

Activities carried out by Goa University and Colleges under Surakshit Bharat to be included in the Quarterly Report for period from 1st April 2022 to 30th June 2022 to be sent to Governor's Office.

Column A	Column B
Description of the Activity Category	Details of activities held under the Activity Category mentioned in column A
No. of Programmes conducted to promote Fundamental Duties	<p>Don Bosco College, Panjim</p> <ol style="list-style-type: none"> In the month of April, the NSS Unit of Don Bosco College, Panjim, organised a talk on Solid Waste Management and Sustainability to motivate students to take up viable ways of preserving the natural environment, in keeping with our fundamental duties. The speakers for the day were Shraddha Rangnekar, the recipient of the prestigious Power Business Excellence Award 2019 for Best Social Entrepreneur & Vignesh Shinde, the initiator of the NoSUP Campaign in Goa. This was followed by several Beach Clean-up Drives in the following week, along the Miramar Beach to take forward the idea of protecting the environment. In keeping with the spirit of common brotherhood, the students of SY BBA (Traveland Tourism) along with the students of Social Work and Mass Communication were taken for a field trip to Shiroda (Shivanath). There, the students visited several temples and churches to give rise to a fraternal feeling among all. <p>St. Jose Vaz College Cortalim – Goa</p> <ol style="list-style-type: none"> Social Media Awareness-The Counselling Cell of St. Joseph Vaz College organized an informative session on Social Media Awareness in collaboration with JCI Vasco & Junior Jaycee Wrng-JCI Vasco. The resource person for this session was Advocate Sadika Buddha Seth who has conducted many such sessions on social media awareness across Goa and has completed her LLM along with PGD in Criminal Jurisprudence from Pune University. The Session was held on 28th May 2022 at 12 p.m. Cleaning Drive- Swachhta hi Mananta from the College parking area to Shantadurga temple by teachers and non-teaching staff (without prejudice to daily schedule) was organized by St. Joseph Vaz College along with the Village Panchayat, Sancoale on 9th June 2022 at 11:00 a.m. onwards. Mangrove Plantation- St. Joseph Vaz College, Cortalim in association with Nisanga Nature Club, Chicalim Youth Farmers Club Goencho Ekvott organized a Mangrove Conservation initiative "Come let's Man-Groove" on 30/05/2022 at 4:30 p.m. onwards at mangrove Plantation near ZhorinI. Sancoale (Cortalim, Vasco Highway). <p>MES College</p> <ol style="list-style-type: none"> On 5th May 2022 the SYBBA students of Batch 2020 organised a seminar on the topic "Social Media-effects on Mental Health" This was for the Subject Seminar on Contemporary and Non contemporary Issues 2. The guest speaker for the function was Ms. Zina Varugis, Counsellor and Mental Health Coach.

2. Guest lecture on cultural heritage of Goa-Mr. Prajal Sakhardande-Historian & Heritage Activist delivered a guest lecture on Heritage of Goa on 27th April ,2022 for SYBBA Students as part of their cultural Heritage of Goa.
3. The team of SBSI interns and NSS volunteers in collaboration with IQAC organized an awareness drive about waste segregation. The drive was conducted on 30th May 2022 from 2:00 pm to 5:00 pm in the Zari area of Sancoale village. The socio-economic indicators of this area are low therefore this area is the hotspot for throwing and piling up a massive amount of solid and liquid waste. A total of 13 volunteers participated in this activity.
4. The Value Education Cell of M.E.S. College organised an Awareness talk successfully on the topic "Cyber Crime and The Youth". The talk was organised on 6th May 2022 in the M.S. Kamat Seminar Hall of the college for all the B.A./B.Com./B.B. A/B.C. A and M. Com students of our college. Principal Dr. Manasvi M. Kamat thanked the resource person for sparing his valuable time in imparting knowledge on cyber-crime to the students. She appreciated the efforts taken by Coordinator Asst. Prof. Ms. Jamina D'Souza, chairperson Dr. Sancheliana Faria and the members of Value Education Cell to organize the talk for the benefit of the students.
5. On 5th May 2022 the SYBBA students of Batch 2020 organised a seminar on the topic "Social Media-effects on Mental Health" This was for the Subject Seminar on Contemporary and Non contemporary Issues 2. The guest speaker for the function was Ms. Zina Varugis, Counsellor and Mental Health Coach.
6. The team of SBSI Interns and NSS volunteers in collaboration with IQAC visited the Solid Waste Management Plant,Saligao for a training session on 17th may 2022 at pm on the topic ' How to segregate different categories of waste and how to dispose it off without harming the community and the surrounding area.
The college held an Improving memory power for enhanced resilience programme on 30/04/2022 at 4.00 pm through googlemet. The speaker for the session was Ms. Nezima Lawrence, a faculty at the Goa College of Home Science, Altinho. She explained the concept of resilience and quoted Amit Sood's explanation of the same as being, 'One's ability to withstand adversity and bounce back and grow despite life's downturns'.

