

RESEARCH & TEACHING EXPERIENCE

From June 2016 till April 2017 **Asst. Professor in Economics on Lecture Basis at Vidya Probhodini College of Commerce, Education, Computer and Management, Porvorim, Goa.**

- *Delivering Lectures for S. Y. B.Com. students – Indian Financial and Fiscal system and Economics of Resources.*

From August 2015 till April 2016 **Asst. Professor in Economics on Lecture Basis at Vidya Probhodini College of Commerce, Education, Computer and Management, Porvorim, Goa.**

- *Delivering Lectures for S. Y. B.Com. students – Indian Financial and Fiscal system and Economics of Resources.*

From November 2014 till 31st January 2016 **Research Assistant, Department of Economics, Goa University on the Project, “Coastal and Marine Ecosystem in India: Economic Valuation of Goods and Services and Vulnerability Assessment”. Funded by National Centre for Sustainable Coastal Management, Ministry of Environment and Forests, Government of India.**

- *To carry out research at Turtle nesting sites in Goa and Maharashtra.*
- *To develop the field questionnaire and train the field researchers.*
- *To monitor and supervise the data collection and data entry.*
- *To analyze the data and write the report.*

From August 2012 to April 2014 **Asst. Professor in Economics on Lecture Basis at Mandre College of Commerce, Economics & Management, Mandrem, Goa.**

- *Delivering Lectures for F.Y. and S.Y.B.Com. students - Managerial / Business Economics, Business Environment and Environmental Studies*
- ***In charge of Student Council***
- *NSS Programme Coordinator*
- *Convener of the Examination of the College.*

From September 2011 to July 2012 **Field Investigator at National Sample Survey Office, Panaji, Goa**

- *Data collection of Socio- Economic Survey 68th Round on Household Consumer Expenditure – identifying the given sample area and carrying out listing of households, conducting interviews of selected households and data entry of questionnaires.*
- *Data Collection of 69th Round*
- *Urban Frame Survey – identifying the block, village, area and mapping of area by listing the structures in the area.*

From **Project Coordinator** Project name “MANAshanti Sudhar Shodh (MANAS),
 October A project on managing stress related health problems in primary care conducted by
 2005 to SANGATH (NGO), in Goa.
 September Funding body: WELLCOME TRUST, UK through London School of Hygiene and
 2011 Tropical Medicine, UK.

- ◆ To be responsible for overall managerial aspects of the project including logistical requirements of various team members / clinics: Setting up clinic space, providing stock of materials to teams, managing leaves, etc.
- ◆ Co-ordinate all activities around networking with external and intramural personnel, as required by the project.
- ◆ Have responsibility for coordinating office requirements of the projects including correspondence with concerned stakeholders and collaborators.
- ◆ Be responsible for all human resource needs of the project in consultation with intervention team leader.
- ◆ Organizing and conducting training for various personnel as per requirement.
- ◆ Liaise with Voluntary Health Association of Goa (VHAG) for ensuring timely completion of research priorities.
- ◆ Organizing meetings for Primary Health Care (PHC) staff and officials etc.
- ◆ Contribute to regular appraisal process for team members.
- ◆ Provide regular update on activities to Principal Investigator and Managing Committee members.
- ◆ To chair the Project Management Committee (PMC) and call for extraordinary PMC meetings if required.
- ◆ To take managerial responsibility for the organization of collaborator meetings, including meetings of the Trial Steering Committee (TSC) and Data Monitoring and Ethical Committee (DMEC), logistic arrangements, etc.
- ◆ Be responsible for overall financial accounting of the project, including quarterly, annual and total project period planning.
- ◆ Getting Institutional Review Board (IRB) approval and submitting report annually.
- ◆ To report directly to the Principal Investigator

From May **Project Coordinator** Project name “Stree Arogya Shodh (SAS),
 2003 to A Women’s Health Program conducted by SANGATH, Goa
 September Funding body: WELLCOME TRUST, UK through London School of Hygiene and
 2005 Tropical Medicine, UK

