



# गोंय विद्यापीठ

ताळगांव पठार

गोंय - ४०३ २०६

फोन: +९१-८६६९६०९०४८



(Accredited by NAAC)

## Goa University

Taleigao Plateau, Goa - 403 206

Tel : +91-8669609048

Email : registrar@unigoa.ac.in

Website: www.unigoa.ac.in

## SPORTS SECTION

Tel: 8669609018/8669609075

Email: [sports@unigoa.ac.in](mailto:sports@unigoa.ac.in)

No.18/01/23-SS/1082

Date: 08/08/2023

To,

The Principal/Dean of Colleges

Participating in Inter-Collegiate Championships 2023-2024.

### **Sub: Inter-Collegiate Cross Country(M&W) & Judo(M&W) Championships 2023-2024.**

Sir/Madam,

Kindly find enclosed herewith details for Inter-Collegiate Cross Country(M&W) & Judo(M&W) Championships 2023-2024.

#### **1. CROSS COUNTRY RACE FOR MEN & WOMEN**

- i. The Inter-Collegiate Cross-Country Championship for Men & Women will be held on 19<sup>th</sup> August, 2023 at 09.00 a.m. at Goa University Campus.
- ii. The championship will be conducted according to the rules as adopted by Athletic Federation of India, unless, otherwise modified in the rules.
- iii. The Distance for the Race will be 10 Km for both Men & Women.
- iv. The number of Athletes for team participation shall not be less than 4 and more than 6 in Men and Women Section.
- v. All participants should report by 8.00 a.m. at the University Sports Section on 19/08/2023.
- vi. College Directors of Physical Education and Sports must ensure that all the participants are medically fit and their medical certificate be collected and kept in the record of the college. Goa University will not ask for medical certificates and also will not be responsible for any medical complications.
- vii. **All the teams must carry their own first aid kits.**
- viii. Chest numbers should be collected from University Sports Section on 18<sup>th</sup> August, 2023 in the afternoon session on submission of hard copy of Eligibility.
- ix. The route will be shown on 18/08/23 at 04.00 p.m. (If needed)
- x. **The last date to submit eligibility to University Sports Section by email to [sports@unigoa.ac.in](mailto:sports@unigoa.ac.in) in soft copy format (Excel/Word file) is 11/08/2023.**
- xi. **Colleges/ Institutions should ensure that their athletes are well trained before participating in this 10 Km Race.**

## 2. **JUDO FOR MEN & WOMEN**

- i. The Inter-Collegiate Judo Championship for Men & Women will be held at Jubilee Hall, Goa University from 22<sup>nd</sup> to 25<sup>th</sup> August, 2023 from 9.30 a.m. to 5.30 p.m.
- ii. The championship will be conducted according to the rules as adopted by Judo Federation of India, unless, otherwise modified in the rules.
- iii. A College can enter only two Competitors in each weight category.
- iv. The Championship will be conducted in these weight categories,
  - v. **Men:** Upto and including 60 Kg, 66 Kg, 73 Kg, 81 Kg, 90 Kg, 100 Kg and Above 100kg.
  - vi. **Women:** Upto and including 48 Kg, 52 Kg, 57 Kg, 63 Kg, 70 Kg, 78 Kg and Above 78kgs.
- vii. Official Weighting for first two categories of each day will be from 10.00 a.m. to 10.30 a.m. official weighing for other categories of each day will be from 10.30 a.m. to 11.00 a.m.

Sr. No↓ /Date →	22/08/2023 - Men	23/08/2023 –Men	24/08/2023 -Women	25/08/2023 - Women
1	Upto & Incl. 60 Kg	Upto & Incl. 81 Kg	Upto & Incl. 48 Kg	Upto & Incl. 63 Kg
2	Upto & Incl. 66 Kg	Upto & Incl. 90 Kg	Upto & Incl. 52 Kg	Upto & Incl.70 Kg
3	Upto & Incl. 73 Kg	Upto & Incl. 100 Kg	Upto & Incl. 57 Kg	Upto & Incl.78 Kg
4	Above 100 Kg		Above 78 Kg	

- viii. Minimum number of Competitors in each category shall be four to conduct the event.
- ix. **The last date to submit eligibility & detailed entry to University Sports Section by email to [sports@unigoa.ac.in](mailto:sports@unigoa.ac.in) in soft copy format (Excel/Word file) is 14/08/2023.**

### Note Please:

1. **The Eligibility Performa should have the University Registration Number of all the students, who have been issued the same.**
2. **Re - admission/repetition of a class/course by a student should be indicated in remarks Column of the eligibility performa.**

Thanking you,

Yours faithfully,



(Mr. Balachandra B. Jadar)  
Asst. Director of Phy. Edn. & Sports,  
Goa University

- c.c to: 1. College Directors of Physical Education & Sports of affiliated colleges.  
2. P. S. to the Vice-Chancellor, Goa University  
3. A.R to the Registrar, Goa University