GOA Multi -Faculty College, Dharbandora-Goa

1. Our college has organized Singing Competition on 12/04/2022 from 12.00 noon onwards on inauguration of college student's Council and to pay tribute, homage and respect to late Lata Mangeshkar ji.DEL NET in collaboration with our college was organized Webinar on 11/04/2022 from 2.00 p.m. to 3.00 p.m. through online mode. The resource person for the Webinar was Dr. Neela Deshpande, Consultant, DELNET Coordinator unit, Pune.
2. A mobile library was arranged SPES's Goa Multi-Faculty College, Dharbandora-Goa with Goa State Central Library at SPES's Goa Multi-Faculty College, Dharbandora- Goa on 07/04/2022 from 10.a.m. to 2.00 p.m.

3. A talk was conducted on topic 'Value Education' organized by this College for S.Y.B.C.A. and S.Y.B.COM. Students on 4th April 2022 from 9.00 a.m. by Shri Jitendra Naik, Vice Chairman of our College.
4. The International Yoga Day was celebrated on 21 June 2022 with great enthusiasm at The SPES's Goa Multi-Faculty College, Dharbandora, Goa, under the NSS Unit. Around 40 participants that included students, teaching and non-teaching staff actively took part in this Programme.

VVM's Shree Damodar College of Commerce & Economics, Margao – Goa

1. World Autism Awareness Week (28 March to 3 April 2022)- On the occasion of World Autism Awareness Week observed from 28th March to 3rd April, 2022, the Counselling Cell, Literary Club and NSS Unit organized a Street Play on Autism Awareness.
2. National Pollution Response Exercise (17 April to 20 April 2022)- National Pollution Response Exercise was organized by the South Goa Collectorate and South Goa District Disaster Management to carry out several cleaning and Pollution control activities on Baina Beach, Vasco - Goa on 17th April and 20th April 2022. 37 NSS volunteers along with 2 PO's were deputed to participate in this program.
3. Dry and E-Waste Collection drives (November 2021 to May 2022)- NSS Volunteers actively participated in the Dry and E-waste collection drives organized by Margao Mahila Mandal and YIMBY at Mahila Mandal office, Comba held once every month from November to May.

Vrundavan Institute of Nursing Education

1. Blood donation awareness camp conducted on June 14th, 2022, at Primary health centre Colvale, after the session 5 voluntaries of youth have given their contact number for emergency situation (Blood donation).
2. Conducted an international yoga day on 21st June to lead a healthiest and happiest life for all members of Vrundavan institute of Nursing education
3. Conducted the awareness programme of environmental health at Colvale. on 5th to create healthier society.
4. Care of elderly at their home by health education given for people who are all residing in Colvale area.
5. Practice of environmental hygiene to follow swatch Bharat and take as well as tree planting at Karaswada during urban Health visit.

Don Bosco College of Agriculture Sulcorna Quepem Goa

1. 166th Red Ribbon Club under Goa State AIDS Control Society, Govt. of Goa was set up and inaugurated at Don Bosco College of Agriculture on 11th April, 2022. The guest for the inaugural programme were Mrs. Jeunesse Fernandes Assistant Director OF youth AFFAIRS & RRC In charge and Ms. Diksha Parab Asst. Director Care Support Treatment, Goa State AIDS Society, Panaji Goa. The resource person for the talk on HIV/AIDS Awareness was Dr. Samixa Verlekar, AYUSH Medical office, PHC Quepem.
2. The NSS unit organized a tree plantation campaign at Don Bosco Agr Ed campus and neighbouring villages. The college has undertaken a tree

plantation program in association with Shree Ramnath Damodar Sanshin, Zambaulim on 4th June 2022 in the presence of Mr. Sandesh Hedge Dessai, member, Damodar Saunstan, followed by cleanliness campaign in the Zambaulim village.

3. A Cleanliness drive was undertaken on the college campus under the guidance of Principle of Don Bosco College of Agriculture, Dr. Suresh Kunkalikal, Director Fr. Anisio Mota, NSS Programme Officer Mr. Sagar Palconda, and NSS member Dr. Shreyas Jadhav. On the occasion of World Environment Day, Dr. Suresh Kunkalikal, Principal, DBCA launched a Clean and Green Campus portal on the college website.
4. The student competitions were specially organized to create environmental awareness among students and staff members. In the Best out of Waste competition, Ms. Maziya Fernandes and Ms. Ria Vaz won the first and second prizes respectively. In the slogan writing competition, Ms Ria Vaz and Mr. Samarth Dhond won the first and second prizes respectively.
5. The Department of Physical Education & NSS Unit of the Don Bosco College of Agriculture, Sulcorna, Goa organized Yoga- meditation and relaxation session in the month of June 2022 at the Don Bosco Agro Ed campus on the occasion of International Yoga Day 2022. The students participated with full interest, enthusiasm and eagerness.
6. Special awareness session was conducted from 1st week of June 2022 in class by providing information about importance of yoga an integral part of our daily life by extending the practice of yoga beyond the mat and also teaching different Mudras and performing Dhyana (Meditation). Our RAWE (Rural agricultural work experience) students (Sr. Bsc) had also actively conducted yoga sessions in rural areas and nearby primary schools in association with college Department of Physical Education & Sports and NSS unit.