- Networking and scheduling awareness meetings in the study area.
- Drawing up monthly schedule for timely data collection
- To draw monthly rotas /time-table for different teams – field team, laboratory team and Gynecological team
- To ensure acceptable achievement of targets set for the research team.
- Provide and organize for smooth functioning of the research team
- Take charge of the weekly project meetings and report on the progress made by the project
- Organize and conduct bi-monthly meetings.
- Handling emergency situations like equipment breakdown, accident etc.
- Other project related activities like checking of files for quality etc

- Handling of data collected and supervising data entry etc.
- Handling of server and computers at field centre.
- Provide regular update to Coordinators Group & Managing Committee.
- Maintenance of staff records, conduct timely appraisals, drawing up of Terms of Reference & issuing of contracts.
- Take charge of the general maintenance of the study clinic, keeping of records, equipment maintenance etc.
- To implement and monitor the project as per guidelines.
- Take charge of the weekly project meetings and report on the progress made by the project
- To ensure acceptable achievement of targets set for the research team.
- Providing regular update of the project activities to the Principal investigator.
- Monitoring and supervision of data management and analysis
- Planning of dissemination activities in the community
- Development of IEC material based on study finding in local languages (Posters, brochures, skit)
- Carrying out dissemination plan effectively –sending invites, etc.
- Networking and scheduling dissemination meetings.
- Organizing and conducting community meetings to disseminate study findings in the research areas using audio- visual aids.
- Supervision and monitoring for smooth functioning of the team
- Preparing final study report for the scientific community.

From 18th April 2001 to April 2003 **Research Assistant**, Project name “Stree Arogya Shodh (SAS)”, A Women’s Health Program conducted by SANGATH, Goa
 Funding body: WELLCOME TRUST, UK through London School of Hygiene and Tropical Medicine, UK

- Carrying out enumeration for the health centre,
- Development of questionnaire, Piloting of questionnaire and preparing final questionnaire
- Preparing IEC material like brochure for women and flip chart
- Networking with key informants such as health workers, anganwadi workers, and other local leaders,
- Conducting awareness meetings of the project in the community
- Locating houses of selected women and contacting families of subjects to obtain informed consent,
- Carrying out interviews in subjects home or in the clinic or in other settings,
- Collecting biological specimens for testing for reproductive tract infections and anemia.
- Setting up field clinics and assist in day to day functioning of the clinics.
- Development of code list and coding of qualitative interviews.
- Carry out follow up interviews and collecting of specimens for review interviews.
- Assist coordinator in drawing up schedule and take charge of the centre in the absence of coordinator.

- From 15th March 2001 to 15th April 2001 **Research Assistant**, Project name “Monitoring and evaluation survey on Pulse Polio Immunization” conducted by UNICEF
- Organizing and Conducting focus group discussions (FGD’s) with mothers having children below 5 yrs. of age,
 - In-depth interviews with professionals involved in Pulse Polio activities.
 - Transcribing of data collected and analyzing the same as per the given guidelines.
- October 2000 **Research Assistant**, Project name, “Measuring, Monitoring and Managing Sustainability: The Coastal Dimension”: Conducted by Tata Energy Research Institute (TERI), Goa.
- Locating the respondents in the given study area and
 - Collecting data by administering the questionnaire.
- From May 2000 to September 2000 **Research Assistant**, Project name “Rapid Assessment Survey on Drug Dependence in Goa” conducted by All India Institute of Medical Sciences, Dept. of Psychiatry, New Delhi, through Directorate of Health Services, Goa.
- Visiting the selected village and locating the area.
 - Carrying out interviews as per the given guidelines and submitting the same to concerned authorities.
- From March 2000 to April 2000 **Research Assistant**, Project name “The Multiple Indicator Cluster Survey II” conducted by Indian Market Research Bureau (IMRB), Mumbai.
- Visiting the given area, checking the boundaries.
 - Enumeration of the selected cluster by house listing,
 - Collecting household information,
 - Information on children under 5 yrs. of age like immunization, breast feeding practices, information on children of 5 to 14 yrs. of age like education & labour
 - Information on women between 15 to 49 yrs of age on her reproductive health and awareness about HIV
 - Checking for Iodized Salt use, etc.
- September 1999 **Research Assistant**, Project name, “A Post election survey in Goa” conducted by National Development Council through Dept. of Political Science, Goa University.
- Locating selected respondents from different villages, and
 - Conducting interviews.

