasha Singh Isser is an Assistant Professor at the Amity Institute of Social Sciences, Amity University, Noida. She holds a BA in Philosophy from Lady Sri Ram College, New Delhi, an MA and PhD from the University of Delhi, and an M.Phil from the University of Hyderabad. Dr. Isser has previously taught at Hindu College and Lady Shri Ram College. She actively participates in national and international conferences, serves as a guest lecturer and resource person, and publishes in esteemed journals. Her research interests include Social and Political Philosophy, Feminism, Ethics, and Indian Philosophy. Additionally, she serves as a reviewer for Scopus-indexed journals.
6. No. of participants	29
7. The objectives of the Program/activity/event	This lecture aimed to explore the multifaceted impact of the digital age on motherhood, specifically focusing on moral dilemmas related to self-comparison on social media, second-guessing parenting practices, and

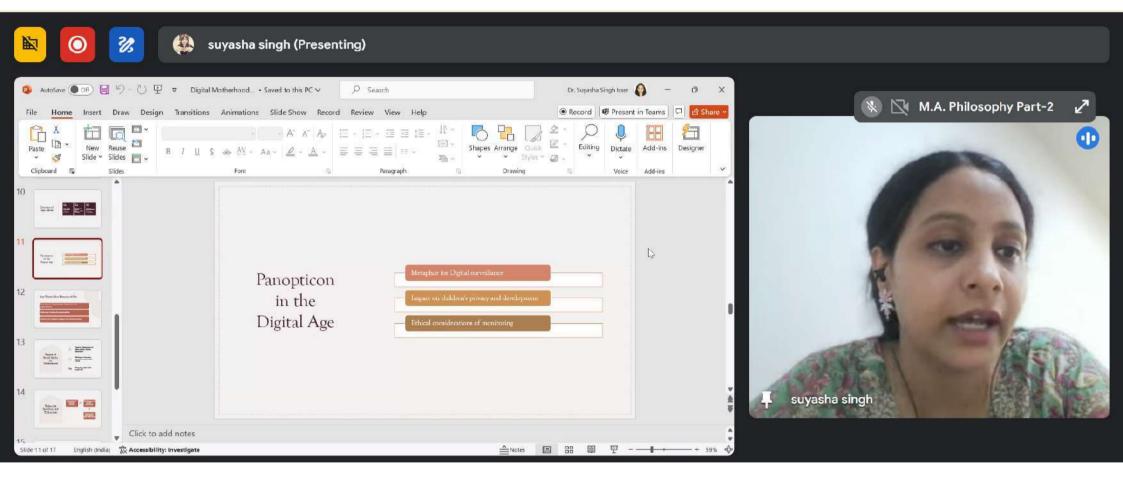
	balancing intuition with technological reliance. It sought to examine how modern mothers navigate an increasingly complex landscape shaped by technological advancements, social media proliferation, and the omnipresence of digital information. By applying principles of care ethics articulated by Carol Gilligan and Nel Noddings, the lecture intended to propose strategies for addressing ethical concerns arising from AI technologies in parenting, highlighting both their potential benefits and risks.
8. Benefit/Key outcomes of the Program/activity/event	The lecture emphasized the application of care ethics in guiding AI to be a tool for empowerment, promoting digital literacy, and fostering a more inclusive and equitable digital landscape for mothers. Principles such as relational interdependence, empathy, and moral responsibility are crucial for ensuring that AI supports rather than undermines maternal well-being. Discussions highlighted the importance of prioritizing transparency, inclusivity, data minimization, and empowerment through education to mitigate privacy risks and promote ethical practices. The lecture argued that understanding moral dilemmas in digital motherhood is crucial for supporting mothers during their transition to parenthood, helping them develop confidence in their parenting abilities and maintain their mental health.
. Enclosures with report	The recording of the lecture is available at <a href="https://youtu.be/83P7eJABIX0">https://youtu.be/83P7eJABIX0</a> . Poster and attendance sheet.

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Date: 03/07/2024/NIVERSITY

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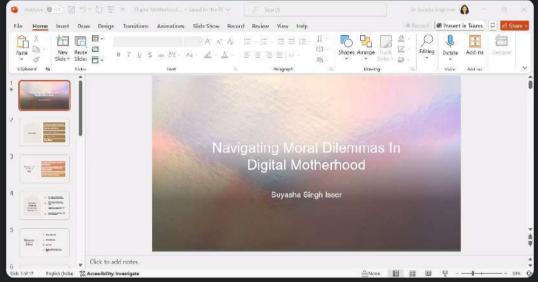








suyasha singh (Presenting)











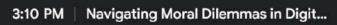






















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# SCHOOL OF SANSKRIT, PHILOSOPHY AND INDIC STUDIES GOA UNIVERSITY



cordially invites everyone for a lecture on

# NAVIGATING MORAL DILEMMAS IN DIGITAL MOTHERHOOD

by

Dr. Suyasha Singh Isser
Assistant Professor (Philosophy), Amity Institute of Social Sciences,
Amity University, Noida

Date & Time:
Friday, 28 June 2024
3.00 PM to 5.00 PM IST

Event link:

https://meet.google.com/tnw-gnrr-sdj

#### SPEAKER BIO

Dr. Suyasha Singh Isser is an Assistant Professor at the Amity Institute of Social Sciences, Amity University, Noida. She holds a BA in Philosophy from Lady Sri Ram College, New Delhi, an MA and Ph.D. from the University of Delhi, and an M.Phil from the University of Hyderabad. Dr. Isser has previously taught at Hindu College and Lady Shri Ram College. She actively participates in national and international conferences, serves as a guest lecturer and resource person, and publishes in esteemed journals. Her research interests include Social and Political Philosophy, Feminism, Ethics, and Indian Philosophy. Additionally, she serves as a reviewer for Scopusindexed journals.

### **ABSTRACT**

The advent of the digital age has profoundly altered various aspects of life, with motherhood being no exception. Modern mothers navigate an increasingly complex landscape shaped by technological advancements, social media proliferation, and the omnipresence of digital information. This paper explores the impact of the digital age on motherhood, focusing on moral dilemmas related to self-comparison on social media, second-guessing parenting practices, and balancing intuition with technological reliance. The integration of Artificial Intelligence (AI) into parenting practices offers significant benefits, such as enhanced access to information and personalized support, but also poses challenges, including privacy risks and potential overreliance on technology. Care ethics, as articulated by Carol Gilligan and Nel Noddings, provides a framework for addressing these challenges. Key principles such as relational interdependence, empathy, and moral responsibility are emphasized to ensure AI technologies support rather than undermine mothers' well-being. Ethical AI development should prioritize transparency, inclusivity, data minimization, and empowerment through education. By applying care ethics, AI can be a tool for empowerment, promoting digital literacy, and fostering a more inclusive and equitable digital landscape for mothers. Understanding these dilemmas is crucial for supporting mothers during their transition to parenthood, helping them develop confidence in their parenting abilities and maintain their mental health.

Keywords: Artificial Intelligence, Care Ethics, Digital Literacy, Motherhood