The C.E.S. College of Arts and Commerce Cuncolim, Salcete Goa

1. With the aim of turning waste in to happiness the NSS unit at the college created awareness on the segregation of waste on 2nd April 2022.
2. From 9th April 2022, NSS unit at the college created online awareness on 7 principles of waste management, rethink, refuse, reduce, reuse, recycle, regulate and research for effective waste management.
3. As a part of Swachh Bharat Student Internship awareness on waste segregation and waste management was made by the NSS volunteers in Cuncolim market area on 13th April 2022.
4. To maintain our planet greener and healthier, on the occasion of World Earth Day on 22nd April 2022, the NSS unit at the college created awareness on the beauty of earth to be preserved and protected by the present generation for brighter future.
5. On 23rd April 2022, the NSS unit at the college created awareness on special ways to protect the environment.
6. On 13th May 2022, to encourage the students and the community towards yoga and meditation online awareness on yoga asanas was initiated by the NSS unit at the college.
7. On 19th May 2022, as a part of Swachh Bharat Student Internship, awareness on waste segregation and waste management was made by the NSS volunteers in the educational institutions from Cuncolim.

8. On 26th May 2022, to highlighting the ill effects of smoking and drugs on health, family and the society, the NSS unit at the college initiated anti-tobacco campaign and awareness among the students and the society.
9. As a part of community service cleanliness drive was held at the Cuncolim market on 26th May 2022.
10. From 28th May 2022, as a part of Swachh Bharat Student Internship, awareness on waste segregation and waste management was made by the NSS volunteers at residential areas in Cuncolim Goa.
11. From 29th May 2022, as a part of Swachh Bharat Student Internship, awareness on waste segregation and waste management was made by the NSS volunteers at Banks and Financial Institutions from Cuncolim Goa.
12. The NSS volunteer Ms. Daiwat Jalmi from the CES College of Arts and Commerce successfully participated in the National Integration Camp at Mar Basellious Christian College of Engineering, Idukki District, Kerala from 15th to 21st May 2022.
13. To motivate the family members towards Yoga, Yoga with Family by Faculty and Students was performed on 19th June 2022.
14. Awareness on Yoga through recorded video by the Resource Person Shri Anand S. Dessai was held on 20th June 2022.
15. On 21st June 2022, 8th International Yoga Day Celebration started by watching the live telecast of the address of Honourable Prime Minister Shri Narendra Modi.
16. At the start the NSS Programme Officer Ms. Yashmita Y. Ghatwal highlighted the objective behind celebrating Yoga Day. It was followed with the address by the resource person, Shri Anand S. Desai who served as the guide to the Faculty and Students in demonstrating Yoga Asanas.

University and College Teachers Association of Goa, (UCTAG)

1. National seminar on the theme “IMPACT OF NEP 2020 ON HIGHER EDUCATION & IT'S CHALLENGES: IT'S IMPACT ON STUDENTS, TEACHERS AND ADMINISTRATION”, organised by University and College Teachers Association of Goa, (UCTAG) in association with the Indian Accounting Association – Goa to be held on 28th March 2022.

V. M. Salgaocar Institute of International Hospitality Education Manora-Raia, Salcette, Goa

- 1) Keeping the environment clean. The 3rd year students worked hard by picking up strewn litter and garbage at Varca Beach on 8th April 2022. They segregated into plastic/paper, glass wet waste. They collected 35 garbage bags.
- 2) Blood donation was conducted by our students at our campus. Students and staff donated blood which will help the community at large.

Narayan Zantye College of Commerce Bicholim-Goa

- 1) Zantye college has organized many programmes like tree plantation, best of waste, Cloth Bags making, Fitness programme, Campus cleaning, Paper bags making, Blood Donation, Online Yoga Quiz, Yoga Poster Making Competition, Yoga Workshop.

Directorate of Unnat Bharat Abhiyan(D-UBA) and Social Entrepreneurship Swachhata and Rural Engagement Cell (SES-REC), Goa University

SEC-REC under Educational outreach-initiated programmes on Observational Astronomy for popularizing astronomy among students and general public. From April to June 2022 three sky observations and talk related observational Astronomy were conducted.