INVITED CONFERENCE/SEMINAR PRESENTATIONS

- Presented paper “Turtle Conservation sustainable livelihood for coastal villages: study findings from Goa and Velas, Maharashtra” at National Conference on “Gender, Environment and Sustainable Development” at Shree Mallikarjun College Canacona on 23rd and 24th September 2016

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- Presented paper on “Menstrual Health Management Practices: Dilemmas for Women’s Empowerment and Environment” at National Conference on “Gender, Environment and Sustainable Development” at Shree Mallikarjun College Canacona on 23rd and 24th September 2016 (Co-author)
 - Presented a paper on Community Initiatives Towards Green Goa at State Level Seminar on “Towards A Green Goa: Economic Growth and Environmental Concerns”, on 11th March 2016 at Saraswat college, Mapusa, Goa
 - Invited to present paper on, “Role of Community Media in Monitoring Maternal Health in India” at 8th ASIA PACIFIC Conference on Reproductive and Sexual Health and Rights from February 23rd to 26th, 2016 at the Myanmar Convention Centre, Nay Pyi Taw, Myanmar.
 - Invited to present paper on, “Role of Community Media in Monitoring Maternal Health in India” at 1st Global Maternal Newborn Health Conference from 18th to 21st October 2015 at Mexico City, Mexico.
 - Invited to do product presentation on eco-friendly sanitary napkins by WASH –UNITED at National Stakeholder workshop on Menstrual Hygiene Management organized by Ministry of Drinking Water and Sanitation in New Delhi 11th June 2015.
 - Invited to conduct workshop on Mobile Video Technologies, Documentary Advocacy and Emerging Challenges: Vernacular Practices in India – as a community Correspondent for Video Volunteers, **21st Visible Evidence Conference 2014** at India International Centre, New Delhi from 11th Dec- to 14th Dec’14.
 - **Pednekar,S.,** Pereira B., Gupte S., Patel v., Infertility observed in a community Study “STREE AROGYA SHODH” a women’s health program in Goa, India .
- 2014 - **7th Asia Pacific Conference on Reproductive and Sexual Health and Rights** at Manila, Philippines.
- 2013- E-poster World Health Summit Regional Meeting –Asia in Singapore.
- 2012 -**18th International Congress of Rural Health and Medicine**, Kala Academy, Panaji, Goa.
- 2010 -**1st Global Maternal Health Conference, New Delhi**
- **Pednekar,S.,**Rodrigues M.,Pereira B., Fernandes J., Upadhye M., Mhambrey C.,Patel v. On being a research participant: experiences of a community cohort study of women’s health in Goa, India- presented at **4th Asia Pacific Conference on Reproductive and Sexual Health and Rights** , 29th to 31st October 2007 , Hyderabad, India.
 - Patel, V., **Pednekar, S.,** Weiss, H., Rodrigues, M., Barros, P., Nayak, B., Tanksale, V., West, B., Nevrekar,P., Kirkwood, B., Mabey, D. (2005) Why Do Women Complain Of Vaginal Discharge? A Population Survey Of Infectious And Psychosocial Risk Factors In A South Asian Community- presented at **10th International Women and Health Meeting 2005**, New Delhi.

