

CURRICULUM VITAE



- Name** : Dr. Bale Anura Prashant
Present Designation : Principal
College address : Gomantak Ayurveda Mahavidyalaya and Research Centre, Vajem, Shiroda – Goa.
Address for communication : Shri Ramnath Sadan, 39/F, Arlem Raia, Salcete – Goa. 403702.
Telephone number : 0832-2743331
E - mail Address : baleanura@rediffmail.com
bale_anura@rediffmail.com,
Date & Place of Birth : 14/12/1962, Panaji – Goa
Religion : Hindu
Education : BAMS, M.D. Ph.D., University of Pune.
Experience : 25 years, I/c Principal from Jan 2000 to May 2001
Sept 2002 to Mar 2003
Principal from Feb 2010 till date
- Research works** : **M.D.** To investigate biochemically differential Components of Kaphadoshotkatata, Pittadoshotkata, Vatadoshotkata stanya.
Ph.D. To assess the efficacy of herbal invention to improve breast milk physiologically by using biochemical parameters.
- Research Project** : 1. Panchabhautic Model under AISRI.
2. PRAKRUTI Assessment.
- Awards** : 1. National Award for Best M.D. thesis given by AISRI.
2. Best Teacher Award by AISRI.
3. For Publication at Golden Jubilee Issue of Yoga Kshema Pravahika. Titled Ayurveda Present Scenario – Remedies to Improve.
4. Dhanvantari Award by Sandu Pharmaceuticals & AYUSH 2015.
5. Ayurvedacharya Award by AYUSH 2015
6. Award by Goa Ayurved Medical Association 2018
- Professional** : 1. Teaching Ayurveda for 27 years (Dec. 1993 onwards)
2. Worked as Examiner, Paper-setter, Expert in University Examinations in Universities of Goa and Pune.
3. Chairman Board of Studies in Ayurveda of Goa University since July 2005.
4. Chairman Board of examiners in Ayurveda Goa University.
5. Member of Goa Board of Indian System of Medicine & Homeopathy.
6. As a Private Practitioner practicing pure Ayurveda with Panchakarma for the last 27 years.
7. Conducted Workshops on Ayurveda and General Practice
8. Lecturer from December 1993 to August 1999
9. Reader from August 1999 till December 2005.
10. Professor from Jan 2006.
11. Guide for PhD. At Tilak Maharashtra Vidyapeeth, Pune.
12. Member, National AYUSH Mission, State AYUSH Society, Goa.
13. Examiner MD, MUHS, Nasik.
14. Examiner Ph.D., KLE University.
- Guest Lecturer** : 1. Delivered lectures at various institutions and organizations on different aspects of Ayurveda, application of Ayurveda and lifestyle.
2. Delivered lectures on All India Radio.
3. Invited as Guest Speaker by educational institutions, socio-cultural associations in their awareness and orientation programmes.

Conferences Attended : Attended National & International conferences at various institutions and organizations on different aspects of Ayurveda, application of Ayurveda and lifestyle.

Papers Presented : Presented papers at National & International conferences at various institutions and organizations on different aspects of Ayurveda, application of Ayurveda and lifestyle.

Resource Person Invited as Resource Person at various institutions and organizations all over India

Publications:-

1. A regular columnist in the daily 'Tarun Bharat'
2. Concept on Bhutagni on GYAN - Srotas
3. Rasayan & ageing on national Journal of Rashtriya Ayurved Vidyapeeth, Delhi.
4. A regular writer on Prabodhini Varta a Magazine by GAM&RC
5. The Concept of Grahini – IBS ? in Deerghayu International
6. The Role of Prakriti in the Causation of Diabetic Retinopathy in Diabetic Patients.
7. Association of Prakriti and Lifestyle in the determination of Retinopathy in Diabetic Patients.
8. Articles published in International Ayurvedic Medical Journal
 - a) Review on Pharmacodynamics of Nasya
 - b) A case study of successful Management of Ulcerative Colitis by Ayurvedic Therapy