- 1) Sky Observation at Mandre College of Commerce, Economics and Management: A talk on Observational Astronomy and sky observation was organized at Mandre College of Commerce, Economics and Management on 8 th April 2022. Resource persons were Dr. Reshma Raut Dessai of SPAS, Goa University. The programme was attended by staff and students of Geology of the college. Dr Reshma delivered audio visual talk on Observational Astronomy and urged the audience to appreciate our tiny presence in this Universe, which is consisting of 100 million Galaxies, each containing 200 million stars.
- 2) Sky Observation at Ganpat Parsekar College of Education Harmal: A night sky gazing program was conducted on 11 th April 2022. The session was attended by students, staff and the local people of Harmal. Dr. Reshma Raut Dessai of SPAS Goa University delivered talk on Observational Astronomy and later conducted sky observation along with Mrs. Amrita Natekar of DMS College of Arts and Science Mapusa using 6’ telescope. Observation through telescope started at 8pm. The program ended at 9:30 p.m.
- 3) Sky Observation at Art Park Porvorim: Sky observation through 6” reflector telescope and a talk on Observational Astronomy Was organized by Unnat Bharat Goa University, Education Outreach in association with Porvorim Rising on 10 th April 2022 at Art Park Porvorim Goa. The programe was coordinated by Dr. Prajesh Volvoikar, Dr. Sandesh Bugade, Dr. Narayan Vetrekar, Mr. Vishnu Chari, Dr. Prachi Thorney, Dr. Aniket Gaonkar, Ms. Amrita Natekar and Dr. Akshata Bhat. The resource person was Dr. Reshma Raut Dessai from SPAS Goa University.

National Institute of Hydrography

The institution has conducted many activities for a period from April to June 2022.the activities are as follows

- 1) A presentation was conducted on Common Yoga protocol on 18th apr 2022 as a part of yoga activities towards International Day of Yoga-2022
- 2) On a Occasion of World Earth Day, an awareness presentation including Road safety was conducted for staff officers and sailors on 22 April 2022.
- 3) World Environment Day was celebrated by planting of sapling on theme “Only One Earth on 5th June 2022.
- 4) International Yoga Day was celebrated on 21 June 2022. 123 personnel participated in the activity.

Dhempe College of Arts and Science Miramar, Panaji-Goa

- 1) Department of Political Science organized Jeevan Shivdas Kenkre Memorial Law, Politics and Governance, State Level Quiz Competition of for the Colleges in Goa on 'Indian legislation and fundamental duties of Indian citizens. The program had 30 students in attendance. The Quiz master and sponsor was Mr. Swetang Naik.
- 2) On 9th April 2022 students of Philosophy Department and Swatch Bharat Student Internship (SBSI)Unit DCT's Dhempe College of Arts and Science in collaboration with NGO Uzwaad- The Ray Hope participated in the cleanliness drive, "clean and green", organized by "I am Connected" on, Saturday at Siridao Beach.
- 3) 23rd April 2022, Philosophy Association and Swatch Bharat Student Internship (SBSI)Unit, DCT's Dhempe College of Arts and Science in collaboration with NGO Uzwaad-The Rays of Hope and NGO Sensible Earth #Maka Naka Plastic, Goa, organized awareness-based street play on "SAY NO TO PLASTIC- Maka Naka Plastic" at Mapusa Market and Mapusa Bus stand.
- 4) Faculty member Dr. Amara Begum Mulla actively participated in the Collection and segregation of used milk packets from Mangor Hill, Vasco area, for safe disposal at waste management unit, AYYA, Dona-Paula Goa.
- 5) Department of Economics organized street plays on swachata and covid 19 at Panjim and Mapusa on 13th and 14th May 2022. The Department also organized old age home visit on 2nd April 2022 and 25th May 2022.
- 6) 30 NCC Cadets of One Goa Girls Bn from DCT's Dhempe College of Arts and Science engaged in Beach Cleaning and spreading awareness of among tourists at Miramar Beach as part the Puneet Sagar Abhiyan started by the NCC to clean the seashores/beaches off plastic & other wastes materials on 2nd April and 5th April, 2022.

DMC, Assagao

- 1) The Value Education Cell in collaboration with the Library and Information Centre of our college had organised Elocution competition for students, on the topic of "Relevance of Traditional Values in Present Era" on 9 th April 2022 in the Conference Hall. Totally 5 students participated in the competition.
- 2) As a part of linking higher education to the needs of community, the college celebrated Ambedkar Jayanti among the community on 14 th April 2022. College teachers had earlier visited the community and interacted with the members to understand the issues faced by community. Accordingly, the interactive talk on Health and Hygiene was organised. Rt. Dr. Sheetal Khalap, from Tuem Primary Health Centre interacted with the community and explain the importance of health and hygiene. Also requested the community to remain away from drinking, smoking and chewing tobacco/gutka.
- 3) Ek Bharat Shreshtha Bharat Cell: The cell had organized a Food Festival "Earn While You Learn" on the occasion of World Labour Day on 4 th May, 2022. The theme for the food festival was "Jharkhand and Goa Cuisine." A total of 14 pairs of students participated in the food festival. The different food items were prepared for the sale including Ros Omelette, Sanna, Kokum Juice, Vegetarian Thali, Non-Vegetarian Thali,

Mackerel Cutlets, Jharkhand Bhaji, Mango Sasav, Mangane and Cafreal Bread. The festival was co-ordinated by Dr. M. Shanthi, Convenor of the cell.