TRAININGS /WORKSHOPS/ SEMINARS ATTENDED

- 2017 Attended the “Reading and Writing Workshop for Social Science Researchers” conducted by Dr. Rammanohar Rssdy, VRP, D.B. Banodkar Chair in Political Economy and assisted by Dr. Aniket Alam, IIIT Hyderabad from 15th December to 17th December 2017.
- 2017 Attended and participated in International Research Symposium “Other ways of Knowing and Doing”: Globalizing Social Science Knowledge in Higher Education Organized by Centre for Comparative and Global Education and International Institute for Higher Education Research and Capacity Building on 11-12th December 2017 at O.P. Jindal Global University.
- 2017 Attended course HSO -158 Nation, Gender and Politics in India by Ishita Banerjee
- 2017 Attended and Participated in a One day sensitization workshop on Rehabilitation of Persons with Disabilities, AYJNUSHD on 15th November 2017 organized by Ali Yavar Jung National Institute for Speech and Hearing Disabilities (Divyangjan), Mumbai (DEPwD, Ministry of Social Justice & Empowerment, Govt. of India) in collaboration with Sanjay Centre for Special Education, Goa.
- 2017 Attended Course EGO126 The Gender of Literatures and the Literatures of Gender by Professor Vrinda Nabar, Kavivarya Bakibab Borkar Chair in Comparative Literature from 25th September to 4th October 2017.
- 2017 Attended Gender Sensitization programme on “ The prevention, Prohibition and Redressal of Sexual Harassment of Women at Workplace” organized by Goa University on 18th September 2017.
- 2017 Attended and participated in the National Seminar on Results of Surveys of NSS 70th and 71st rounds organized by CPD, MOSPI, New Delhi hosted by Goa University, Goa on 11th and 12th September 2017.
- 2017 Attended and participated in People’s convention for Regional Comprehensive Economic Partnership from 22nd July to 27th July 2017 in Hyderabad – APWLD
- 2017 Participated in a Research Skills Practicum for Research Scholars in Humanities, Social Sciences and Management Faculties from 3rd June 2017 to 7th June 2017 organized by Goa University as a part of Visiting Research Professors Programme, Shri Dayanand Bandodkar Chair in Political Economy.
- 2017 Attended Digital Empowerment Foundation – Prayag Mela on 25th February 2017 , Surajkund, Faridabad, Delhi.
- 2017 Attended Difficult dialogue on Is India’s Health a Grand Challenge? Organized at International Centre Goa from 10th to 12th February 2017
- 2016 Attended Course on ONB 102 A Perspective on Globalization : Combining Theories, Evidence and Indian Experience by Prof Prabhat Patnaik, Professor Emeritus Jawaharlal Nehru University and Shri D.B. Bandodkar Chair in Political Economy, Goa University from 13th October 2016 to 21st October 2016 conducted by Department of Economics, Goa

University.