- 4) The cell under Azadi Ka Amrut Mahotsav had organized Sur-Surabhi, a regional group singing programme of the popular songs of the Indian languages in order to introduce the diversity of the country to the young minds. It was held in May 2022. A total of 18 students participated in the programme.
- 5) Sports department also organised a five-day Yoga session from 15th June 2022 to 20th June 2022 for the faculty and the students and highlighted the importance of yoga, pranayama and meditation. The session Instructor was Mr. Rohit Naik. The session was co-ordinated by Dr. Sushant Haldankar, the Sports Director of the college

AITD, Assagao

1. REPORT ON BLOOD DONATION CAMP- The NSS cell of AITD in collaboration with JCI, Mapusa conducted a blood donation drive on 20th May 2022. In all 74 students and faculty participated in voluntarily donating blood. The blood bank from district hospital was on hand to help with the camp. The camp was well received by students who were also educated on why they should donate blood and the frequency to donate.
2. REPORT ON INTERNATIONAL DAY OF YOGA - The NSS cell of AITD celebrated the International Day of Yoga on 21 June 2022 by conducting a session of Yoga by expert Juhi Prasad. The session was open to all as well as NSS students at the college. Ms. Juhi was welcomed by NSS programme Officer, Valmiki Cardoso and spoke about the importance of practicing yoga on a daily basis. After an introduction, Ms Juhi led the students in yoga performing asanas and various other breathing and posture techniques with the students.

St Xavier's College, Mapusa

1. The NSS, NCC Unit of St Xavier's College observed International Yoga Day on 21st June 2022 and conducted Yoga Event in collaboration with The Yoga Institute, Chorão Island, Goa. The theme of this year's Yoga Day celebrations is 'Yoga for Humanity'. Mr. Amit Sharma - Centre coordinator and lead teacher at The Yoga Institute, Chorão Island, Goa was the Lead Instructor for the Yoga Event.
2. St.Xavier's college, 1 Goa BN NCC Army Wings boys unit on 5 April 2022 cadets participated in puneet sagar abhiyan miramar beach cleaning activity organized by 1 Goa BN NCC unit . St.Xavier college, 1 Goa BN NCC Army Wings boys unit on 6th and 7th April cadets participated in yoga session in celebration of yoga Mahotsav ..
3. St. Xavier's College Conducted Statue cleaning activity organised by Director of sports and youth affairs under 1 Goan Bn NCC, Panjim on 13th May 2022 at 10:30 am in college campus.
4. St.Xavier's college, 1 Goa BN NCC Army Wings 2 cadets participated in cycle rally organized by Directorate of sports and youth Affairs, Panaji. On 5rd June 2022, world Environment Day.
5. St.Xavier's college, 1 Goa BN NCC Army Wings 30 cadets participated in

	<p>beach cleaning activity under Puneet Sagar Abhiyan at Miramar Panaji-Goa .</p> <ol style="list-style-type: none"> 6. The NSS, NCC Unit of St Xavier’s College observed International Yoga Day on 21st June 2022 and conducted Yoga Event in collaboration with The Yoga Institute, Chorão Island, Goa. The theme of this year’s Yoga Day celebrations is ‘Yoga for Humanity’. Mr. Amit Sharma - Centre coordinator and lead teacher at The Yoga Institute, Chorão Island, Goa was the Lead Instructor for the Yoga Event. 7. The activities that took place under Bharat ka Amrut Mahotsav’ are listed below: <ol style="list-style-type: none"> A) Cleaning Drives B) Awareness Drives C)Counselling/Consultation D)Visit/Assisting Local NGO
<p>No. of Programmes conducted to promote Gandhiji’s thoughts and values</p>	<p>Don Bosco College, Panjim</p> <ol style="list-style-type: none"> 1. Gandhiji’s thoughts and values are closely linked to his less-known yogic practices. Thus, to promote these values, a yoga session was held on 21 June 2022 to celebrate the 8th International Yoga Day. Students of the college and higher secondary came together and were led in a series of asanas and meditative exercises. <p>G.V. M’s Dr. Dada Vaidya College of Education Farmagudi, Ponda</p> <ol style="list-style-type: none"> 1. FY B.Ed, EDU -01 paper titled Foundations of Education has an entire Unit (Unit 3) on ‘Contributions of Mahatma Gandhi to Education. The topic which includes Gandhian Philosophy on Education and NaiTalim in detail was taught and discussed in the month of April 2022 to promote the thoughts and values of Gandhiji. <p>Vrundavan Institute of Nursing Education</p> <ol style="list-style-type: none"> 1. The Principal Prof. S. Rajeshwari has spoken about the word of gandhiji as Education is an All-round Development it takes path for healthy attitude among children physically/psychologically. this is the child-to-child activity carried out through freshers to the school children. 2. Conducted a speech and essay writing competition about Mahatma Gandhiji 3. Conducted a quiz competition of Mahatma gandhiii principles of life. <p>V. M. Salgaocar Institute of International Hospitality Education Manora-Raia, Salcette,Goa</p> <ol style="list-style-type: none"> 1. A get together for 2nd year and 3rd year students along with faculty was organised by the institute for a whole day to SRK Baag. The idea of brotherhood, tolerance and sharing was propagated among students. The value system of respecting one another and their opinions were highlighted during this outing.
<p>Efforts to include vocational</p>	<p>School of Chemical Sciences (SCS)</p>