- 2016 Participated in the Sanitation Action Summit on 18th November 2016 at Mumbai organized by The Water Supply and Sanitation Collaborative Council (WSSCC) in association with Government of India, Government of Maharashtra and Global Citizen.
- 2016 Attended and presented a paper on “Community Initiatives Towards Green Goa” at State Level Seminar on “Towards A Green Goa: Economic Growth and Environmental Concerns”, on 11th March 2016
- 2016 Attended the course “SOO-17 Caste Today: Ideals and Realities” by Prof. Satish Deshpande, Shri. D.B. Bandodkar Chair in Political Economy from 1st February to 19th February 2016.
- 2016 Attended “Difficult Dialogues LSE India Summit 2016” in Cidade de Goa and The International Centre Goa 28-30 January 2016
- 2015 Attended six day workshop on Audio-visual Media as a Tool in Research for Social Science Researchers from November 16-21,2015, at Institute for Studies in Industrial Development, Organized by ICSSR, New Delhi.
- 2015 State level workshop on, "Writing Effective Research Proposal in Commerce and Management for Ph.D Registration and for Research Projects" on 9th October 2015 at Vidya Prabhodini College of Commerce, Education, Computer and Management, Porvorim, Goa.
- 2015 Attended Gender training sessions at National Meet of Video Volunteers from 28th September 2015 to 4th October 2015 at Alor Grande, Candolim ,Goa
- 2015 Public Panel Discussion on “Violence Against Women – Role and Responses from State and Civil Society” Organized by International Centre Goa on 4th August 2015.
- 2015 State Level Workshop on Strategies in Prevention and Regulation of Child Labour, Organized by Goa State Commission for Protection of Child Rights in Association with V.M. Salgaonkar College of Law, Panaji, Goa on 25th June 2015.
- 2015 National stakeholder workshop on Menstrual Hygiene Management at New Delhi Organized by Ministry of Drinking water and sanitation, on 11th June 2015. Presented at Workshop on Product presentation.
- 2014 Training in Photography and Video Editing sponsored by Department of Science and Technology, Govt. of India.
- 2013 Workshop attended on Climate Change – organized by 350.org at Bangalore, India
- 2011 Training course on Community Journalism organized and conducted by Video Volunteers in Goa.
- 2009 Training course on “The role of NGO’s in National Rural Health Mission”, conducted by National institute of Health and Family Welfare, Ministry of Health and Family Welfare, Govt. of India, New Delhi.

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- 2009 Training in Video Production as a part of WAVE (Women Aloud Videoblogging for Empowerment) program funded by MacArthur Foundation, Chicago, USA.
- 2006 Training attended on “Interpersonal Psychotherapy” conducted by Dr.Lena Verdeli of Columbia University, USA and Kathleen Clougherty of Yale University School of Medicine, USA organized by Sangath, Goa
- 2006 Workshop attended on “Stress management for women”, organized by Goa Institute of rural development and administration, Ela, Old Goa, Goa.
- 2004 Organized and attended a state level workshop on Women friendly interventions in reproductive and sexual health rights
- 2004 Workshop attended on Endangering Health Policy: conducted by Bailancho Saad, NGO, Goa, India
- 2004 Training course attended on “Health, Rights and Women’s Empowerment” conducted by Indian Institute of Management, Bangalore for Mac Arthur Fellows and Institutional Grantees.
- 2004 Workshop attended on “STI/RTI Research Methods in India: Problems and Solutions” jointly organized by Sangath , Goa and Population Council, New Delhi, India
- 2004 Residential Course attended on “Gender and Mental Health” supported by Mac Arthur Fund for Leadership Development, 2001.
- 2003 Training attended on “Researching Adolescent Health” organized by Resource Centre for Adolescent and Child Health, Sangath, Goa, India.
- 2002 Workshop attended on “Qualitative Research Methods” organized by NIMHANS, Bangalore, India.
- 1998 Attended seminar on “Economic Crisis in East Asia” organized by Dept. of Economics, Goa University, Goa, India.

AREAS OF RESEARCH INTEREST

Global Health with special emphasis on Reproductive health of Women, Adolescent health, Environment.

SCHOLARSHIP/ FELLOWSHIP/ AWARD

- 2016 Full scholarship awarded to attend 8th Asia Pacific Conference on Reproductive and Sexual Health and Rights at Myanmar from February 23rd to 26th 2016.
- 2015 Full scholarship awarded to attend Global Maternal Newborn Health Conference in Mexico City, October 18 – 21, 2015 by Maternal Health Task Force, Bill and Melinda