<p>education and training in the University system</p>	<ol style="list-style-type: none"> 1. SBSI Interns of SCS along with Dr. Kiran Dhavskar as mentor, and Dr. Diptesh Naik as EOC member organized the skill development workshop on “How to grow Oyster and Milky Mushroom” held at Auditorium Faculty block E, Goa University on 30 th April 2022. This activity was led by Dr. Pranay Morajkar as Chairperson, Educational outreach Committee, SES-REC, GU.b) The School of Chemical Sciences organized a workshop “Yoga for Workplace” on June 17th, 2022 at 2:30 pm to 4:30 pm in the Auditorium at SCS Goa University. The students, teaching and non-teaching staff of the school participated in the event. Resource person for the function was Mr. Ajay Prajapati (M.A Yogic science). The session was conducted in an interactive mode with the help of students from MSc part-II. <p>V. M. Salgaocar Institute of International Hospitality Education Manora-Raia, Salcette, Goa</p> <ol style="list-style-type: none"> 1. Students organised a theme Night called “Cavalleria Rusticana” on 8th April’22. Students learn to work in teams, create the right décor and ambience in keeping with the theme. The menu is planned accordingly. 2. Interview Facing Skills organised on 20th April ’22. Resource person was Ms Twinkle Jindal, Asst Training Manage, Alila Diwa, Goa 3. Two staff attended FBO Meet on 4th April 2022 organised by FSSAI WR Mumbai. The topics covered for the training were basic handling of raw material /good hygiene practice/less use of high fat, sugar and salt, and preventing food waste. <p>Dhempe College Of Arts and Science, Miramar, Panaji-Goa</p> <ol style="list-style-type: none"> 1. a) Non-Conventional Certificate course titled “Fundamentals of Geographic Information System (GIS)” of 30-hour duration was initiated from 4th April 2022. 30 students enrolled for the course. 2. Inter-disciplinary programme along with Department of Philosophy, English and Indian Languages organised ‘Content Writing’ in collaboration with Fifteen 73 Media for ‘on 21st April 2022 to make them competent in applying for jobs in media houses. 3. Department of English conducted a 30 hours ongoing Skill Enhancement Course titled ‘Lights, Camera, Focus: An Introduction to Film Studies’ for 26 students from 28th March to 30th June 2022. 4. Department of Chemistry organised an industry visit to Faber – Castell (India) Pvt. Ltd Corlim, Goa and Deccan Fine Chemicals (India) Pvt. Ltd. Corlim, Goa for T.Y.BSc. Chemistry students on 27th May 2022.
<p>Any Other Community Engagement Activity</p>	<p>D.D. Kosambi School of Social Sciences and Behavioural Studies School of Physical and Applied Sciences</p> <ol style="list-style-type: none"> 1. As a part of the Azadi Ka Amrut Mahotsav celebration year, a community engagement activity was conducted by Goa University in association with Bhumika Shikshan Sauntha, Poriem, Sattari on 17.06.2022. Four faculty members form the University, namely, Prof. Sunder N. Dhuri (School of Chemical Sciences), Dr. Arvind N. Haldankar (D. D. Kosambi School of Social Sciences and Behavioural Studies), Dr. Narayan Parab (Goa

Business School) and Shri Chinmay Ghaisas (Shenoy Goembab School of language and literature) oriented the students of class Xth and XII on career opportunities in higher education and allied areas.

2. The faculty members of M.A Sociology program, Dr. Mozinha Fernandes and Ms. Ninotchka Mendes of D. D Kosambi School of Social Sciences and Behavioural Studies conducted an activity of distributing vegetable seeds to eight farmers on 25 and 26 June 2022. Four farmers from each village of Cavelossim and Ambelim were distributed the seeds.

School of Chemical Sciences (SCS)

1. Institutional Visit to School of Chemical Sciences by students and teachers of Dr. Patangrao Kadam Mahavidyalaya, Sangli, Maharashtra was facilitated on 27 th April 2022. The instrumentation facilities available at SCS were shown to the visiting students. The assigned SCS faculties Dr. Sandesh Bugde, Dr. Diptesh Naik, Dr. Prajesh Volvoikar and Dr. Rohan Kunkalekar explained the available instrumentation facilities to them.
2. A sky gazing activity and a talk on ‘Observational Astronomy’ by Dr. Reshma Raut Dessai was organized for the senior citizens and school children of Porvorim on 10th April 2022. The organizing team included the following SCS faculties: Dr. Prachi Torney, Dr. Sandesh Bugde, Mr. Vishnu Chari & Dr. Prajesh Volvoikar, along with other faculties Dr. Akshata Bhat, Mr. Aniketh Gaonkar, Dr. Narayan Vetrekar & Mrs. Amrita Natekar.
3. SBSI Interns of SCS completed “Swachh Bharat Student Internship” under mentorship of Dr. Savita Kundaikar and Dr. Sandesh T. Bugde as SBSI Coordinator for SCS wherein interns carried out an online survey on disposal of menstrual waste, cleanliness activities and street play to sensitize people about plastic pollution. Other activities like creation of instagram page for posting awareness articles on clay incinerators, tetra pack recycling, sunscreens, zero waste movement, rainwater harvesting, disposal of chemicals in laboratories were carried out.
4. Institutional Visit to School of Chemical Sciences by students and teachers of Rani Channamma University, Belgavi was facilitated on 09th June 2022. The instrumentation facilities available at SCS were shown to the visiting students. The assigned SCS faculties Dr. Sandesh Bugde, Dr. Rohan Kunkolekar, Dr. Vivekanand Gobre and Dr. Vinod Mandrekar explained the instrumentation facilities to them.

Don Bosco College, Panjim

1. In the month of May, to facilitate community engagement and assistance, the college organised a Blood Donation Drive in association with Goa Medical College. People from in and around Panjim came forward to do their bit to save lives. The day-long camp saw more than 70 students and adults coming in and donating blood in a cheerful spirit.

St. Jose Vaz College Cortalim – Goa

1. St, Joseph Vaz College, Cortalim had conducted a demonstration on Fire Extinguisher Drill on 25.04.2022 at 9.45 a.m. in the College Campus in the

presence of the College Principal Prof. (Dr.) Maria A. A. R. Fonseca, Teaching, Non-Teaching staff and Students of F.Y, S.Y, T.Y B.Sc. Some of the teaching Staff of St. Joseph Vaz Institute of Education were also present. Mr. Ashok Sawant, the Employee from Vision Safety India, Verna Industrial Estate Goa, had visited St. Joseph Yaz College, Cortalim to show the demonstration on how to use 4kg Fire Extinguisher Drill (Powder Form).

Goa Multi-Faculty College Dharbandora-Goa

1. Goa Multi-Faculty College organized a one-day seminar on National Education Policy on 18 June 2022 in the Deputy Director Collector Office Dharbandora Goa.

VVM's Shree Damodar College of Commerce & Economics, Margao – Goa

1. Goa Institute of Public Administration & Rural Development, Ella Farm Old Goa, in collaboration with the Revenue Department and Water Resource Department Government of Goa organized three days “Shelter Level Training under Component C of NCRMP-II (for CSMMC Members, Disaster Management Team & Community Volunteers)” from 23 rd May to 25th May 2022 in the College premises. 17 NSS volunteers participated in the training along with NCC (Army & Navy) wing cadets of the College.

Fr. Agnel College

1. Conducted flash mob to create awareness about benefits of including yoga and exercise as a part of daily routine on 6th and 7th May 2022 at Agassaim Market and Fr. agnel college campus.

Vrundavan Institute of Nursing Education

1. We the Vrundavan institute of Nursing Education conducted a Training Program of BLS and first aid (Drowning, choking, bandaging, Electrical shock, snake bite, Burns) for Sports authority, Hotel workers, schoolteachers in various days along with red cross Society and inner wheel club.

Dhempe College of Arts & Science, Miramar – Goa

1. Summer Internship - ‘Sharing Treasure of Knowledge with Underprivileged: 10th -21st April, 2022, The Department of Philosophy with Swatch Bharat Student Internship (SBSI)Unit, DCT's Dhempe College of Arts and Science organized a Summer Internship titled ‘Sharing Treasure of Knowledge with underprivileged’ for underprivileged kids staying around College Campus and at Kamra Bhat.
2. Remedial classes for Underprivileged Kids, in Kamrabhat village Taleigao: on 9th - 20 April 2022: Dr. Roshida Rodrigues, Ms. Sendra Pereira, Mr. Akash S. N. Salgaonkar, SBSI Unit in collaboration with Department of Philosophy of Dhempe College of Arts and Science organized remedial classes for the underprivileged kids in Kamrabhat village Taleigao.

3. Dr. Akshata Bhat, Department of English was the member of the organizing team for the Public Lecture on Observational Astronomy followed by star gazing was organised for general public on April 10, 2022, in Art Park, Porvorim Goa with Dr. Reshma Raut Dessai from Goa University, India as Resource Person.
4. Dr Miskil Naik and Dr. Amara Begum Mulla, Ms. Priyanka Naik Parrikar were part of the organizing committee for the SCI-FFI, Science film festival of India, organized by Vidnyan Parishad, Goa from 26th-28th April 2022.
5. Ms. Rashmita Mhaldar, Faculty member from the Department of Botany was invited as a resource person for 'Project cyber wellness' sessions conducted on awareness on cybercrimes and other issues in cyber security in schools and colleges of North Goa. (Pernem and Bardez taluka) from 1st September 2021 to 30 April 2022.
6. Dhempe College organized interactive sessions for school children in association with Association of Friends of Astronomy Goa on 02/05/2022, wherein Department of Chemistry organized an interactive session titled 'Learn Chemistry with Fun'.
7. Department of Chemistry and Department of Physics organized an interactive session and exhibition for Higher Secondary Students on 25/04/2022.