- Gates Foundation etc.
- 2015 Received an award for Best Video on Environment at National meet of Video volunteers from 28th September 2015 to 4th October 2015.
- 2015 Awarded with “Zilla Mahila Samman 2014” by Ministry of Women and Child Development, Government of India, on the eve of International Women’s day on 8th March 2015, Goa Secretariat, Porvorim, Goa (Rs.20,000/- cash prize)
- 2014 Full fellowship to attend 21st Visible Evidence Conference 2014 at India International Centre, New Delhi from 11th Dec- to 14th Dec’14.
- 2014 Full Scholarship received to attend 7th Asia Pacific Conference on Reproductive and Sexual Health and Rights, January 21-24, 2014 at Phillipine International Convention Center, Manila, Phillipine.
- 2010 Full scholarship received to attend 1st Global Maternal Health Conference, August 30 – September 1. New Delhi, India hosted by Maternal Health Task Force, Engender Health, USA and Public Health Foundation of India, India.
- 2007 Full Fellowship awarded by London School of Hygiene and Tropical Medicine, UK to attend Scientific meeting of Wellcome Trust Bloomsbury centre, UK at Uganda.
- 2007 Travel award received for attending 4th Asia Pacific Conference on Reproductive and Sexual Health and Rights, October 29th-31st, 2007, Hyderabad, India.
- 2005 Full scholarship to attend 10th International Women and Health Meeting 2005, New Delhi, September 21-25, 2005.
- 2005 Full scholarship to attend 10th International Women and Health Meeting 2005, Western regional Zonal meeting, Ahmadabad, Gujarat, India March 1- 2, 2005.

PUBLICATIONS

- Gupta A, Pednekar S., Role of Women in Environment: KRITI KALP, May2014-October 2014, Vol. No.2, Issue No.2, ISSN 2349-5030, 28-31
- Patel V, Weiss H, Chowdhary N, Naik S, **Pednekar S**, Chatterjee S, Bhat B, Araya R, King M, Simon G, Verdelli H, Kirkwood BR. Lay health worker led intervention for depressive and anxiety disorders in India: impact on clinical and disability outcomes over 12 months. *British Journal of Psychiatry* 2011; 199: 459-466.
- Pereira B, Andrew G, **Pednekar S**, Kirkwood BR, Patel V. The Integration of the Treatment for common Mental Disorders in Primary Care: Experiences of Health Care Providers in the MANAS Trial in Goa, India. *International Journal of Mental Health Systems* 2011; 5:26
- Patel V, Weiss HA, Chowdhary N, Naik S, **Pednekar S**, Chatterjee S, De Silva MJ, Bhat B, Araya R, King M, Simon G, Verdelli H, Kirkwood BR. Effectiveness of an intervention led

by lay health counsellors for depressive and anxiety disorders in primary care in Goa, India (MANAS): a cluster randomised controlled trial. *Lancet* 2010; 376: 2086-2095.

Patel VH, Kirkwood BR, **Pednekar S**, Araya R, King M, Chisholm D, Simon G, Weiss H. Improving the outcomes of primary care attenders with common mental disorders in developing countries: a cluster randomized controlled trial of a collaborative stepped care intervention in Goa, India. *Trials* 2008; 9:4.

Chatterjee S, Chowdhary N, **Pednekar S**, Cohen A, Andrew G, Araya R, Simon G, King M, Telles S, Verdelli H, Clougherty K, Kirkwood B, Patel V. Integrating evidence-based treatments for common mental disorders in routine primary care: feasibility and acceptability of the MANAS intervention in Goa, India. *World Psychiatry* 2008; 7:39-46.

Pereira B, Andrew G, **Pednekar S**, Pai R, Peltó P, Patel V. The explanatory models of depression in low income countries: listening to women in India. *Journal of Affective Disorders* 2007; 102: 209-218.

Patel V, Kirkwood BR, **Pednekar S**, Pereira B, Barros P, Fernandes J, Datta J, Pai R, Weiss H, Mabey D. Gender disadvantage and reproductive health risk factors for common mental disorders in women: a community survey in India. *Archives of General Psychiatry* 2006; 63: 404-413.