St Xavier's College, Mapusa

1. A three-day shelter level training on Disaster Management was organised by GIPARD in collaboration with Revenue Department (Goa) and Water Resources Department (Goa) from 27 th to 29 th June 2022 at St Xaviers College Campus from 9am to 5pm. This training programme was coordinated by the NSS and NCC units of the college.
2. St.Xavier's college, 1 Goa BN NCC Army Wings boys unit on 5 April 2022 cadets participated in puneet sagar abhiyan miramar beach cleaning activity organized by 1 Goa BN NCC unit . St.Xavier college, 1 Goa BN NCC Army Wings boys unit on 6th and 7th April cadets participated in yoga session in celebration of yoga Mahotsav ..
3. St. Xavier's college, 1 Goa BN NCC Army Wings boys' unit SUO Akhil Gopalkrishnan was felicitated by Governor of Goa at Raj Bhavan on 4 may 2022 for participating at Republic Day Parade at New Delhi.
4. St. Xavier's College Conducted Statue cleaning activity organised by Director of sports and youth affairs under 1 Goan Bn NCC, Panjim on 13th May 2022 at 10:30 am in college campus.
5. St. Xavier' s college, 1 Goa BN NCC Army Wings cadets participated in online Clap for Ganga Quiz on 21 st May 2022 total 40 cadets participated and received online certificate. On 3 rd June 2022, world bicycle day.
6. St. Xavier's college, 1 Goa BN NCC Army Wings 2 cadets participated in cycle rally organized by Directorate of sports and youth Affairs, Panaji. On 5rd June 2022, world Environment Day.
7. St.Xavier's college, 1 Goa BN NCC Army Wings 30 cadets participated in beach cleaning activity under Puneet Sagar Abhiyan at Miramar Panaji-Goa .
8. The NSS, NCC Unit of St Xavier's College observed International Yoga Day on 21st June 2022 and conducted Yoga Event in collaboration with

The Yoga Institute, Chorão Island, Goa. The theme of this year's Yoga Day celebrations is 'Yoga for Humanity'. Mr. Amit Sharma - Centre coordinator and lead teacher at The Yoga Institute, Chorão Island, Goa was the Lead Instructor for the Yoga Event.

9. on 23 rd June 2022 Due to increased Dengue cases in the community and Dengue NS 1 positive cases in our college, the Urban Health Centre Mapusa conducted an IEC activity for the staff and students of St Xavier's College Mapusa.
10. On 26 th June 2022, St.Xavier's college, 1 Goa BN NCC Army Wings Total 45 cadets took online pledge to fight against Drug pledge on my gov website and received the certificate.
11. St.Xavier's college, 1 Goa BN NCC Army Wings Total 10 cadets participated in a three day shelter level training on Disaster Management was organised by GIPARD in collaboration with Revenue Department (Goa) and Water Resources Department (Goa) from 27 th to 29 th June 2022 at St Xaviers College Campus from 9am to 5pm. This training programme was coordinated by the NSS and NCC units of the college.
12. The activities that took place under Bharat ka Amrut Mahotsav' are listed below:
 - A) Cleaning Drives
 - B) Awareness Drives
 - C) Counselling/Consultation
 - D) Visit/Assisting Local NGO

Gomantak Ayurveda Mahavidyalaya & Research Centre Vajem, Shiroda – Goa

1. Yoga Activities: The Department of Swasthavritta & Yoga's team consisting of Dr. Joy Pereira and students conducted 10-day Yoga training for the students of Goa Medical College from 12th June to 21st June 2022. On 21st June 2022 the Joy Pereira conducted CYP Programme for Goa Medical College followed by Natya Yoga performance by GAM& RC students at GMC auditorium. The Yoga team also performed Natya Yoga at Goa Reserve Police – Altinho on 21 st June 2022 in association with Goa council of Ayurveda and other allied Indian Systems of Medicine. Dr. Dhumwad conducted CYP programme at GAM&RC – Shiroda on 21 st June 2022 and at Kamalabai Hede High School – Shiroda on 20 th June 2022. Dr. Gandhali delivered a talk on Yoga & Health and also conducted a Yoga session on 19 th May 2022 at 6TTR (Military Camp Ponda - Goa)
2. GAM&RC sports department organised the "Rann Bhoomi" intercollegiate medical and para-medical sports event including 6 colleges namely GMC, PES, Goa Pharmacy College, Goa Nursing College, GMC – AHS college and GAM&RC. The events held were Cricket, Badminton, Carrom, Chess, and Football striking. The overall winners of the championship were GMC.
3. Camps – Suvarna Prashan and Amrut Prashan
4. Other Activities:

Guest Talk was arranged on 25 th April 2022 on the topic Mana and Ayurveda. The Guest Speaker was Dr. Rasik Pawaskar. Annual Social Gathering was held on 29 th April 2022 at Rajiv Kalamandir Ponda. Dr. Gopal Mugeraya, Director – NIT Ponda Goa was the Chief Guest.