Patel V, Weiss H, Kirkwood B, **Pednekar S**, Nevrekar P, Gupte S, Mabey D. Common genital complaints in women: the contribution of psychosocial and infectious factors in a population-based cohort study in Goa, India. *International Journal of Epidemiology* 2006; 35, 1478-1485.

Patel V, Kirkwood BR, **Pednekar S**, Weiss H, Mabey D. Risk factors for common mental disorders in women. Population-based longitudinal study. *British Journal of Psychiatry* 2006; 189: 547-555.

Patel V, **Pednekar S**, Weiss H, Rodrigues M, Barros P, Nayak B, Tanksale V, West B, Nevrekar P, Kirkwood BR, Mabey D. Why do women complain of vaginal discharge? A population survey of infectious and psychosocial risk factors in a South Asian community. *International Journal of Epidemiology* 2005; 34: 853-862.

Patel V, Kirkwood BR, Weiss H, **Pednekar S**, Fernandes J, Pereira B, Upadhye M, Mabey D. Chronic fatigue in developing countries: population based survey of women in India. *BMJ* 2005; 330: 1190.

FILM SCREENING AT CONFERENCE

- Recycling Goa video, positive story on waste management was shortlisted for All India Journalism Competition 2014 organized by Indo-German Environment partnership (IGEP) Programme.
- Digital Story on Garbage Dump selected for screening at Bangladesh Summit on

Sustainable Development, August 17-19, 2014, Senate Bhaban, University of Dhaka, Dhaka, Bangladesh.

- Cultural Perspectives on Menstruation – Produced as a part of WAVE Program was screened in Film centre at 7th Asia Pacific conference on reproductive and sexual health and rights at Manila, Philippines, 2014.
- Educational video on Menstrual Hygiene – Produced as a part of WAVE Program was screened in Cinema corner at **3rd Women Deliver Conference in Malaysia, 2013.**
- Both the Films were also screened by Chota Cinema Centre at International Film Festival of India, Goa, India 2011

ADVOCACY AT COMMUNITY LEVEL

COMMUNITY ACTIVITIES

- ◆ Fellow at **Video Volunteers, Human Rights, NGO** – Work as a community correspondent from March 2011 till date. Independently research on issues concerning community and produce videos to bring about change in the community. The videos produced on different issues can be watched at www.videovolunteers.org.
- ◆ Delivered Lectures on Menstruation and Menstrual Hygiene:-
 - St. Thomas Girls High School, Aldona, March 2015
 - Goa College of HOME SCIENCE, Panaji
 - Saraswat College, Mapusa
 - Friday Balcao, Organized by GOA CAN
 - Addressed Anganwadi workers of Pernem Block at Agarwada – on Beti Bachao, Beti Padao of Directorate of Women and Child Development, Panaji, Goa.
 - Tribal girls at rural village in Saquelim
 - Adolescent girls in Slums in beach area in Candolim and Calangute –CRG
 - Session on Menstrual Health for B.A. B.Ed. and S.Y. B. COM students at Vidya Prabhodini College, Porvorim, Goa.
- ◆ ECO FEMME – Brand ambassador for promoting eco-friendly Cloth sanitary napkins in Goa.
- ◆ Menstrual education talk was delivered at St. Thomas Girls School, April 2016
- ◆ Project partner – SANGAMITRA Project – FRIENDS of Adolescents- Project of Centre for Women studies, Goa University - All Goa State Adolescent Convention on 24th April 2015 at Taleigao Community Centre, Taleigao, Goa.
- ◆ Campaign on Menstrual Hygiene Day 2015 on 28th May 2015.
- ◆ Presented on “RTE Act” at a Panel discussion on RTE ACT IN GOA, Organized by Sangamitra project of Centre for Women’s Studies, Goa University on 31st July 2015.
- ◆ Talk was given at Rosary College Navelim on Sustainable Menstrual options to the women’s cell group on 20th September 2016.
- ◆ Field Trip was organized for M.A. Students of Department of Women’s studies at Nirankal, Ponda for interaction with Wanarmare tribe. 1st March 2017
- ◆ Session on Menstrual Education was conducted for F.Y.B.A. B.Ed. students of Vidya Prabhodini College on 25th March 2017.
- ◆ Talk was given at Narayan Zantye college for women from Vathadev, Bicholim as a part of Women Development Cell of Narayan Zantye College, Bicholim, Goa on 1st April 2017.

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- ◆ Conducted video training workshop and Educational session at Nirmala Institute of Education on 27th January 2018 and 3rd March 2018 as a contribution to Aboleache Fest 2018 through Video Volunteers.
 - ◆ Resource person at D.M's College and Research Centre on the topic, 'People's Movement in India' on 24th February 2018.
 - ◆ Conducted educational session for Wanarmare Community at Nirankal Bethoda, 27th May 2018 and provided them eco-friendly cloth sanitary napkins on the eve of Menstrual Hygiene Day by joining #NoMoreLimits Campaign.

PROFESSIONAL ENGAGEMENT

- Committee member of the Directorate of Health Services, Goa on Goa Population Policy.
- Member of Women's Global Network for Reproductive Rights, Netherland (WGNRR)
- Member of Water Supply & Sanitation Collaborative Council (WSSCC)
- Project partner – SANGAMITRA Project – FRIENDS of Adolescents- Project of Centre for Women studies, Goa University - All Goa State Adolescent Convention on 24th April 2015 at Taleigao Community Centre, Taleigao , Goa.
- Organizing Member of Living Histories of Land in Goa, Mobile Museum from 21st to 25th May 2018, in Goa.

COMPUTER PROGRAMMING SKILLS

- Statistical Package for Social Sciences (SPSS)
- Atlas-ti – used for qualitative analysis
- Epi-Info - Database and statistics program for public health professionals.
- Stata
- R-software

OTHER ACTIVITIES

- Resource person for workshop conducted by Sangath on Research Methods in Community Health in August 2004, October 2005, November 2006 & October 2007.
- Anchor team member for 10th International Women's Health Meeting, September 2005, representing Sangath, Goa- was involved in preparatory meeting at State and regional level.
- Part of Women aloud video blogging and empowerment team (WAVE Team). www.waveindia.org – produced 4 videos – Cultural perspectives on Menstruation, Educational video on Menstruation, Global Maternal Health conference & Mental Health Day -2009 to 2010
- Resource person for Training of Trainers workshop on Psycho-education from 8th August to 12th August 2011.
- Organizing member of 18th International Congress of Rural Health and Medicine from 10th Dec'2012 to 12th Dec'2012.
- Organizing and Programme committee member for the All Goa State Adolescent Convention which was held on 24th April 2015 at Taleigao Community Centre and was attended by 1000 adolescents from all over Goa.
- Organizing member of Difficult Dialogues 2017 – Is India's Health a Grand Challenge?
- Member of Goa University Organizing Committee for Difficult Dialogues 2018 – Gender

Equality for Everyone's Benefit?

OTHER QUALIFICATION

- Awarded Distinction in a Certificate Course –
Brazilian Culture & Portuguese Language, Goa University.
- 'B' & 'C' Certificate of NCC – Ministry of Defense, Govt. of India.

Work Documented: by 52 parindey <http://52parindey.in/project/eradicating-the-taboo-around-menstruation/>
<http://www.thebetterindia.com/112054/sulochana-pendekar-fight-against-menstruation/>
<http://swachhindia.ndtv.com/woman-aims-shatter-menstrual-taboos-educating-girls-india-hygiene-eco-friendly-sanitary-napkins-13106/>

ADDITIONAL INFORMATION

Countries visited (academic): Uganda, Philippine, Mexico, Myanmar
Language proficiency: English, Hindi, Marathi, Konkani, Brazilian Portuguese